

## Individual & Family Development (HDFS1070)

### Overview of Individual & Family Development (HDFS1070)

This course is a college level introduction to the field of Human Development and Family Science. This course will provide students with an understanding of individual and family development over the life span. In particular, the course will focus on the developing individual within the context of the family system and the changes that occur in family systems over time. Individual and Family Development includes a field experience component. Students enrolled in this course will have the opportunity to earn 3 college credits through the UCONN Early College Experience program.

In this course the learner will:

- demonstrate a basic understanding of relevant research and theory in the area of Human Development and Family Studies.
- comprehend the systematic interaction of individual, family, and social influences on human development across the lifespan.
- identify contextual factors that influence individual and family development as well as appreciate the diversity that exists within and between families.
- analyze family processes that influence individual human development, as well as individual experiences that impact a family's life course.
- apply course information to examining real life situations of families as well as evaluate outcomes of family processes on individual development.

# National Standards for Family and Consumer Sciences Education

Developed by the National Association of State Administrators of FCS

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<b>Area of Study 1.0</b>			
<b>Career, Community and Family Connections</b>			
<b>Comprehensive Standard</b>			
Integrate multiple life roles and responsibilities in family, work, and community settings.			
<b>Content Standards</b>		<b>Competencies</b>	
1.1	Analyze strategies to manage multiple roles and responsibilities (individual, family, career, community, and global).	1.1.1	Summarize local and global policies, issues, and trends in the workplace and community that affect individuals and families.
		1.1.2	Analyze the effects of social, economic, and technological change on work and family dynamics.
		1.1.3	Analyze ways that individual career goals can affect the family's capacity to meet goals for all family members.
		1.1.4	Analyze potential effects of career path decisions on balancing work and family.
		1.1.5	Define goals for life-long learning and leisure opportunities for all family members.
		1.1.6	Develop a life plan, including pathways to acquiring the knowledge and skills needed to achieve individual, family, and career goals.
1.3	Evaluate the reciprocal effects of individual and family participation in community activities.	1.3.1	Analyze goals that support individuals and family members in carrying out community and civic responsibilities.
		1.3.2	Demonstrate skills that individuals and families can utilize to support civic engagement in community activities.
		1.3.3	Analyze personal and family assets and skills that provide service to the community.

<b>Area of Study 2.0</b>			
<b>Consumer and Family Resources</b>			
<b>Comprehensive Standard</b>			
Evaluate management practices related to the human, economic, and environmental resources.			

Content Standards		Competencies	
2.1	Demonstrate management of individual and family resources such as food, clothing, shelter, health care, recreation, transportation, time, and human capital.	2.1.1	Apply management and planning skills and processes to organize tasks and responsibilities.
		2.1.2	Analyze how individuals and families make choices to satisfy needs and wants.
		2.1.3	Analyze decisions about providing safe and nutritious food for individuals and families.
		2.1.4	Apply consumer skills to providing and maintaining clothing.
		2.1.5	Apply consumer skills to decisions about housing, utilities, and furnishings.
		2.1.6	Summarize information about procuring and maintaining health care to meet the needs of individuals and family members.
		2.1.7	Apply consumer skills to decisions about recreation.
		2.1.8	Apply consumer skills to acquire and maintain transportation that meets the needs of individuals and family members
2.2	Analyze the relationship of the environment to family and consumer resources.	2.2.1	Analyze individual and family responsibility in relation to the environmental trends and issues.
		2.2.2	Summarize environmental trends and issues affecting families and future generations.
		2.2.3	Demonstrate behaviors that conserve, reuse, and recycle resources to maintain the environment.
		2.2.4	Explain government regulations for conserving natural resources.
2.4	Evaluate the effects of technology on individual and family resources.	2.4.1	Summarize types of technology that affect family and consumer decision-making.
		2.4.2	Analyze how media and technological advances affect family and consumer decisions.
		2.4.3	Assess the use of technology and its effect on quality of life.
2.6	Demonstrate management of financial resources to meet the goals of individuals and families across the life span.	2.6.1	Evaluate the need for personal and family financial planning.
		2.6.2	Apply management principles to individual and family financial practices.
		2.6.3	Apply management principles to decisions about insurance for individuals and families.
		2.6.4	Evaluate personal and legal documents related to managing individual and family finances.

