

# Fairfield High Schools

Welcome to our  
Lunch Cafe

10/2/2017 - 10/6/2017

## Monday

## Tuesday

## Wednesday

## Thursday

## Friday



Grilled Chicken Teriyaki Sandwich  
sandwich with chicken breast marinated in teriyaki sauce, topped with lettuce and tomato

Tuna Salad Melt  
tuna salad with melted American cheese on a bun

Grilled Veggie Wrap  
grilled vegetables and cheese served on a wrap

Chicken Salad Wrap  
chicken salad in a wrap

American Beauty Sandwich  
thinly sliced turkey and cheese, lettuce and tomato on a roll

Available Daily: Assorted Boars Head cold cuts, cheeses and whole grain rich bread, rolls and wraps along with an assortment of vegetable toppings



Spinach Pizza  
fresh pizza dough topped with marinara sauce, fresh spinach and mozzarella cheese

Sausage Pizza  
traditional pizza slice topped with sausage

Buffalo Chicken Pizza Pops  
crispy pizza dough stuffed with cheddar cheese, buffalo chicken and ranch dressing

Tossed Salad Pizza  
pizza dough topped with tossed greens, tomatoes and balsamic vinaigrette

Calzone 3 Cheese  
calzone stuffed with three delicious melted cheeses

Available Daily: Cheese Pizza, Pepperoni Pizza and Vegetable Pizza all featuring Whole Grain Rich Pizza Dough



Grilled Ham and Cheese Sandwich  
ham and melted cheese on grilled golden brown bread  
Glazed Carrots  
carrots in a buttery brown sugar glaze

Pasta Alfredo with Chicken & Broccoli  
pasta with alfredo sauce, grilled chicken strips and broccoli florets  
Caesar Salad  
fresh romaine lettuce topped with parmesan cheese and Caesar

Sausage, Egg & Cheese Burrito\*  
sausage, egg, cheese and peppers wrapped inside a flour tortilla  
Tator Tots  
crisp potato rounds baked to perfection

Buffalo Chicken Platter  
Buffalo chicken tenders with carrot and celery sticks  
Fresh Cucumber Salad  
fresh cucumber finely sliced with dressing

Philly Cheese Sandwich  
beef topped with sauteed peppers, onions and melted cheese on a lightly toasted bun  
Garden Salad



Bean & Veggie Burrito  
a whole wheat burrito, stuffed with fiesta rice, veggies, kidney beans and cheddar cheese, served with salsa and sour cream

Beef and Cheese Quesadilla  
melted chesse and fiesta beef folded inside a grilled tortilla

Fiesta Taco Salad  
a crunchy tortilla bowl filled with fiesta style beef, cucumber, tomato, lettuce, and cheddar

BBQ Chicken Nachos  
crispy nacho tortilla chips with chicken, carrots, tomatoes and cabbage

Soft Taco  
fiesta-style meat with melted cheese arranged in a soft taco shell

Available Daily: Nachos, Cripsy and Soft Tacos, Rice with your choice of Mexi Beef, Mexi Chicken, Mexi Veg, Refried Beans, Cheese Sauce, Shredded Cheddar, Shredded Lettuce, Salsa and Fresh Pico De



Buffalo Burger  
grilled burger topped with hot sauce and blue cheese with lettuce and tomato on a bun

BLT Burger  
burger topped with bacon, lettuce and tomato on a freshly toasted bun

Fish Sandwich  
fish fillet on a bun with cheese

Boneless Chicken Wings  
breaded chicken wings baked to perfection

Chicken Bacon Sandwich  
tender, crispy chicken patty topped with crispy bacon and leaf lettuce

Available Daily: Hamburgers, Turkey Burgers, Veggie Burgers, Chicken Patties and Spicy Chicken Sandwiches with Assorted Cheeses and Vegetable Toppings



House Chop Salad with Ham & Dinner Rolls  
ham, tomatoes, and red peppers on a bed of lettuce served with Italian dressing

Spinach Mandarin Salad with Dinner Rolls  
tossed fresh spinach, orange slices, onions and mushrooms, topped with shredded mozzarella

Crudite & Cheese Plattter  
cucumber, carrots, pepper slices and tomatoes, served with a buttermilk ranch dressing for dipping, and mozzarella cheese

