

CTHEP Q&A's

1. What happens if I fail to meet the CTHEP requirements?
If you **or** one of your insured dependents fail to meet the requirements you will be penalized with a \$100 per month premium increase and have an in-network deductible applied.
2. What happens if I become compliant with CTHEP after being penalized?
The employee must complete the [re-instatement form that is on the CTHEP website](#) indicating you are now compliant. On the 1st of the following month you will be added back onto the HEP insurance plan and will no longer be faced with the premium increase and deductible.
3. I turned 50 over the summer which CTHEP requirements do I need to meet this year?
Follow the CTHEP preventative requirements for the age you were in January. This of course does not mean you can't go ahead and have the preventative services done. You should always follow the advice of your physician.
4. My child aged off of my benefits but is on Cobra, does my child still need to meet the CTHEP requirements?
No, anyone on cobra is not part of our contract so they are not required to meet the CTHEP requirements.
5. How does the CTHEP program get information when you have other insurance as primary and the physician office doesn't submit a claim to Oxford/UHC?
There is a Physician Notification Form (PNF) that is located on [CTHEP.com](#) under "Help & Forms" – complete your portion, have your PCP or applicable physician fill out their portion, sign and fax to Care Management Solutions Inc. The fax number is listed on the form.