

Welcome to our Lunch Cafe @

Fairfield Elementary Schools

January 2018

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1</p> 	<p>2</p> <p>Chicken Tenders <i>crispy chicken tenders perfect for dipping in your favorite sauce</i> With Whole Wheat Dinner Roll Side of Carrots Green Beans Applesauce 100% Juice Fruit Punch</p>	<p>3</p> <p>French Toast Sticks <i>French toast baked to perfection</i> With Syrup Tator Tots Red Pepper Strips Fresh Banana Fresh Orange</p>	<p>4</p> <p>Diced Chicken With BBQ Sauce Brown Rice Beans Green Pepper Slices 100% Orange Juice Blend Fresh Grapes</p>	<p>5</p> <p>Cheese Pizza 🍕 Or Pepperoni Pizza 🍕 Steamed Broccoli Celery Sticks Strawberry Cup Fresh Apple</p>
Weekly Alternate: Organic Whole Grain New York Pretzel with Ranch Hummus				
<p>8</p> <p>Popcorn Chicken <i>breaded chicken bites baked to perfection</i> With Whole Wheat Dinner Roll Side of Carrots Grape Tomatoes Fresh Orange Applesauce</p>	<p>9</p> <p>Meatball Parmesan Sandwich <i>warm meatballs on a roll, topped with tomato sauce and melted mozzarella cheese</i> 🍕🍕 Garbanzo Beans Red Pepper Strips Pineapple 100% Juice Fruit Punch</p>	<p>10</p> <p>Pancakes <i>fluffy, warm pancakes</i> 🍳 With Syrup Turkey Sausage links Tator Tots Glazed Carrots Fresh Apple Fresh Banana</p>	<p>11</p> <p>Mac & Cheese <i>pasta in cheese sauce, garnished with parsley</i> 🌿🍅 Steamed Broccoli Cucumber Coins 100% Orange Juice Blend Fresh Grapes</p>	<p>12</p> <p>Cheese Pizza 🍕 Or Turkey Bacon Pizza 🍕 Squash Medley Celery Sticks Fresh Banana Fresh Orange</p>
Weekly Alternate: Ham & Cheese Sandwich on Whole Grain Bread				
<p>15</p> 	<p>16</p> <p>Mozzarella Sticks <i>crispy mozzarella sticks filled with gooey cheese, perfect for dipping into your favorite sauce</i> 🍷 Lemon Marinated Carrots Corn Fresh Apple 100% Juice Fruit Punch</p>	<p>17</p> <p>Grilled Cheese <i>melted cheese on golden toasted bread</i> 🍷 Steamed Broccoli Red Pepper Strips Fresh Banana Strawberry Cup</p>	<p>18</p> <p>Beef Hot Dog on Bun <i>juicy beef hot dog on a soft bun</i> Baked Beans Fresh Cucumber Salad Fresh Orange Apple Grape 100% Juice</p>	<p>19</p> <p>Cheese Pizza 🍕 Or Chicken Pizza 🍕 Garden Salad Celery Sticks Fresh Apple Fresh Grapes</p>
Weekly Alternate: Garden Salad with Diced Chicken & Two Whole Grain Dinner Rolls				
<p>22</p> <p>Crispy Chicken Sandwich <i>crispy breaded chicken on a bun</i> Green Beans Fresh Broccoli Applesauce Fresh Orange</p>	<p>23</p> <p>Pasta & Meat Sauce <i>freshly cooked pasta with meat sauce</i> 🍷🍷 Roasted Squash Cucumber Coins Fresh Apple 100% Juice Fruit Punch</p>	<p>24</p> <p>Fruity Granola Parfait <i>Lowfat vanilla yogurt layered with berries and granola</i> 🍓🍓🍓 Baked Potato Wedges Fresh Baby Carrots Fresh Banana Strawberry Cup</p>	<p>25</p> <p>Chicken Quesadilla <i>grilled flour tortilla filled with juicy chicken and melty cheese</i> Mild Salsa Garbanzo Beans Celery Apple Grape 100% Juice Fresh Orange</p>	<p>26</p> <p>Cheese Pizza 🍕 Or Meatball Pizza 🍕 Squash Medley Garden Salad Fresh Grapes Fresh Apple</p>
Weekly Alternate: Boar's Head Turkey & Cheese Sandwich on Whole Grain Bread				
<p>29</p> <p>Chicken Wings <i>breaded chicken wings baked to perfection</i> With Pretzel Steamed Spinach Grape Tomatoes Fresh Apple Sliced Oranges</p>	<p>30</p> <p>Cheeseburger <i>burger topped with cheese on a freshly toasted bun</i> Or Burger Oven Baked Fries Red Pepper Strips Apple Cherry 100% Juice Cinnamon Applesauce</p>	<p>31</p> <p>Stuffed Bread Sticks <i>baked bread sticks filled with melted cheese</i> 🍷 Spaghetti Sauce 🍷 Side of Carrots Cucumber Coins Fresh Banana Blueberries</p>	 <p>We proudly support clean, organic, local and sustainable agriculture.</p>	
Weekly Alternate: Chicken Caesar Salad with Two Whole Grain Dinner Rolls				

SIMPLY ROOTED™ in food and family

All of our entrées are made with lean meats, low-fat cheeses, and whole grain products. This is because we are Simply Rooted™ in food and family and we care about what we serve



to our young customers. Our ingredients are locally sourced, all natural, and organic or non-GMO, whenever possible.



Lunch Prices	
Lunch	\$2.85
Reduced:	\$0.40
Second Lunch	\$5.00
Lunch Includes: Skim Milk, Low Fat Milk, Fat Free Chocolate Milk or Lactose Free Milk, Fresh Seasonal Fruit & Fresh Vegetable Selection	
Organic Milk	\$1.50
A La Carte Milk	\$0.55

All checks must be made payable to: Fairfield Public Schools Lunch

VEGETARIAN MADE WITH ALL NATURAL INGREDIENTS PORK VEGAN MADE WITH ORGANIC INGREDIENTS

Daily Alternate Lunch Available:

Tossed Garden Salad: Romaine Lettuce, Tomato Wedge, Cucumber, Carrot, Low Fat Cheese, and 2 Whole Wheat Dinner Rolls. Served with Low Fat Dressing

Bagel Lunch: Whole Wheat Bagel with Cream Cheese, Low-Fat String Cheese & Organic Low-Fat Yogurt

Available Daily for Teachers: Tossed Garden Salad Bowl or Chicken Caesar Salad Bowl, Boar's Head Ham or Turkey Whole Wheat Wrap, all served with choice of Milk, Fruit and Vegetable selection

If you have any questions or would like additional information, please contact the food service office at 203-255-8370.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subject to change, notice posted when available. This institution is an equal opportunity provider.