Buffalo Chicken Salad with Dinner Rolls  
spicy chicken on a bed of romaine lettuce with cucumbers, carrots and tomatoes

Mexican Salad  
Salad with beans, corn, sour cream, and salsa

Available Daily: Garden Salad w Cheese, Chef Salad, Chicken Caesar Salad, Chicken Caesar Wrap, Buffalo Chicken Wrap, Turkey & Cheese Wrap, Ham & Cheese Wrap, Organic Yogurt Parfaits



Potato Salad  
Side Garden Salad  
fresh lettuce and tomato salad  
Cucumber Coins  
Fresh Baby Carrots  
Fresh Apple  
Fresh Orange

Red Pepper Strips  
Fresh Broccoli  
Mesclun Spring Mix  
Garbanzo Beans  
Fresh Strawberries  
Fresh Red Grapes  
Fresh Orange  
Melon Cup

Grape Tomatoes  
Cucumber Coins  
Celery  
Fresh Baby Carrots  
Fresh Apple  
Pineapple  
Fresh Banana  
Fresh Red Grapes

Garbanzo Beans  
Romaine Lettuce  
Green Pepper Slices  
Fresh Baby Carrots  
Fresh Orange  
Pineapple  
Fresh Strawberries  
Fresh Red Grapes

Fresh Broccoli  
Mesclun Spring Mix  
Grape Tomatoes  
Cucumber Coins  
Fresh Apple  
Fresh Orange  
Melon Cup  
Fresh Banana

Fresh Fruits and Vegetables and Choice of Milk



Our menus are healthy, nutritious and flavorful, made from wholesome ingredients. At Whitsons, we have very high ingredient standards and strict procedures in place to make sure of it! We also offer gluten and allergen free foods. Visit [www.whitsons.com](http://www.whitsons.com) to see all that we are doing at your school to keep our young customers healthy!

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# Fairfield High Schools

Welcome to our  
Lunch Cafe

10/9/2017 - 10/13/2017

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**



Honey Mustard Chicken Wrap  
*crispy breaded chicken strips, lettuce, tomato and honey mustard dressing in a wrap*

Turkey BLT Wrap  
*sliced turkey, bacon, lettuce, and tomato on a wrap*

**PSAT**  
**Early Dismissal**

Egg Salad Sandwich  
*fresh mixed egg salad on assorted bread options*

South of the Border Wrap  
*warm chicken, seasoned rice, and cheddar cheese wrapped in a tortilla*

Available Daily: Assorted Boars Head cold cuts, cheeses and whole grain rich bread, rolls and wraps along with an assortment of vegetable toppings



Buffalo Chicken Stromboli  
*zesty buffalo chicken with mozzarella cheese and pizza sauce wrapped in garlic pizza dough*

Pepper & Onion Pizza  
*fresh pizza dough topped with marinara sauce, mozzarella and sauteed peppers and onions*

BBQ Chicken Pizza  
*fresh pizza dough topped with BBQ sauce, mozzarella, cheddar, chicken strips, red onion and cilantro*

Broccoli Calzone  
*calzone stuffed with melted cheese and sauteed broccoli*

Available Daily: Cheese Pizza, Pepperoni Pizza and Vegetable Pizza all featuring Whole Grain Rich Pizza Dough



Fish Tacos  
*seasoned baked fish pieces topped with lettuce and cheese in warm taco shells*  
Sauteed Corn & Black Bean Salsa

Sweet & Sour Chicken Sauce & Toss  
*popcorn chicken in a sweet & sour sauce*  
Brown Rice  
Steamed Broccoli

Sausage Onions & Peppers Sandwich  
*Italian sausage sandwich topped with sauteed onions and peppers*  
Tomato Salad  
*diced tomatoes in light dressing*

Buffalo Chicken and Cheese Quesadilla  
*fiesta style chicken and cheddar cheese inside a grilled folded tortilla spread with hot sauce*  
Veggie Dippers  
*carrots and celery sticks paired with dressing for*



Burrito  
*fiesta style meat with sour cream, refried beans, rice, cheddar, lettuce and salsa wrapped in a tortilla*

