

# Welcome to our Breakfast Cafe @

## Fairfield Ludlowe HS

**June**  
2017

Monday

Tuesday

Wednesday

Thursday

Friday



**FUEL YOUR DAY  
THE RIGHT WAY.  
EAT A HEALTHY  
BREAKFAST!**



1 Bacon, Egg and Cheese Breakfast Sandwich  
Tator Tots  
Banana  
Fresh Red Grapes  
Low Fat Milk  
Skim Milk

2 Waffles with Sausage  
Tator Tots  
Fresh Orange  
Strawberries  
Low Fat Milk  
Skim Milk

5 French Toast  
Tator Tots  
Fresh Apple  
Melon Cup  
Low Fat Milk  
Skim Milk

6 **Special Election  
No School**

7 Pancakes & Sausage  
Tator Tots  
Banana  
Pineapple  
Low Fat Milk  
Skim Milk

8 Bacon, Egg and Cheese Breakfast Sandwich  
Tator Tots  
Fresh Apple  
Fresh Red Grapes  
Low Fat Milk  
Skim Milk

9 Waffles with Sausage  
Tator Tots  
Fresh Orange  
Banana  
Low Fat Milk  
Skim Milk

12

13

14

15

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**Have a great summer!**

Our menus are healthy, nutritious and flavorful, made from wholesome ingredients. This is why we've partnered with the Furmano family to bring your child great tasting tomato sauces that have been perfected for over



four generations. Check us out at [www.whitsons.com](http://www.whitsons.com) or scan our QR code to see all that we are doing at your school to keep your child healthy!



**Breakfast Prices**

Regular: \$1.50  
Reduced: \$0.30

All breakfast choices include a variety of fresh, cupped fruit and a choice of low fat or fat free milk selection

**Available Daily**

Whole Grain Bagels with Low Fat Cream Cheese

Organic Fruit & Yogurt Parfaits

Assorted Whole Grain Muffins: Blueberry, Chocolate Chip, Banana, or Apple Cinnamon

\*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subject to change, notice posted when available. USDA is an equal opportunity provider, employer, and lender.