Area of Study 6.0			
<b>Family</b>			
<b>Comprehensive Standard</b>			
Evaluate the significance of family and its effects on the well-being of individuals and society.			
Content Standards		Competencies	
6.1	Analyze the effects of family as a system on individuals and society	6.1.1	Analyze family as the basic unit of society
		6.1.2	Analyze the role of family in transmitting societal expectations.
		6.1.3	Analyze global influences on today's families
		6.1.4	Analyze the role of family in teaching culture and traditions across the life span.

		6.1.5	Analyze the role of family in developing independence, interdependence, and commitment of family members.
		6.1.6	Analyze the effects of change and transitions over the life course.
		6.1.7	Analyze the ways family and consumer sciences careers assist the work of the family.
6.2	Evaluate the effects of diverse perspectives, needs, and characteristics of individual and families.	6.2.1	Demonstrate awareness of multiple diversities and their effects on individuals, families, and society.
		6.2.2	Analyze the effects of social and cultural diversity on individual and families.
		6.2.3	Analyze the effects of empathy for diversity on individuals in family, work, and community settings.
		6.2.4	Demonstrate respect for diversity with sensitivity to anti-bias, gender, equity, age, culture, and ethnicity.
		6.2.5	Analyze the effects of globalization and increasing diversity on individuals, families, and society.

<b>Area of Study 12.0</b>			
<b>Human Development</b>			
<b>Comprehensive Standard</b>			
Analyze factors that influence human growth & development.			
<b>Content Standards</b>		<b>Competencies</b>	
12.1	Analyze principles of human growth and development across the life span.	12.1.1	Analyze physical, emotional, social, spiritual, and intellectual development.
		12.1.2	Analyze interrelationships among physical, emotional, social, and intellectual aspects of human growth and development.
		12.1.3	Analyze current and emerging research about human growth and development, including research on brain development.
12.2	Analyze conditions that influence human growth and development.	12.2.1	Analyze the effect of heredity and environment on human growth and development.
		12.2.2	Analyze the impact of social, economic, and technological forces on individual growth and development.
		12.2.3	Analyze the effects of gender, ethnicity, and culture on individual development.
		12.2.4	Analyze the effects of life events on individuals' physical, intellectual, social, moral, and emotional development.
		12.2.5	Analyze geographic, political, and global influences on human growth and development.
12.3	Analyze strategies that promote growth and development across the life span.	12.3.1	Analyze the role of nurturance on human growth and development.
		12.3.2	Analyze the role of communication on human growth and development.
		12.3.3	Analyze the role of family and social services support systems in meeting human growth and development needs.

<b>Area of Study 13.0</b>			
<b>Interpersonal Relationships</b>			
<b>Comprehensive Standard</b>			
Demonstrate respectful and caring relationships in the family, workplace and community.			
<b>Content Standards</b>		<b>Competencies</b>	
13.1	Analyze functions and expectations of various types of relationships.	13.1.1	Analyze processes for building and maintaining interpersonal relationships.
		13.1.2	Predict the effects of various stages of the family life cycle on interpersonal relationships.
		13.1.3	Compare physical, emotional, spiritual and intellectual functioning in stable and unstable relationships.

		13.1.4	Analyze factors that contribute to healthy and unhealthy relationships.
		13.1.5	Analyze processes for handling unhealthy relationships.
		13.1.6	Demonstrate stress management strategies for family, work, and community settings.
13.2	Analyze personal needs and characteristics and their effects on interpersonal relationships.	13.2.1	Analyze the effects of personal characteristics on relationships.
		13.2.2	Analyze the effect of personal need on relationships.
		13.2.3	Analyze the effects of self-esteem and self-image on relationships.
		13.2.4	Analyze the effects of life span events and conditions on relationships.
		13.2.5	Explain the effects of personal standards and behaviors on interpersonal relationships.
13.3	Demonstrate communication skills that contribute to positive relationships.	13.3.1	Analyze communication styles and their effects on relationships.
		13.3.2	Demonstrate verbal and nonverbal behaviors and attitudes that contribute to effective communication.
		13.3.3	Demonstrate effective listening and feedback techniques.
		13.3.4	Analyze strategies to overcome communication barriers in family, community and work settings.
		13.3.5	Apply ethical principles of communication in family, community and work settings.
		13.3.6	Analyze the effects of communication technology in family, work, and community settings.
		13.3.7	Analyze the roles and functions of communication in family, work, and community settings.