Cheese Quesadilla  
*freshly grilled flour tortilla with melty cheese*

Nachos with Cheese  
*creamy cheese layered over a bed of nachos*

Crispy Tacos  
*crispy taco shells filled with taco meat and cheddar cheese*

Available Daily: Nachos, Crispy and Soft Tacos, Rice with your choice of Mexi Beef, Mexi Chicken, Mexi Veg, Refried Beans, Cheese Sauce, Shredded Cheddar, Shredded Lettuce, Salsa and Fresh Pico De



Egg and Cheese Sandwich  
*breakfast sandwich topped with egg and cheese*

BBQ Rib Sandwich  
*BBQ rib patty on a bun*

Buffalo Meatball Parmesan Hero  
*meatballs tossed in tomato and buffalo sauces, topped with melted mozzarella cheese*

Chicken Club Sandwich  
*sandwich with grilled chicken, crispy bacon strips, lettuce and tomato*

Available Daily: Hamburgers, Turkey Burgers, Veggie Burgers, Chicken Patties and Spicy Chicken Sandwiches with Assorted Cheeses and Vegetable Toppings



Garden Salad Entree  
*fresh garden salad topped with meat*

Cobb Salad  
*fresh lettuce topped with bacon, baked chicken, shredded cheddar, and chopped egg*

Garden Salad with Hard Boiled Eggs & Dinner Rolls  
*garden salad with tomato, cucumber, carrot, and hard boiled eggs*

Grilled Chicken Salad with Dinner Rolls  
*grilled chicken breast, lettuce, julienned carrots, sliced tomatoes and cucumbers*

Available Daily: Garden Salad w Cheese, Chef Salad, Chicken Caesar Salad, Chicken Caesar Wrap, Buffalo Chicken Wrap, Turkey & Cheese Wrap, Ham & Cheese Wrap, Organic Yogurt Parfaits



Corn & Vegetable Salad  
Fresh Broccoli  
Mesclun Spring Mix  
Green Pepper Slices  
Fresh Apple  
Melon Cup  
Pineapple  
Fresh Red Grapes

Tomato Salad  
Celery  
Garbanzo Beans  
Cucumber Coins  
Fresh Apple  
Pineapple  
Fresh Banana  
Fresh Strawberries

Bean Salad  
Fresh Broccoli  
Grape Tomatoes  
Cucumber Coins  
Red Pepper Strips  
Pineapple  
Fresh Banana  
Celery  
Fresh Red Grapes

Spinach Salad  
Cucumber Coins  
Fresh Baby Carrots  
Fresh Orange  
Melon Cup  
Fresh Strawberries  
Green Pepper Slices



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# Fairfield High Schools

10/16/2017 - 10/20/2017

Welcome to our  
Lunch Cafe

## Monday

## Tuesday

## Wednesday

## Thursday

## Friday



BBQ Chicken Wrap  
*chicken breast with BBQ sauce, lettuce and tomato in a wrap*

Vegetarian Wrap  
*cheese, cucumbers, tomatoes, and red onions on a tortilla wrap spread with hummus*

Tuna Salad Wrap\*  
*fresh chunky tuna salad with field greens and tomatoes served in a wrap*

Roma Pepperoni Griller  
*grilled cheese with mozzarella, pepperoni, pizza sauce, and provolone*

Reuben Sandwich  
*meat and Swiss cheese with sauerkraut and dressing, pressed between two slices of bread*

Available Daily: Assorted Boars Head cold cuts, cheeses and whole grain rich bread, rolls and wraps along with an assortment of vegetable toppings



Buffalo Chicken Pizza  
*cheese pizza topped with Buffalo chicken pieces*

Meatball and Cheese Stromboli  
*Meatballs and melted cheese wrapped in pizza dough*

Cheese Pizza Pops  
*garlic pizza dough stuffed with mozzarella cheese, tomato sauce and crushed red pepper*

Grilled Vegetable Pizza  
*grilled pizza topped with zucchini, squash, eggplant, scallions and mozzarella*

Chicken & Spinach Calzone  
*garlic toasted pizza crust filled with chicken, spinach, ricotta and melted cheeses*

Available Daily: Cheese Pizza, Pepperoni Pizza and Vegetable Pizza all featuring Whole Grain Rich Pizza Dough



Baked Pasta with Cheese  
*pasta topped with melted cheese, baked to perfection*  
Roasted Lemon Parmesan Broccoli

French Toast  
*French toast baked to perfection*  
Scrambled Eggs  
Turkey Bacon  
Strawberry Cup

