

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

			<p>Farmer's Market Wrap carrots, cucumbers, onions, peppers, tomatoes and lettuce stuffed in a white whole wheat wrap with</p>	<p>Honey Mustard Chicken Wrap crispy breaded chicken patty, romaine lettuce and honey mustard dressing in a whole wheat wrap</p>	<p>Caesar Chicken Wrap caesar chicken, crisp romaine lettuce and parmesan cheese wrapped in a whole wheat tortilla, drizzled</p>
<p>Available Daily: Boar's Head Turkey, Buffalo Chicken and Ham. American, Swiss or Provolone, Dressing Pepperjack Cheese lettuce, tomato, peppers, onions, olives and pickles</p>					
			<p>Broccoli & Cheese Stromboli garlic toasted whole grain pizza crust filled with broccoli and mozzarella</p>	<p>Buffalo Chicken Pizza Pops crispy pizza dough stuffed with cheddar cheese, buffalo chicken and ranch dressing</p>	<p>Chicken Fajita Pizza cheesy pizza slice topped with fajita chicken, onions and peppers</p>
<p>Available Daily: Plain and Pepperoni Whole Grain Pizza by the Slice</p>					
			<p>Organic Hummus and a Pretzel a soft organic whole wheat pretzel with organic hummus</p>	<p>Sizzling Philly Cheese Steak Sandwich thinly sliced steak and melted mozzarella served on a whole wheat bun Vegetarian Baked Beans</p>	<p>Spicy Popcorn Chicken Sautéed Kale</p>
			<p>Chicken Burrito fiesta chicken with black beans, rice, cheddar and lettuce, wrapped in a tortilla</p>	<p>Pico & Cheese Nachos crispy tortilla chips served with cheese sauce and fresh pico de gallo</p>	<p>Fiesta Taco Salad fiesta style beef, lettuce and tomatoes served on a whole wheat tortilla bowl</p>
<p>Available Daily: Crunchy or Soft Tacos and Nachos Chips. Toppings include: Salsa, Sour Cream, Lettuce and Cheddar Cheese Shredded or Sauce</p>					
			<p>Texas Rib Sandwich boneless BBQ rib meat slathered in tangy barbecue sauce and served on a soft bun</p>	<p>Chicken Parm Sandwich lightly breaded chicken breast patty topped with melted mozzarella and tomato sauce on a toasted whole grain</p>	<p>Grilled Cheese Sandwich grilled American cheese served on a whole wheat</p>
<p>Available Daily: Hamburger, Cheeseburgers, Turkey Burgers & Veggie Burgers served on whole wheat Roll</p>					
<p>* New Item Available Daily: Egg & American Cheese or Turkey Bacon, Egg & American Cheese on a Whole Wheat Bagel *</p>					
			<p>Garden Salad with Cheese & Dinner Rolls mixed greens with tomatoes, cucumbers, carrot sticks, radishes, and shredded cheddar</p>	<p>Spinach Salad with Dinner Roll with eggs, mushrooms and red onions served with a dinner roll</p>	<p>Greek Salad with Dinner Roll romaine lettuce, red onion, tomatoes, cucumbers, feta cheese and black olives</p>
<p>Available Daily: Garden Salad, Chef Salad & Chicken Salad, served with twin whole wheat dinner rolls & low fat dressing</p>					
<p>***New Item Available Daily*** Organic Hummus & Organic Whole Wheat Pretzell</p>					
			<p>Romaine Salad w/ Tomato Baby Carrots Celery Sticks Garbanzo Beans Deli Style Coleslaw Potato Salad Fresh Orange Red Delicious Apple</p>	<p>Romaine Salad w/ Tomato Baby Carrots Celery Sticks Garbanzo Beans Potato Salad Deli Style Coleslaw Fresh Orange Red Delicious Apple</p>	<p>Romaine Salad w/ Tomato Baby Carrots Celery Sticks Garbanzo Beans Deli Style Coleslaw Potato Salad Fresh Orange Red Delicious Apple</p>

