

# Welcome to our Breakfast Cafe @

Fairfield Roger Ludlowe MS

June 2017

Monday

Tuesday

Wednesday

Thursday

Friday



**FUEL YOUR DAY THE RIGHT WAY. EAT A HEALTHY BREAKFAST!**



1 Bacon, Egg and Cheese Breakfast Sandwich  
Tator Tots  
Fresh Apple  
Strawberries  
Low Fat Milk  
Skim Milk

2 Waffles with Sausage  
Tator Tots  
Banana  
Melon Cup  
Low Fat Milk  
Skim Milk

5 French Toast  
Tator Tots  
Fresh Orange  
Pineapple  
Low Fat Milk  
Skim Milk

**Special Election  
No School**

7 Pancakes & Sausage  
Tator Tots  
Fresh Orange  
Banana  
Low Fat Milk  
Skim Milk

8 Bacon, Egg and Cheese Breakfast Sandwich  
Tator Tots  
Fresh Orange  
Melon Cup  
Low Fat Milk  
Skim Milk

9 Waffles with Sausage  
Tator Tots  
Banana  
Strawberries  
Low Fat Milk  
Skim Milk

12 French Toast  
Tator Tots  
Fresh Apple  
Fresh Orange  
Low Fat Milk  
Skim Milk

13 Egg and Cheese Sandwich  
Tator Tots  
Banana  
Melon Cup  
Low Fat Milk  
Skim Milk

14 Pancakes & Sausage  
Tator Tots  
Fresh Apple  
Pineapple  
Low Fat Milk  
Skim Milk

15 Bacon, Egg and Cheese Breakfast Sandwich  
Tator Tots  
Fresh Orange  
Melon Cup  
Low Fat Milk  
Skim Milk

16 Waffles with Sausage  
Tator Tots  
Fresh Orange  
Strawberries  
Low Fat Milk  
Skim Milk

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**Have a great summer!**

Our menus are healthy, nutritious and flavorful, made from wholesome ingredients. This is why we've partnered with the Furmano family to bring your child great tasting tomato sauces that have been perfected for over four generations. Check us out at [www.whitsons.com](http://www.whitsons.com) or scan our QR code to see all that we are doing at your school to keep your child healthy!



**Breakfast Prices**

Regular: \$1.50  
Reduced: \$0.30

All breakfast choices include a variety of fresh, cupped fruit and a choice of low fat or fat free milk selection

**Available Daily**

Whole Grain Bagels with Low Fat Cream Cheese  
Organic Fruit & Yogurt Parfaits  
Assorted Whole Grain Muffins: Blueberry, Chocolate Chip, Banana, or Apple Cinnamon

\*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subject to change, notice posted when available. USDA is an equal opportunity provider, employer, and lender.