Ruby's Chicken Cordon Bleu Sandwich  
*chicken, ham and cheese with lettuce and pickle chips on a bun*  
Steamed Spinach

Chicago Style Hot Dog  
*skinless hot dog on a bun, topped with mustard, pickle chips, onions, tomatoes, tomatoes and jalapeño peppers*  
Potato Salad

Greek Chicken Flatbread  
*grilled flatbread with greek style chicken, topped with feta and mozzarella cheeses, roasted red peppers and spinach*  
Tomato Salad  
*diced tomatoes in light dressing*



Bean & Veggie Burrito  
*a whole wheat burrito, stuffed with fiesta rice, veggies, kidney beans and cheddar cheese, served with salsa and sour cream*

Ranch & Chicken Quesadilla  
*fiesta chicken, mozzarella and ranch dressing melted into a tortilla*

Fiesta Taco Salad  
*a crunchy tortilla bowl filled with fiesta style beef, cucumber, tomato, lettuce, and cheddar*

Nachos Grande  
*tortilla chips topped with mexi style meat and cheese sauce*

Soft Taco  
*fiesta-style meat with melted cheese arranged in a soft taco shell*

Available Daily: Nachos, Crips and Soft Tacos, Rice with your choice of Mexi Beef, Mexi Chicken, Mexi Veg, Refried Beans, Cheese Sauce, Shredded Cheddar, Shredded Lettuce, Salsa and Fresh Pico De



Toasty Garlic Mozzarella Sandwich with Tomato  
*toasted garlic bread sandwich stuffed with mozzarella and tomato*

Boneless Chicken Wings  
*breaded chicken wings baked to perfection*

Bacon Cheeseburger  
*burger topped with cheese and bacon on a freshly toasted bun*

French Patty Melt  
*grilled burger topped with onions with lettuce and tomatoes*

Buffalo Chicken Sandwich  
*chicken marinated in hot sauce on a roll, topped with lettuce and tomato*

Available Daily: Hamburgers, Turkey Burgers, Veggie Burgers, Chicken Patties and Spicy Chicken Sandwiches with Assorted Cheeses and Vegetable Toppings



House Chop Salad with Ham & Dinner Rolls  
*ham, tomatoes, and red peppers on a bed of lettuce served with Italian dressing*

Spinach Mandarin Salad with Dinner Rolls  
*tossed fresh spinach, orange slices, onions and mushrooms, topped with shredded mozzarella*

Crudite & Cheese Plattter  
*cucumber, carrots, pepper slices and tomatoes, served with a buttermilk ranch dressing for dipping, and mozzarella cheese*

Buffalo Chicken Salad with Dinner Rolls  
*spicy chicken on a bed of romaine lettuce with cucumbers, carrots and tomatoes*

Mexican Salad  
*Salad with beans, corn, sour cream, and salsa*

Available Daily: Garden Salad w Cheese, Chef Salad, Chicken Caesar Salad, Chicken Caesar Wrap, Buffalo Chicken Wrap, Turkey & Cheese Wrap, Ham & Cheese Wrap, Organic Yogurt Parfaits



Potato Salad  
Fresh Broccoli  
Mesclun Spring Mix  
Red Pepper Strips  
Fresh Apple  
Fresh Orange  
Pineapple  
Fresh Red Grapes

Grape Tomatoes  
Green Bean Salad  
*green beans tossed with dressing*  
Mesclun Spring Mix  
Red Pepper Strips  
Fresh Orange  
Melon Cup  
Fresh Strawberries

Fresh Baby Carrots  
Fresh Cucumber Salad  
*fresh cucumber finely sliced with dressing*  
Red Pepper Strips  
Lite Veggie Pasta Salad  
*pasta with carrots, corn, onions, red and green peppers tossed in light*

Bean and Vegetable Salad  
Fresh Broccoli  
Grape  
Tomatoes  
Cucumber  
Coins  
Fresh Orange  
Melon Cup  
Fresh Banana

Side Salad  
Celery  
Red Pepper Strips  
Fresh Baby Carrots  
Mediterranean Watermelon Side Salad  
*fresh lettuce topped with watermelon, onion, and feta cheese*