<b>Area of Study 15.0</b>			
<b>Parenting</b>			
<b>Comprehensive Standard</b>			
Evaluate the effects of parenting roles and responsibilities on strengthening the well-being of individuals and families.			
<b>Content Standards</b>		<b>Competencies</b>	
15.2		15.2.1	Choose nurturing practices that support human growth and development.
		15.2.2	Apply communication strategies that promote positive self-esteem in family members.

	Evaluate parenting practices that maximize human growth and development.	15.2.3	Assess common practices and emerging research about discipline on human growth and development.
		15.2.4	Assess the effects of abuse and neglect on children and families and determine methods for prevention.
		15.2.5	Apply criteria for selecting care and services for children
15.4	Analyze physical and emotional factors related to beginning the parenting process.	15.4.1	Analyze biological processes related to prenatal development, birth, and health of child and mother.
		15.4.2	Analyze the emotional factors of prenatal development and birth in relation to the health of parents and child.
		15.4.3	Analyze implications of alternatives to biological parenthood.
		15.4.4	Analyze legal and ethical impacts of current and emerging technology on fertility and family planning.

# Family and Consumer Sciences Connecticut Technical Education Standards

## **B. Principles of Human Growth and Development: Analyze principles of human growth and development during childhood.**

3. Analyze physical, emotional, social, moral, and intellectual development.
4. Interpret interrelationships among physical, emotional, social, and intellectual aspects of human growth and development during childhood.

## **C. Factors Affecting Human Growth and Development: Analyze conditions that influence human growth and development during childhood.**

5. Describe the impact of heredity and environment on human growth and development during childhood.
6. Explain how society's changing economic and technological conditions influence individual growth, including parenting practices of caregivers and family members.
7. Compare the effects of gender, ethnicity, and culture on individual development during childhood.
8. Analyze the effects of life events during childhood on an individual's physical and emotional development.

## **D. Strategies for Promoting Growth and Development: Analyze strengths that promote growth and development during childhood.**

9. Explain the role of nurturance on the growth and development of children.
11. Analyze the role of family and support systems in meeting the growth and development needs of children.

## **E. Roles and Responsibilities of Parenting: Analyze the roles and responsibilities of parenting.**

12. Examine parenting roles across the life span.
13. Summarize expectations and responsibilities of the family unit.
14. Identify potential consequences of parenting practices for the individual, family, and society.
15. Assess various societal conditions that impact parenting across the life span.
16. Compare and contrast cultural differences in roles and responsibilities of parenting.

## **F. Parenting Practices: Evaluate parenting practices that maximize human growth and development.**

17. Describe communication and nurturing strategies that promote positive self-esteem in children.
18. Analyze common practices and emerging research about discipline on human growth and development.
19. Assess the possible impacts of abuse and neglect on children and families and describe methods for prevention.
20. Determine criteria for selecting care and services for children.

## **G. External Support Systems: Evaluate external support systems that provide services for parents.**

21. Explore community resources that are available to parents and families.
22. Analyze the benefits of community resources and support systems for individuals and families.

## **H. Pre-Parenting Factors: Analyze physical and emotional factors related to beginning the parenting process.**

23. Identify biological processes related to prenatal development, birth, and health of child, mother, and father.
24. Distinguish biological and environmental factors that affect the health of the child and parents.

25. Explain the emotional factors of prenatal development and birth in relation to the health of the parents and child.
26. Analyze alternatives to biological parenthood.
27. Identify legal and ethical technological advances from conception to birth.

## Individual & Family Development (HDFS1070)

### Assessments

Assessments are based on student's ability to accomplish skill objectives.

Student's progress in Early Childhood Education 40 will be measured with both formative and summative performance based assessments.

Common assessments will be used and correlated within each unit.