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MEAL PRICE INCLUDES: PROTEIN CHOICE, FRESH VEGETABLE CHOICE, FRESH FRUIT CHOICE, BREAD CHOICE
AT LEAST 2 TYPES OF MILK AVAILABLE DAILY: 1% LOW FAT UNFLAVORED, FAT FREE FLAVORED, FAT FREE UNFLAVORED
AVAILABLE DAILY WITH SALAD LUNCH: PROTEIN CHOICE, WHOLE GRAIN ITEM, FRUIT CHOICE & MILK CHOICE

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	<p>Egg Salad in a Pita* ✔</p>	<p>BBO Chicken Wrap <i>diced barbecue chicken with lettuce and tomatoes, wrapped in a whole wheat tortilla</i> 🍅</p>	<p>The Red Square Wrap <i>Boar's Head turkey and Swiss cheese in a whole wheat wrap, smothered in thousand island dressing, with lettuce and tomato</i></p>	<p>Boars Head Turkey BLT Sandwich <i>turkey with lettuce, tomato and bacon on bread</i></p>	<p>Vegetarian Wrap <i>mozzarella cheese, cucumbers, tomatoes, olives, red onions on a tortilla wrap spread with hummus</i> ✔</p>
<p>Available Daily: Boar's Head Turkey, Buffalo Chicken and Ham, American, Swiss or Provolone, Pepperjack Cheese lettuce, tomato, peppers, onions, olives and pickles</p>					
	<p>Bacon Pizza <i>whole wheat pizza dough topped with tomato sauce, cheese and crispy bacon</i> 🍷</p>	<p>Beef & Cheese Stromboli <i>garlic toasted whole grain pizza crust filled with beef, mozzarella and marinara sauce</i></p>	<p>Meatball Calzone <i>garlic toasted whole grain calzone filled with meatballs, ricotta and melted cheeses</i></p>	<p>Margherita Pizza <i>whole wheat pizza dough topped with tomato sauce, mozzarella, fresh tomatoes and basil</i> ✔</p>	<p>Chicken Parmesan Calzone <i>garlic toasted pizza crust, stuffed with ricotta cheese, melted mozzarella and diced chicken cutlet</i></p>
<p>Available Daily: Plain and Pepperoni Whole Grain Pizza by the Slice</p>					
	<p>Mac & Cheese <i>whole grain elbow pasta in a creamy cheese sauce</i> ✔ Peas</p>	<p>Cheeseburger Pretzel Sandwich <i>beef burger topped with American cheese, served on a whole grain pretzel bun</i> Baked Sweet Potato Fries</p>	<p>Chicken & Vegetable Dumplings <i>a flavorful combination of chicken and veggies tucked into a soft dumpling shell</i> Japanese Vegetable Stir Fry</p>	<p>Mini Cheese Ravioli <i>mini cheesy ravioli topped with tomato sauce</i> ✔ 🍅 Garlic Bread Broccoli & Garbanzo Bean Salad</p>	<p>Chicken Teriyaki over Brown Rice <i>tender Teriyaki chicken served over steamed brown rice</i> Steamed Broccoli</p>
	<p>Chicken Burrito Bowl <i>brown rice topped with fajita style chicken, black beans, lettuce, sautéed onions and peppers, pico de gallo</i></p>	<p>Veggie Bean Quesadilla <i>cheesy quesadilla, stuffed with black beans, onions and sauteed peppers</i></p>	<p>Beefy Burrito <i>fiesta style beef with sour cream, refried beans, rice, cheddar, lettuce and salsa wrapped in a tortilla</i></p>	<p>Chicken Enchilada <i>crispy chicken tortilla baked with chili sauce and cheddar, topped with pico de gallo and sour cream</i></p>	<p>Fiesta Taco Salad <i>fiesta style beef, lettuce and tomatoes served on a whole wheat tortilla bowl</i></p>
<p>Available Daily: Crunchy or Soft Tacos and Nachos Chips. Toppings include: Salsa, Sour Cream, Lettuce and Cheddar Cheese Shredded or Sauce</p>					
	<p>Buffalo Chicken Sandwich <i>spicy chicken patty with lettuce and tomatoes on a club roll</i></p>	<p>Fish Sandwich <i>fish fillet on a whole wheat bun with lettuce and cheese</i></p>	<p>Turkey Bacon Cheeseburger <i>beef cheeseburger topped with turkey bacon, lettuce and tomato, on a whole wheat hamburger bun</i></p>	<p>Beef Sliders <i>mini beef patties on mini hamburger buns</i></p>	<p>Hot Dog on a Bun <i>beef hot dog nestled on a soft bun and topped with your choice of condiments</i></p>