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# Fairfield High Schools

10/23/2017 - 10/27/2017

Welcome to our  
Lunch Cafe

## Monday

## Tuesday

## Wednesday

## Thursday

## Friday



Balsamic Glazed Vegetable Sandwich  
grilled eggplant, zucchini, squash and peppers marinated in balsamic glaze on a roll

Chicken Delight Wrap  
chicken and cheese with lettuce, tomato and ranch dressing wrapped in a tortilla

Turkey Ranch Wrap  
turkey breast with lettuce, tomato and ranch on a wrap

Classic Harvest Wrap  
ham, mozzarella cheese, tossed greens and tomatoes wrapped in a wrap

American Combo Sandwich  
thinly sliced deli meat and cheese sandwich

Available Daily: Assorted Boars Head cold cuts, cheeses and whole grain rich bread, rolls and wraps along with an assortment of vegetable toppings



Hawaiian Pizza  
ham and pineapple chunks over a cheese pizza slice

Buffalo Chicken Pizza Pops  
crispy pizza dough stuffed with cheddar cheese, buffalo chicken and ranch dressing

Fresh Basil & Red Pepper Pizza  
pizza topped with roasted peppers and fresh basil

3 Cheese Stromboli  
rolled pizza crust stuffed with mozzarella, parmesan and cheddar cheeses

Sausage & Mushroom Calzone  
sweet Italian sausage, mushrooms and mozzarella stuffed in folded pizza dough and baked

Available Daily: Cheese Pizza, Pepperoni Pizza and Vegetable Pizza all featuring Whole Grain Rich Pizza Dough



Steamed Dumplings  
stuffed dumplings perfect for dipping in your favorite Asian sauce  
Vegetable Fried Rice  
rice sauteed with soy sauce and vegetables

Cuban Sandwich  
grilled sandwich with roasted pork loin and Swiss cheese  
Roasted Potatoes  
Sliced potatoes roasted in the oven with oil and spices.

Chicken Nugget & Mozzarella Stick Combo  
everyone's two favorite foods on one plate! Crispy chicken nuggets and gooey mozzarella sticks served with dipping sauce  
Caesar Salad  
fresh romaine lettuce

Waffles with Sausage  
light and crispy waffles served with a sausage patty  
Syrup  
Tator Tots  
crisp potato rounds baked to perfection

Pasta & Meatballs  
freshly baked meatballs with tomato sauce over pasta  
Roasted Squash



Burrito  
fiesta style meat with sour cream, refried beans, rice, cheddar, lettuce and salsa wrapped in a tortilla

Quesadilla Santa Fe  
chicken, cheddar, roasted peppers and corn over tortilla wrap spread with salsa, folded and grilled

Fiesta Taco Salad  
a crunchy tortilla bowl filled with fiesta style beef, cucumber, tomato, lettuce, and cheddar

Nachos with Cheese  
creamy cheese layered over a bed of nachos

Crispy Tacos  
crispy taco shells filled with taco meat and cheddar cheese

Available Daily: Nachos, Crips and Soft Tacos, Rice with your choice of Mexi Beef, Mexi Chicken, Mexi Veg, Refried Beans, Cheese Sauce, Shredded Cheddar, Shredded Lettuce, Salsa and Fresh Pico De



Chicken Tenders  
crispy chicken tenders perfect for dipping in your favorite sauce

Buffalo Burger  
grilled burger topped with hot sauce and blue cheese with lettuce and tomato on a bun

Chicken Parm Sandwich  
chicken patty topped with melted cheese and tomato sauce on a roll

Grilled Turkey & Bacon Melt  
gooey cheese with layers of turkey and crisp bacon melted between two slices of toasty bread

Grilled Cheese  
melted cheese on golden toasted bread

Available Daily: Hamburgers, Turkey Burgers, Veggie Burgers, Chicken Patties and Spicy Chicken Sandwiches with Assorted Cheeses and Vegetable Toppings



Garden Salad Entree  
fresh garden salad topped with meat

Cobb Salad  
fresh lettuce topped with bacon, baked chicken, shredded cheddar, and chopped egg

Tuna Salad Plate  
garden salad topped with freshly made tuna salad

Garden Salad with Hard Boiled Eggs & Dinner Rolls  
garden salad with tomato, cucumber, carrot, and hard boiled eggs

Grilled Chicken Salad with Dinner Rolls  
grilled chicken breast, lettuce, julienned carrots, sliced tomatoes and cucumbers