### Teacher Resources

- Internet
- UCONN Databases
- Tablets
- Online textbooks and other resources
- Current new sources such as newspapers and magazines

Units	Essential Questions	Central Understandings	Skill Objectives
		Students will understand:	Students will be able to:
<b>Perspectives on Individual and Family Development</b>	<p>What are the areas and characteristics of human development?</p> <p>How has human growth and development been influenced by historical perspectives and theory (i.e. Maslow, Freud, Erikson, and others).</p>	<ul style="list-style-type: none"> <li>• the interrelationships among physical, intellectual, social and emotional development.</li> <li>• contributions and significance of past and current research on human growth and development. 12.1.3</li> </ul>	<ul style="list-style-type: none"> <li>• identify the psychosocial approach, including the interrelationships among the biological, psychological and societal systems.</li> <li>• demonstrate how the concepts of psychosocial theory can contribute to an analysis of basic processes that foster or inhibit development over the lifespan.</li> <li>• identify historical changes of life expectancy and examine the implications of these changes for the study of development over the lifespan.</li> </ul>
<b>Pregnancy and Prenatal Development</b>	<p>What factors will influence our decisions regarding parenting practices throughout the lifespan?</p> <p>What actions should be taken to assure a healthy emotional and physical beginning for parents and children?</p> <p>What values, meanings and beliefs do others have about healthy beginnings for parents and children?</p> <p>What are our goals regarding balancing social/work responsibilities and the physical and emotional requirements to assure healthy beginnings?</p>	<ul style="list-style-type: none"> <li>• nurturing practices that support human growth and development.</li> <li>• biological processes related to prenatal development, birth and health of child and mother.</li> <li>• legal and ethical impacts of current and emerging research and technology on fertility, family planning and childbirth.</li> </ul>	<ul style="list-style-type: none"> <li>• identify the contributions of genetic factors to individuality.</li> <li>• describe the birth process and factors contributing to infant mortality.</li> <li>• examine the impact of culture on pregnancy and childbirth</li> </ul>

	<p>What personal and environmental factors will affect how we manage social/work responsibilities for a healthy beginning for parents and children?</p>		
<p><b>The First Two Years</b></p>	<p>In what ways is communication influenced by personality, temperament, experience, and situation?</p> <p>What actions can individuals, families, and society take to promote optimal human growth and development?</p> <p>What factors will affect human growth and development across the lifespan? Cultural? Social? Political? Environmental? Religious? Ethnic? Genetic? Gender? Technology?</p> <p>What communication skills do we need in order to promote healthy growth and development?</p> <p>What are the parenting practices that support or constrain human growth and development throughout the lifespan?</p> <p>What parenting skills and practices should we advocate that would support the well-being of family members throughout the lifespan?</p>	<ul style="list-style-type: none"> <li>• the interrelationships among physical, intellectual, social and emotional development.</li> <li>• research about human growth and development, including research on brain development.</li> <li>• the effect of heredity and environment on human growth and development.</li> <li>• the role of nurturance on human growth and development.</li> <li>• the role of communication on human growth and development.</li> <li>• nurturing practices that support human growth and development.</li> </ul>	<ul style="list-style-type: none"> <li>• identify important milestones of physical growth and development.</li> <li>• define social attachment as a process through which infants develop strong emotional bonds with others.</li> <li>• examine the nature of emotional development, including emotional differentiation, the interpretations of emotions, and emotional regulation.</li> <li>• evaluate the critical role of parents/caregivers during infancy.</li> <li>• discuss how infants learn, remember and conceptualize.</li> <li>• describe the nature of language and how it develops in infancy.</li> </ul>

	<p>What are the best actions to take regarding communication which would foster development throughout the lifespan?</p>		
<p><b>Early Childhood (ages 2-6)</b></p>	<p>In what ways is communication influenced by personality, temperament, experience and situation?</p> <p>What actions can individuals, families, and society take to promote optimal human growth and development?</p> <p>What factors will affect human growth and development across the lifespan? Cultural? Social? Political? Environmental? Religious? Ethnic? Genetic? Gender? Technology?</p> <p>What communication skills do we need in order to promote healthy growth and development?</p> <p>What are the parenting practices that support or constrain human growth and development throughout the lifespan? (15.2)</p> <p>What parenting skills and practices should we advocate that would support the well-being of family members throughout the lifespan?</p>	<ul style="list-style-type: none"> <li>• the interrelationships among physical, intellectual, social and emotional development.</li> <li>• research about human growth and development, including research on brain development.</li> <li>• the effect of heredity and environment on human growth and development.</li> <li>• the role of nurturance on human growth and development.</li> <li>• the role of communication on human growth and development.</li> <li>• nurturing practices that support human growth and development.</li> <li>• the interrelationships among physical, intellectual, social and emotional development.</li> <li>• research about human growth and development, including research on brain development.</li> <li>• the effect of heredity and environment on human growth and development.</li> <li>• the role of nurturance on human growth and development.</li> <li>• the role of communication on human growth and development.</li> <li>• nurturing practices that support human growth and development.</li> </ul>	<ul style="list-style-type: none"> <li>• describe the expansion of physical skills indicating the importance of a stimulating environment as it relates to self-assertion and mastery.</li> <li>• evaluate different approaches to child care and early childhood education.</li> <li>• discuss emotional and personality development in early childhood.</li> <li>• describe cognitive changes and language development in early childhood.</li> <li>• explain how families can influence young children's development.</li> </ul>