<p>Available Daily: Hamburger, Cheeseburgers, Turkey Burgers & Veggie Burgers served on whole wheat Roll * New Item Available Daily: Egg & American Cheese or Turkey Bacon, Egg & American Cheese on a Whole Wheat Bagel *</p>					
	<p>Turkey Garden Salad with Dinner Rolls <i>turkey breast over mixed greens with lettuce, tomatoes, cucumbers, and carrots</i></p>	<p>Cobb Salad with Dinner Roll <i>tossed greens topped with crispy chicken, bacon, cheddar, tomatoes, cucumbers, egg crumbles and</i></p>	<p>Garden Salad with Cheese & Dinner Rolls <i>mixed greens with tomatoes, cucumbers, carrot sticks, radishes, and shredded cheddar</i></p>	<p>Spinach Salad with Dinner Roll <i>with eggs, mushrooms and red onions served with a dinner roll</i> ✔</p>	<p>Greek Salad with Dinner Roll <i>romaine lettuce, red onion, tomatoes, cucumbers, feta cheese and black olives</i></p>
<p>Available Daily: Garden Salad, Chef Salad & Chicken Salad, served with twin whole wheat dinner rolls & low fat dressing ***New Item Available Daily*** Organic Hummus & Organic Whole Wheat Pretzel!!!</p>					
	<p>Romaine Salad w/ Tomato Baby Carrots Celery Sticks Garbanzo Beans Potato Salad Deli Style Coleslaw Fresh Orange Red Delicious Apple</p>	<p>Romaine Salad w/ Tomato Baby Carrots Celery Sticks Garbanzo Beans Potato Salad Deli Style Coleslaw Fresh Orange Red Delicious Apple</p>	<p>Romaine Salad w/ Tomato Baby Carrots Celery Sticks Garbanzo Beans Deli Style Coleslaw Potato Salad Fresh Orange Red Delicious Apple</p>	<p>Romaine Salad w/ Tomato Baby Carrots Celery Sticks Garbanzo Beans Fresh Orange Red Delicious Apple Potato Salad Deli Style Coleslaw</p>	<p>Romaine Salad w/ Tomato Baby Carrots Celery Sticks Garbanzo Beans Potato Salad Deli Style Coleslaw Fresh Orange Red Delicious Apple</p>

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	<p>Turkey Ranch Wrap Boar's Head turkey breast with lettuce, tomato and ranch on a whole wheat wrap</p>	<p>Love at First Bite Sandwich Boar's Head turkey breast and American cheese with lettuce and tomato on a club roll spread with Thous. Isl.</p>	<p>Honey Mustard Chicken Wrap crispy breaded chicken patty, romaine lettuce and honey mustard dressing in a whole wheat wrap</p>	<p>BQB Turkey Wrap Boar's Head turkey breast, bbq sauce, lettuce and tomato on a whole wheat Wrap</p>	<p>Athenian Wrap lettuce, tomato, red onion, green peppers, cucumbers and feta wrapped in a tortilla ✓</p>
<p>Available Daily: Boar's Head Turkey, Buffalo Chicken and Ham. American, Swiss or Provolone, Pepperjack Cheese lettuce, tomato, peppers, onions, olives and pickles</p>					
	<p>BQB Chicken Pizza whole wheat pizza topped with mozzarella cheese and crispy BQB chicken</p>	<p>Pepperoni & Cheese Stromboli garlic toasted whole grain pizza crust filled with pepperoni, melted mozzarella cheese and marinara sauce Ⓟ</p>	<p>Fresh Basil & Red Pepper Pizza Slice whole wheat pizza topped with roasted red peppers and fresh basil ✓</p>	<p>Meatball Pizza Slice chicken and beef meatballs over a cheesy slice of pizza</p>	<p>Buffalo Chicken Pizza buffalo chicken strips with mozzarella, parmesan, marinara sauce on fresh pizza dough</p>
