Part 1 Find personal benchmarks and record them below.

|  |  |  |
| --- | --- | --- |
| Metric Unit of Measure | Abbreviation for units | Body Part or Other Object equal to metric measurement |
| millimeter |  |  |
| centimeter |  |  |
| decimeter |  |  |
| meter |  |  |

Part 2 Use your personal benchmarks to find objects around the room that measure a millimeter, centimeter, decimeter, and meter. Record below.

|  |  |  |
| --- | --- | --- |
| Metric Unit of Measure | Object Estimated | Actual Measure of Object |
| Millimeter |  |  |
| Centimeter |  |  |
| Decimeter |  |  |
| Meter |  |  |