	<p>What are the best actions to take regarding communication which would foster development throughout the lifespan?</p> <p>In what ways is communication influenced by personality, temperament, experience and situation</p> <p>What actions can individuals, families, and society take to promote optimal human growth and development?</p> <p>What factors will affect human growth and development across the lifespan? Cultural? Social? Political? Environmental? Religious? Ethnic? Genetic? Gender? Technology?</p>		
	<p>What communication skills do we need in order to promote healthy growth and development?</p> <p>What are the parenting practices that support or constrain human growth and development throughout the lifespan? What parenting skills and practices should we advocate that would support the well-being of family members throughout the lifespan?</p>		

	<p>What are the best actions to take regarding communication which would foster development throughout the lifespan?</p>		
<p><b>Middle Childhood 6-12</b></p>	<p>In what ways is communication influenced by personality, temperament, experience and situation?</p> <p>What actions can individuals, families, and society take to promote optimal human growth and development?</p> <p>What factors will affect human growth and development across the lifespan? Cultural? Social? Political? Environmental? Religious? Ethnic? Genetic? Gender? Technology?</p> <p>What communication skills do we need in order to promote healthy growth and development?</p> <p>What are the parenting practices that support or constrain human growth and development throughout the lifespan?</p> <p>What parenting skills and practices should we advocate that would support the well-being of family members throughout the lifespan?</p>	<ul style="list-style-type: none"> <li>• the interrelationships among physical, intellectual, social and emotional development.</li> <li>• research about human growth and development, including research on brain development.</li> <li>• the effect of heredity and environment on human growth and development.</li> <li>• the role of nurturance on human growth and development.</li> <li>• the role of communication on human growth and development.</li> <li>• nurturing practices that support human growth and development.</li> </ul>	<ul style="list-style-type: none"> <li>• describe physical changes and health in middle and late childhood.</li> <li>• explain cognitive changes in middle and late childhood</li> <li>• discuss language development in middle and late childhood.</li> <li>• discuss emotional and personality development in middle and late childhood.</li> <li>• describe developmental changes in parent-child relationships, parents as managers, and societal changes in families.</li> <li>• identify changes in peer relationships in middle and late childhood.</li> </ul>

	<p>What are the best actions to take regarding communication which would foster development throughout the lifespan?</p>		
<p><b>Adolescence</b></p>	<p>What do we do about understanding the impact of technology on family resources?          What steps do we need to take in the family to improve the well- being of individuals and society?           What are the areas and characteristics of human development?          What factors will affect human growth and development across the lifespan?          Cultural? Social? Political?</p>	<ul style="list-style-type: none"> <li>• types of technology and how they can affect family decisions.</li> <li>• the impact of family and its effects on the well-being of adolescents.</li> <li>• the interrelationships among physical, intellectual, social and emotional development.</li> <li>• research about human growth and development, including research on brain development.</li> <li>• the effect of heredity and environment on human growth and development.</li> </ul>	<ul style="list-style-type: none"> <li>• describe the pattern of physical maturation during puberty, including an analysis of the impact of early and late maturing on self- concept and social relationships.</li> <li>• examine patterns of emotional development in early adolescence, including examples of emotional disorders such as eating disorders, delinquency, and depression.</li> <li>• review the patterns of adolescent alcohol and drug use.</li> </ul>