<p>Available Daily: Plain and Pepperoni Whole Grain Pizza by the Slice</p>					
	<p>Jamaican Beef Patty golden flaky pastry dough stuffed with beef simmered in a delicious spicy sauce 🍅 Fiesta Corn</p>	<p>BQB Chicken tender chicken marinated in bbq sauce Brown Rice Spicy Honey Carrots</p>	<p>The Works Hot Dog hot dog on a whole wheat bun with mustard, sauerkraut, jalapenos, onions and relish Baked Sweet Potato Fries</p>	<p>Chicken Tenders Sriracha Garbonzo Beans</p>	<p>Shepherd's Pie mashed potato pie, with ground beef, onions, pepper, corn, gravy and melted cheddar cheese WW Dinner Roll Steamed Spinach</p>
	<p>Chicken Burrito Bowl brown rice topped with fajita style chicken, black beans, lettuce, sautéed onions and peppers, pico de gallo and tortilla strips</p>	<p>Beef & Cheddar Quesadilla fiesta style beef folded inside a grilled tortilla with cheddar and pico de gallo</p>	<p>Chicken Burrito fiesta chicken with black beans, rice, cheddar and lettuce, wrapped in a tortilla</p>	<p>Fiesta Taco Salad fiesta style beef, lettuce and tomatoes served on a whole wheat tortilla bowl</p>	<p>Chicken Taco Salad a crispy tortilla bowl topped with lettuce, beans, chicken, jalapenos, pico de gallo, cheddar and sour cream</p>
<p>Available Daily: Crunchy or Soft Tacos and Nachos Chips. Toppings include: Salsa, Sour Cream, Lettuce and Cheddar Cheese Shredded or Sauce</p>					
	<p>Buffalo Burger grilled beef burger topped with hot sauce and blue cheese with lettuce and tomato on a whole wheat bun</p>	<p>Cactus Jack Wrap grilled chicken breast drizzled with hot sauce, with lettuce and tomato on a whole wheat wrap</p>	<p>English Cheddar Burger grilled beef burger topped with cheddar cheese, sautéed onions, lettuce mix and tomatoes on a whole wheat bun</p>	<p>Spicy Chicken Sandwich a boldly spiced crispy chicken breast filet with leaf lettuce and ripe tomato on a soft bun</p>	<p>Mozzarella Sticks crispy mozzarella sticks filled with gooey cheese, perfect for dipping into our homemade tomato sauce ✓</p>
<p>Available Daily: Hamburger, Cheeseburgers, Turkey Burgers & Veggie Burgers served on whole wheat Roll * New Item Available Daily: Egg & American Cheese or Turkey Bacon, Egg & American Cheese on a Whole Wheat Bagel *</p>					
	<p>Turkey Garden Salad with Dinner Rolls turkey breast over mixed greens with lettuce, tomatoes, cucumbers, and carrots</p>	<p>Cobb Salad with Dinner Roll tossed greens topped with crispy chicken, bacon, cheddar, tomatoes, cucumbers, egg crumbles and shredded cheddar</p>	<p>Garden Salad with Cheese & Dinner Rolls mixed greens with tomatoes, cucumbers, carrot sticks, radishes, and shredded cheddar</p>	<p>Spinach Salad with Dinner Roll with eggs, mushrooms and red onions served with a dinner roll ✓</p>	<p>Greek Salad with Dinner Roll romaine lettuce, red onion, tomatoes, cucumbers, feta cheese and black olives</p>
<p>Available Daily: Garden Salad, Chef Salad & Chicken Salad, served with twin whole wheat dinner rolls & low fat dressing ***New Item Available Daily*** Organic Hummus & Organic Whole Wheat Pretzell!</p>					