Available Daily: Garden Salad w Cheese, Chef Salad, Chicken Caesar Salad, Chicken Caesar Wrap, Buffalo Chicken Wrap, Turkey & Cheese Wrap, Ham & Cheese Wrap, Organic Yogurt Parfaits



Corn & Vegetable Salad  
Fresh Broccoli  
Garbanzo Beans  
Cucumber Coins  
Fresh Apple  
Fresh Orange  
Melon Cup  
Fresh Red Grapes

Red Pepper Strips  
Squash Medley  
Mesclun Spring Mix  
Fresh Baby Carrots  
Fresh Orange  
Melon Cup  
Pineapple  
Fresh Strawberries

Tomato Salad  
Garbanzo Beans  
Cucumber Coins  
Celery  
Fresh Apple  
Fresh Banana  
Fresh Strawberries  
Fresh Red Grapes

Sriracha Garbanzo Beans  
Fresh Broccoli  
Grape Tomatoes  
Red Pepper Strips  
Fresh Apple  
Melon Cup  
Pineapple  
Fresh Strawberries

Mesclun Spring Mix  
Cuppe Tomatoes  
Cucumber Coins  
Fresh Baby Carrots  
Fresh Orange  
Melon Cup  
Pineapple  
Fresh Banana



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# Fairfield High Schools

Welcome to our  
Lunch Cafe

10/30/2017 - 10/31/2017

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**



Love At First Bite Sandwich  
turkey breast and cheese with lettuce and tomato on a roll spread with thousand island dressing

Buffalo Chicken Wrap  
warm chicken marinated in Buffalo sauce wrapped in a tortilla with lettuce and tomato

Available Daily: Assorted Boars Head cold cuts, cheeses and whole grain rich bread, rolls and wraps along with an assortment of vegetable toppings



Santa Margarita Pizza  
whole wheat pizza crust topped with shredded mozzarella, plum tomatoes and tomato sauce

Bacon Pizza  
pizza dough topped with tomato sauce, cheese and crispy bacon

Available Daily: Cheese Pizza, Pepperoni Pizza and Vegetable Pizza all featuring Whole Grain Rich Pizza Dough



Mac & Cheese  
pasta in cheese sauce, garnished with parsley  
Steamed Broccoli

St. Louis BBQ Rib Sandwich\*  
boneless ribs in bbq sauce with cheddar and onion rings on a bun  
Baked potato  
Potato that is baked in the oven with a little oil and salt.



Burrito  
fiesta style meat with sour cream, refried beans, rice, cheddar, lettuce and salsa wrapped in a tortilla

Veggie Bean Quesadilla  
cheesy quesadilla, stuffed with black beans, onions and sauteed peppers

Available Daily: Nachos, Crips and Soft Tacos, Rice with your choice of Mexi Beef, Mexi Chicken, Mexi Veg, Refried Beans, Cheese Sauce, Shredded Cheddar, Shredded Lettuce, Salsa and Fresh Pico De



Chicken Bacon Sandwich  
tender, crispy chicken patty topped with crispy bacon and leaf lettuce

Balsamic Glazed Vegetable Sandwich  
grilled eggplant, zucchini, squash and peppers marinated in balsamic glaze on a roll

Available Daily: Hamburgers, Turkey Burgers, Veggie Burgers, Chicken Patties and Spicy Chicken Sandwiches with Assorted Cheeses and Vegetable Toppings



House Chop Salad with Ham & Dinner Rolls  
ham, tomatoes, and red peppers on a bed of lettuce served with Italian dressing

Spinach Mandarin Salad with Dinner Rolls  
tossed fresh spinach, orange slices, onions and mushrooms, topped with shredded mozzarella

Available Daily: Garden Salad w Cheese, Chef Salad, Chicken Caesar Salad, Chicken Caesar Wrap, Buffalo Chicken Wrap, Turkey & Cheese Wrap, Ham & Cheese Wrap, Organic Yogurt Parfaits



Potato Salad  
Fresh Broccoli  
Garbanzo Beans  
Grape Tomatoes  
Fresh Orange  
Fresh Strawberries  
Fresh Red Grapes

Fresh Baby Carrots  
Celery  
Green Pepper Slices  
Cucumber Coins  
Fresh Apple  
Melon Cup  
Pineapple  
Fresh Red Grapes



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