

May

Raise Their Efforts vs. the Result

As humans, we do not magically solve every problem the right way, nor is there one solution to a problem. Praise a young adult for their efforts & when there is success you can highlight the result!

“I can see how hard you are working to figure this out!”

“You really put a lot of effort into this!”

“I bet you are glad you didn’t give up. Your determination helped you solve the problem!”

“I knew you could figure it out!”

“I can imagine how good you must feel about completing this.”

Learning to solve problems is an essential life skill. Strengthening these skills not only allows young adults to gain independence and self-confidence, it also primes them for success in academic learning, leadership, social relationships, athletics, finances, health, leisure skills and all other areas of life.