	<p>Romaine Salad w/ Tomato Baby Carrots Celery Sticks Garbanzo Beans Potato Salad Fresh Orange Red Delicious Apple</p>	<p>Romaine Salad w/ Tomato Baby Carrots Celery Sticks Garbanzo Beans Deli Style Coleslaw Potato Salad Fresh Orange Red Delicious Apple</p>	<p>Romaine Salad w/ Tomato Baby Carrots Celery Sticks Garbanzo Beans Deli Style Coleslaw Potato Salad Fresh Orange Red Delicious Apple</p>	<p>Romaine Salad w/ Tomato Baby Carrots Celery Sticks Garbanzo Beans Deli Style Coleslaw Potato Salad Fresh Orange Red Delicious Apple</p>	<p>Baby Carrots Celery Sticks Garbanzo Beans Romaine Salad w/ Tomato Fresh Orange Red Delicious Apple Potato Salad Deli Style Coleslaw</p>

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	<p>Tuna Salad on a Bagel tuna salad with lettuce served on a whole wheat bagel</p>	<p>Vegetarian Wrap mozzarella cheese, cucumbers, tomatoes, olives, red onions on a tortilla wrap spread with hummus</p>	<p>South of the Border Wrap crispy chicken tenders, cheddar cheese and Mexi rice on a whole wheat wrap</p>	<p>All American Chicken Salad Wrap chicken salad, crispy bacon strips and fresh lettuce and tomatoes on a tortilla wrap</p>	<p>Chicken Delight Wrap crispy chicken and cheese with lettuce, tomato and ranch dressing wrapped in a tortilla</p>
<p>Available Daily: Boar's Head Turkey, Buffalo Chicken and Ham. American, Swiss or Provolone, Pepperjack Cheese lettuce, tomato, peppers, onions, olives and pickles</p>					
	<p>Tossed Salad Pizza whole wheat pizza dough topped with tossed greens, tomatoes and balsamic vinaigrette</p>	<p>Buffalo Chicken Stromboli zesty buffalo chicken with mozzarella cheese and pizza sauce wrapped in garlic pizza dough</p>	<p>White Pizza fresh whole grain dough brushed with garlic and oil, topped with low fat mozzarella cheese, baked to perfection</p>	<p>Roasted Garlic & Onion Calzone garlic toasted whole grain calzone filled with roasted garlic, onion, ricotta and melted cheeses</p>	<p>Cheesy Stuffed Breadsticks gooey mozzarella cheese filled whole wheat sticks great for dunking in your favorite sauce</p>
<p>Available Daily: Plain and Pepperoni Whole Grain Pizza by the Slice</p>					
	<p>Rainbow Grilled Cheese melted american and mozzarella cheeses served in between two slices of grilled whole wheat bread Baked Potato Wedges</p>	<p>General Tso's Chicken crispy chicken with broccoli in General Tso's sauce Japanese Vegetable Stir Fry</p>	<p>Warm Pretzel with Cheese Sauce warm whole wheat pretzel with cheese sauce Baked Sweet Potato Fries</p>	<p>Pasta with Meat Sauce pasta with red meat sauce Garbanzo Bean & Spinach Salad</p>	<p>St. Louis BBQ Rib Sandwich* boneless ribs in bbq sauce with cheddar and onion rings on a whole wheat roll Hash Browns</p>
	<p>Beef Burrito Bowl brown rice, topped with fiesta style beef, black beans, lettuce, sautéed onions and peppers, pico de gallo and baked tortilla strips</p>	<p>Ranch & Chicken Quesadilla fiesta chicken, mozzarella and ranch dressing melted into a whole wheat wrap</p>	<p>Bean & Veggie Burrito a whole wheat burrito, stuffed with fiesta rice, veggies, kidney beans and cheddar cheese, served with salsa and sour cream</p>	<p>Crispy Chicken Taco fiesta style chicken wrapped in a crispy tortilla shell with cheddar cheese, lettuce and salsa</p>	<p>Chicken Taco Salad a crispy tortilla bowl topped with lettuce, beans, chicken, jalapenos, pico de gallo, cheddar and sour cream</p>
<p>Available Daily: Crunchy or Soft Tacos and Nachos Chips. Toppings include: Salsa, Sour Cream, Lettuce and Cheddar Cheese Shredded or Sauce</p>					
