

Welcome to our Lunch Cafe @

Fairfield Elementary Schools

October 2017

Monday

Tuesday

Wednesday

Thursday

Friday



We proudly support clean, organic, local and sustainable agriculture.

<p>2 Popcorn Chicken <i>breaded chicken bites baked to perfection</i> Peas Fresh Broccoli Cinnamon Applesauce Fresh Orange</p>	<p>3 Meatball Parmesan Sandwich Steamed Spinach Red Pepper Strips Fresh Apple Apple Cherry 100% Juice</p>	<p>4 French Toast <i>French toast baked to perfection</i> With Syrup Scrambled Eggs Tator Tots Fresh Baby Carrots Fresh Banana Fresh Orange</p>	<p>5 Soft Taco With Mild Salsa Beans Green Pepper Slices 100% Orange Juice Blend Melon Cup</p>	<p>6 Cheese Pizza Or Pepperoni Pizza Steamed Broccoli Celery Sticks Strawberries Fresh Apple</p>
<p>Weekly Alternate: Boar's Head Turkey & American Cheese on a Whole Wheat Wrap</p>				
<p>9 Chicken Tenders <i>crispy chicken tenders perfect for dipping in your favorite sauce</i> With Whole Wheat Dinner Roll Corn Fresh Baby Carrots Fresh Orange Applesauce</p>	<p>10 BBQ Rib Sandwich <i>BBQ rib patty on a bun</i> Baked Potato Wedges Grape Tomatoes 100% Juice Fruit Punch Pineapple</p>	<p>11 Pancakes With Syrup And Sausage Links Tator Tots Fresh Baby Carrots Fresh Apple Fresh Banana</p>	<p>12 Mac & Cheese Beans Cucumber Coins Melon Cup 100% Orange Juice Blend</p>	<p>13 Cheese Pizza Or Broccoli Pizza Squash Medley Caesar Salad Fresh Banana Fresh Orange</p>
<p>Weekly Alternate: Garden Salad w/ Diced Chicken & 2 Whole Wheat Dinner Rolls</p>				
<p>16 Mozzarella Sticks <i>crispy mozzarella sticks filled with gooey cheese, perfect for dipping into your favorite sauce</i> Peas Grape Tomatoes Fresh Orange Cinnamon Applesauce</p>	<p>17 Nachos Grande <i>tortilla chips topped with mexi style meat and cheese sauce</i> Corn Carrot Dippers Fresh Apple Apple Grape 100% Juice</p>	<p>18 Grilled Cheese <i>melted cheese on golden toasted bread</i> Steamed Broccoli Red Pepper Strips Fresh Banana Melon Cup</p>	<p>19 Beef Hot Dog on Bun <i>juicy beef hot dog on a soft bun</i> Baked Beans Fresh Cucumber Salad Fresh Orange 100% Juice Fruit Punch</p>	<p>20 Cheese Pizza Or Chicken Pizza Steamed Spinach Celery Sticks Fresh Apple Fresh Strawberries</p>
<p>Weekly Alternate: Chicken Caesar Salad</p>				
<p>23 Crispy Chicken Sandwich <i>crispy breaded chicken on a bun</i> Baked Potato Wedges Carrot Dippers Applesauce Fresh Orange</p>	<p>24 Pasta & Meatballs Side of Carrots Cucumber Coins Fresh Apple 100% Juice Fruit Punch</p>	<p>25 Waffles with Sausage With Syrup Tator Tots Fresh Baby Carrots Fresh Banana Strawberries</p>	<p>26 Stuffed Bread Sticks Spaghetti Sauce Beans Celery Fresh Orange Apple Grape 100% Juice</p>	<p>27 Cheese Pizza Or Spinach Pizza Squash Medley Garden Salad Melon Cup Fresh Apple</p>
<p>Weekly Alternate: Boar's Head Ham & American Cheese on a Whole Wheat Wrap</p>				
<p>30 Boneless Chicken Wings Peas Celery Sticks Fresh Apple Sliced Oranges</p>	<p>31 Cheeseburger Or Burger Oven Baked Fries Red Pepper Strips Cinnamon Apple Slices Apple Cherry 100% Juice</p>	<p>Weekly Alternate: Crudite Platter w/ Fresh Veggies, String Cheese & Dinner Rolls</p>		

SIMPLY ROOTED™ in food and family

All of our products have zero trans-fats, unless they are naturally occurring. We are Simply Rooted™ in food and family and use ingredients that are locally sourced, all natural,

and organic or non-GMO, whenever possible.



Lunch Prices

Lunch	\$2.85
Reduced:	\$0.40
Second Lunch	\$5.00

Lunch Includes: Skim Milk, Low Fat Milk, Free Chocolate Milk or Lactose Free Milk, Fresh Seasonal Fruit & Fresh Vegetable Selection

Organic Milk	\$1.50
A La Carte Milk	\$0.55

Daily Alternate Lunch Available:

Tossed Garden Salad: Romaine Lettuce, Tomato Wedge, Cucumber, Carrot, Low Fat Cheese, and 2 Whole Wheat Dinner Rolls. Served with Low Fat Dressing

Bagel Lunch: Whole Wheat Bagel with Cream Cheese, Low-Fat String Cheese & Organic Low-Fat Yogurt

Available Daily for Teachers: Tossed Garden Salad Bowl or Chicken Caesar Salad Bowl, Boar's Head Ham or Turkey Whole Wheat Wrap, all served with choice of Milk, Fruit and Vegetable selection

If you have any questions or would like additional information, please contact the food service office at 203-255-8370

All checks must be made payable to: Fairfield Public Schools Lunch

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subject to change, notice posted when available. USDA is an equal opportunity provider, employer, and lender.