

Welcome to our Breakfast Cafe @

Fairfield Middle Schools

October 2017


Monday

Tuesday

Wednesday

Thursday

Friday

2 French Toast Tator Tots Fresh Apple Fresh Strawberries Low Fat Milk Skim Milk	3 Egg and Cheese Sandwich Tator Tots Fresh Banana Melon Cup Low Fat Milk Skim Milk	4 Pancakes & Sausage Tator Tots Fresh Apple Pineapple Low Fat Milk Skim Milk	5 Bacon, Egg and Cheese Breakfast Sandwich Tator Tots Fresh Orange Melon Cup Low Fat Milk Skim Milk	6 Waffles with Sausage Tator Tots Fresh Banana Melon Cup Low Fat Milk Skim Milk
9 French Toast Tator Tots Fresh Apple Fresh Strawberries Low Fat Milk Skim Milk	10 Egg and Cheese Sandwich Tator Tots Fresh Banana Melon Cup Low Fat Milk Skim Milk	11 Pancakes & Sausage Tator Tots Fresh Apple Pineapple Low Fat Milk Skim Milk	12 Bacon, Egg and Cheese Breakfast Sandwich Tator Tots Fresh Orange Melon Cup Low Fat Milk Skim Milk	13 Waffles with Sausage Tator Tots Fresh Banana Fresh Strawberries Low Fat Milk Skim Milk
16 French Toast Tator Tots Fresh Apple Fresh Strawberries Low Fat Milk Skim Milk	17 Professional Development Day Early Dismissal	18 Pancakes & Sausage Tator Tots Fresh Apple Pineapple Low Fat Milk Skim Milk	19 Conferences Early Dismissal	20 Waffles with Sausage Tator Tots Fresh Orange Fresh Strawberries Low Fat Milk Skim Milk
23 French Toast Tator Tots Fresh Apple Fresh Strawberries Low Fat Milk Skim Milk	24 Egg and Cheese Sandwich Tator Tots Fresh Banana Melon Cup Low Fat Milk Skim Milk	25 Conferences Early Dismissal	26 Conferences Early Dismissal	27 Waffles with Sausage Tator Tots Fresh Orange Fresh Strawberries Low Fat Milk Skim Milk
30 French Toast Tator Tots Fresh Apple Fresh Strawberries Low Fat Milk Skim Milk	31 Egg and Cheese Sandwich Tator Tots Fresh Banana Melon Cup Low Fat Milk Skim Milk	 <p>FUEL YOUR DAY THE RIGHT WAY. EAT A HEALTHY BREAKFAST!</p>		

SIMPLY ROOTED™ in food and family

All of our products have zero trans-fats, unless they are naturally occurring. We are Simply Rooted™ in food and family and use ingredients that are locally sourced, all natural,

and organic or non-GMO, whenever possible.



Breakfast Prices

Regular: \$1.50

Reduced: \$0.30

All breakfast choices include a variety of fresh, cupped fruit and a choice of low fat or fat free milk selection

Available Daily

Whole Grain Bagels with Low Fat Cream Cheese

Organic Fruit & Yogurt Parfaits

Assorted Whole Grain Muffins: Blueberry, Chocolate Chip, Banana, or Apple Cinnamon