	<p>Spicy Chicken Sandwich a boldly spiced crispy chicken breast filet with leaf lettuce and ripe tomato on a soft bun</p>	<p>Texas Rib Sandwich boneless BBQ rib meat slathered in tangy barbecue sauce and served on a soft bun</p>	<p>Chicken Parm Sandwich lightly breaded chicken breast patty topped with melted mozzarella and tomato sauce on a toasted whole grain</p>	<p>Fish Sandwich fish fillet on a whole wheat bun with lettuce and cheese</p>	<p>Hot Dog on a Bun beef hot dog nestled on a soft bun and topped with your choice of condiments</p>
<p>Available Daily: Hamburger, Cheeseburgers, Turkey Burgers & Veggie Burgers served on whole wheat Roll * New Item Available Daily: Egg & American Cheese or Turkey Bacon, Egg & American Cheese on a Whole Wheat Bagel</p>					
	<p>Turkey Garden Salad with Dinner Rolls turkey breast over mixed greens with lettuce, tomatoes, cucumbers, and carrots</p>	<p>Cobb Salad with Dinner Roll tossed greens topped with crispy chicken, bacon, cheddar, tomatoes, cucumbers, egg crumbles and croutons</p>	<p>Garden Salad with Cheddar Cheese tomatoes, cucumbers and shredded cheddar cheese served over a bed of romaine lettuce, with two dinner rolls</p>	<p>Spinach Salad with Dinner Roll with eggs, mushrooms and red onions served with a dinner roll</p>	<p>Greek Salad with Dinner Roll romaine lettuce with red onions, tomatoes, cucumbers, feta cheese and black olives, served with a whole wheat dinner roll</p>
<p>Available Daily: Garden Salad, Chef Salad & Chicken Salad, served with twin whole wheat dinner rolls & low fat dressing *** New Item Available Daily*** Organic Hummus & Organic Whole Wheat Pretzell!</p>					
	<p>Baby Carrots Celery Sticks Garbanzo Beans Romaine Salad w/ Tomato Fresh Orange Red Delicious Apple Potato Salad Deli Style Coleslaw</p>	<p>Baby Carrots Celery Sticks Garbanzo Beans Romaine Salad w/ Tomato Fresh Orange Red Delicious Apple Potato Salad Deli Style Coleslaw</p>	<p>Baby Carrots Celery Sticks Garbanzo Beans Romaine Salad w/ Tomato Fresh Orange Red Delicious Apple Potato Salad Deli Style Coleslaw</p>	<p>Baby Carrots Celery Sticks Garbanzo Beans Romaine Salad w/ Tomato Fresh Orange Red Delicious Apple Potato Salad Deli Style Coleslaw</p>	<p>Baby Carrots Celery Sticks Garbanzo Beans Romaine Salad w/ Tomato Fresh Orange Red Delicious Apple Potato Salad Deli Style Coleslaw</p>

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	<p>Turkey Club Wrap <i>Boar's Head turkey breast, turkey bacon, chopped romaine lettuce and tomato, wrapped in a whole wheat tortilla</i></p>	<p>Caesar Chicken Wrap <i>caesar chicken, crisp romaine lettuce and parmesan cheese wrapped in a whole wheat tortilla, drizzled</i></p>	<p>Black Bean & Hummus Wrap <i>homemade hummus, black beans and scallions on a whole wheat Wrap</i></p>	<p>The Red Square Wrap <i>Boar's Head turkey and Swiss cheese in a whole wheat wrap, smothered in thousand island dressing, with</i></p>	<p>Egg Salad in a Pita* ✔</p>
<p>Available Daily: Boar's Head Turkey, Buffalo Chicken and Ham. American, Swiss or Provolone, Pepperjack Cheese lettuce, tomato, peppers, onions, olives and pickles</p>					
	<p>Pizza Bagel <i>fresh whole wheat bagel topped with marinara sauce and mozzarella cheese</i></p>	<p>Meatball Stromboli <i>beef and chicken meatballs, stuffed inside a folded pizza crust with tomato sauce and melted mozzarella cheese</i></p>	<p>Chicken Pepperoni Pizza Pops <i>garlic pizza dough stuffed with mozzarella cheese, tomato sauce, chicken pepperoni and spices</i></p>	<p>French Bread Pizza <i>marinara sauce and mozzarella cheese on a french baguette</i></p>	<p>Sausage & Cheese Calzone <i>pork sausage, ricotta and mozzarella cheeses tucked into a whole grain pizza crust</i></p>