	<p>Environmental? Religious? Ethnic? Genetic? Gender? Technology?</p> <p>What strategies promote or constrain healthy development through the lifespan?</p> <p>What are the characteristics of a respectful, healthy relationship? What are the functions of the various types of relationships?</p> <p>What personal and environmental factors contribute to healthy and unhealthy relationships?</p> <p>Who and what influence our characteristics and needs?</p> <p>What steps do we need to take to affect positive relationships?</p> <p>What communication skills contribute to healthy relationships?</p> <p>What are the consequences of effective communication skills on relationships?</p>	<ul style="list-style-type: none"> <li>• the role of nurturance on human growth and development.</li> <li>• the role of communication on human growth and</li> <li>• the processes for building and maintaining interpersonal relationships.</li> <li>• factors that contribute to healthy and unhealthy relationships.</li> <li>• effects of personal characteristics, lifespan events, and behaviors on relationships.</li> <li>• communication styles and technology and their effects on relationships.</li> </ul>	<ul style="list-style-type: none"> <li>• examine the concept of autonomy from parents and the conditions under which it is likely to be achieved.</li> <li>• analyze the process of career choice, with attention to education and gender role socialization as two major influential factors.</li> </ul>
<p><b>Early Adulthood</b></p>	<p>What do we do about understanding the impact of technology on family resources?</p>	<ul style="list-style-type: none"> <li>• types of technology and how they can affect family decisions.</li> <li>• the role of family as a system on individuals and society.</li> </ul>	<ul style="list-style-type: none"> <li>• analyze the process of forming intimate relationships, including identifying and committing to a long term relationship, and the challenges one faces in adjusting to the early years of marriage.</li> </ul>

	<p>What steps do we need to take in the family to improve the well-being of individuals and society?</p> <p>What are the areas and characteristics of human development?</p> <p>What factors will affect human growth and development across the lifespan? Cultural? Social? Political? Environmental? Religious? Ethnic? Genetic? Gender? Technology?</p> <p>What strategies promote or constrain healthy development through the lifespan?</p> <p>What are the characteristics of a respectful, healthy relationship? What are the functions of the various types of relationships? What personal and environmental factors contribute to healthy and unhealthy relationships?</p> <p>Who and what influence our characteristics and needs</p> <p>What steps do we need to take to affect positive relationships?</p> <p>What communication skills contribute to healthy relationships?</p>	<ul style="list-style-type: none"> <li>• the interrelationships among physical, intellectual, social and emotional development.</li> <li>• research about human growth and development, including research on brain development.</li> <li>• the effect of heredity and environment on human growth and development.</li> <li>• the role of nurturance on human growth and development.</li> <li>• the role of communication on human growth and development.</li> <li>• the processes for building and maintaining interpersonal relationships.</li> <li>• factors that contribute to healthy and unhealthy relationships.</li> <li>• effects of personal characteristics, lifespan events, and behaviors on relationships</li> <li>• communication styles and technology and their effects on relationships.</li> </ul>	<ul style="list-style-type: none"> <li>• describe the factors associated with the decision to have children and the impact of child rearing on the parental relationship.</li> <li>• examine the concepts of lifestyle with consideration for the pace of life, balancing family and work demands, building a supportive social network, and adopting practices to promote health and fitness.</li> </ul>
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	<p>What are the consequences of effective communication skills on relationships?</p>		
<b>Middle Adulthood</b>	<p>What do we do about understanding the impact of technology on family resources?</p> <p>What steps do we need to take in the family to improve the well-being of individuals and society?</p> <p>What are the areas and characteristics of human development?          What factors will affect human growth and development across the lifespan?          Cultural? Social? Political?          Environmental? Religious? Ethnic?          Genetic? Gender? Technology?</p> <p>What strategies promote or constrain healthy development through the lifespan?</p> <p>What are the characteristics of a respectful, healthy relationship? What are the functions of the various types of relationships?</p> <p>What personal and environmental factors contribute to healthy and unhealthy relationships?</p>	<ul style="list-style-type: none"> <li>• types of technology and how they can affect family decisions.</li> <li>• the role of family as a system on individuals and society.</li> <li>• the interrelationships among physical, intellectual, social and emotional development.</li> <li>• research about human growth and development, including research on brain development.</li> <li>• the effect of heredity and environment on human growth and development.</li> <li>• the role of nurturance on human growth and development.</li> <li>• the role of communication on human growth and development.</li> <li>• the processes for building and maintaining interpersonal relationships</li> <li>• factors that contribute to healthy and unhealthy relationships</li> <li>• effects of personal characteristics, lifespan events, and behaviors on relationships.</li> <li>• communication styles and technology and their effects on relationships.</li> </ul>	<ul style="list-style-type: none"> <li>• examine the world of work focusing on interpersonal demands, possible career changes, and the interaction of work and family life.</li> <li>• describe the expansion of caring in middle adulthood as it applies to two specific roles: that of parent and that of an adult child caring for one's aging parents.</li> <li>• analyze the broad range of tasks required for the effective management of the household and the impact on family members.</li> <li>• characterize career development, work and leisure in middle adulthood.</li> <li>• identify some important aspects of close relationships in middle adulthood.</li> <li>• discuss physical and cognitive changes in middle adulthood.</li> </ul>