<p>Available Daily: Plain and Pepperoni Whole Grain Pizza by the Slice</p>					
	<p>Cheesy Stuffed Breadsticks with Marinara Sauce <i>cheesy stuffed breadstick dunkers with marinara sauce</i></p>	<p>French Toast Sticks <i>crispy, golden brown, French toast sticks perfect for dipping or dunking in syrup</i></p>	<p>Asian Rice Bowl with Chicken and Veggies <i>chicken & vegetable stir fry, served with brown rice</i></p>	<p>Meatball Parmesan Hero <i>freshly baked meatballs topped with tomato sauce and cheese</i></p>	<p>Grilled Chicken Sandwich <i>grilled chicken breast on a bun</i></p>
	<p>Chicken Burrito Bowl <i>brown rice topped with fajita style chicken, black beans, lettuce, sautéed onions and peppers, pico de gallo and tortilla strips</i></p>	<p>Cheddar Quesadilla <i>melted cheddar cheese inside a grilled folded tortilla with pico de gallo</i></p>	<p>Beefy Burrito <i>fiesta style beef with sour cream, refried beans, rice, cheddar, lettuce and salsa wrapped in a tortilla</i></p>	<p>Crispy Chicken Taco <i>fiesta style chicken wrapped in a crispy tortilla shell with cheddar cheese, lettuce and salsa</i></p>	<p>Southwest Fajita Bowl* <i>layers of brown rice, fajita seasoned beef, cheddar cheese and salsa</i></p>
<p>Available Daily: Crunchy or Soft Tacos and Nachos Chips. Toppings include: Salsa, Sour Cream, Lettuce and Cheddar Cheese Shredded or Sauce</p>					
	<p>Beef Sliders <i>mini beef patties on mini hamburger buns</i></p>	<p>Bacon Cheeseburger <i>beef burger topped with turkey bacon, low fat American cheese, lettuce and tomato, served on whole wheat</i></p>	<p>Buffalo Style Baked Chicken Tenders <i>crispy chicken tenders perfect for dunking in our buffalo sauce and served with carrot and</i></p>	<p>Cactus Jack Wrap <i>grilled chicken breast drizzled with hot sauce, with lettuce and tomato on a whole wheat wrap</i></p>	<p>English Cheddar Burger <i>grilled beef burger topped with cheddar cheese, sautéed onions, lettuce mix and tomatoes on a whole</i></p>
<p>Available Daily: Hamburger, Cheeseburgers, Turkey Burgers & Veggie Burgers served on whole wheat Roll * New Item Available Daily: Egg & American Cheese or Turkey Bacon, Egg & American Cheese on a Whole Wheat Bagel *</p>					
	<p>Turkey Garden Salad with Dinner Rolls <i>turkey breast over mixed greens with lettuce, tomatoes, cucumbers, and carrots</i></p>	<p>Cobb Salad with Dinner Roll <i>tossed greens topped with crispy chicken, bacon, cheddar, tomatoes, cucumbers, egg crumbles and</i></p>	<p>Garden Salad with Cheese & Dinner Rolls <i>mixed greens with tomatoes, cucumbers, carrot sticks, radishes, and shredded cheddar</i></p>	<p>Spinach Salad with Dinner Roll <i>with eggs, mushrooms and red onions served with a dinner roll</i></p>	<p>Greek Salad with Dinner Roll <i>romaine lettuce with red onions, tomatoes, cucumbers, feta cheese and black olives, served with a whole wheat dinner roll</i></p>
<p>Available Daily: Garden Salad, Chef Salad & Chicken Salad, served with twin whole wheat dinner rolls & low fat dressing</p>					
<p>***New Item Available Daily*** Organic Hummus & Organic Whole Wheat Pretzel!!!</p>					
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