	<p>Who and what influence our characteristics and needs?</p> <p>What steps do we need to take to affect positive relationships?</p> <p>What communication skills contribute to healthy relationships?</p> <p>What are the consequences of effective communication skills on relationships?</p>		
<p><b>Later Adulthood</b></p>	<p>What criteria should be used to determine community activities to involve families and individuals</p> <p>What do we do about understanding the impact of technology on family resources?</p> <p>What steps do we need to take in the family to improve the well- being of individuals and society?</p> <p>What are the areas and characteristics of human development?</p> <p>What factors will affect human growth and development across the lifespan? Cultural? Social? Political? Environmental? Religious? Ethnic? Genetic? Gender? Technology?</p>	<ul style="list-style-type: none"> <li>• community resources and systems of formal and informal support available to individuals and families.</li> <li>• types of technology and how they can affect family decisions.</li> <li>• the role of family as a system on individuals and society.</li> <li>• the interrelationships among physical, intellectual, social and emotional development.</li> <li>• research about human growth and development, including research on brain development.</li> <li>• the effect of heredity and environment on human growth and development.</li> <li>• the role of nurturance on human growth and development.</li> <li>• the role of communication on human growth and development.</li> </ul>	<ul style="list-style-type: none"> <li>• explore the construct of life satisfaction in later adulthood and factors associated with subjective well- being.</li> <li>• examine the process of redirecting energy to new roles and activities with special focus on role gain, such as grandparenthood; role loss, such as widowhood; and new opportunities for leisure.</li> <li>• describe the physical changes associated with aging and the challenges these changes pose for psychosocial well- being.</li> </ul>

	<p>What strategies promote or constrain healthy development through the lifespan?</p> <p>What are the characteristics of a respectful, healthy relationship? What are the functions of the various types of relationships?</p> <p>What personal and environmental factors contribute to healthy and unhealthy relationships?</p> <p>Who and what influence our characteristics and needs?</p> <p>What steps do we need to take to affect positive relationships?</p>	<ul style="list-style-type: none"> <li>• the processes for building and maintaining interpersonal relationships.</li> <li>• factors that contribute to healthy and unhealthy relationships.</li> <li>• effects of personal characteristics, lifespan events, and behaviors on relationships.</li> </ul>	
<p><b>Death, Dying and Bereavement</b></p>	<p>How do we decide the best way to develop a life plan that reflects family, career, learning, leisure, and community?</p> <p>What steps do we need to take in the family to improve the well-being of individuals and society?</p> <p>What contradictions exist between what we know about human growth and development and practices and conditions currently existing in geriatric care?</p>	<ul style="list-style-type: none"> <li>• criteria used for developing a life plan based on how it reflects family, career, learning, leisure, and the community.</li> <li>• the role of family as a system on individuals and society.</li> <li>• the interrelationships among physical, intellectual, social and emotional development.</li> <li>• research about human growth and development, including research on brain development.</li> <li>• the effect of heredity and environment on human growth and development.</li> </ul>	<ul style="list-style-type: none"> <li>• describe the development of a point of view about death.</li> <li>• develop the concept of an altered perspective on time and history that emerges among the long-lived.</li> <li>• explore elements of the lifestyle structure for the very old, especially living arrangements and gender role behaviors.</li> <li>• explore cultural and societal influences on the process of death, dying and bereavement.</li> </ul>

	<p>What resources would be influenced as a result of loss of a family member?</p> <p>What actions do we take to work collaboratively with others in assessing strategies that promote development throughout the lifespan?</p>	<ul style="list-style-type: none"> <li>• the role of nurturance on human growth and development</li> <li>• the role of communication on human growth and development.</li> </ul>	
<b>Interdisciplinary Skills</b>			