Attitudes and Behaviors Survey

Instructions: Your answers on this questionnaire will be kept strictly confidential. No one will be able to find out how you or anyone else answered. Your school or program will receive a report that combines many students' answers together. Therefore, no one will be able to connect your answers with your name.

This is not a test you take for grades. You are just being asked to tell about yourself, your experiences, and your feelings. Please be as honest as you can.

Some of the questions in this survey ask about you adults who are now most responsible for raising y live in a one-parent family, answer for that adult.						
Age:		Grade:				<u>~</u>
Race/Ethnicity (Check all that apply): ☐ Black or African American ☐ Native Hawaiian or Other Pacific Islander	☐ Hisp	erican Indian o panic or Latino er (please speci	/Latina	e		
Which of the following best describes your family?		biological pa ☐ Sometime mom and son ☐ I live with stepparent	s I live with m	paren d d one I I and o	ive with my twats ive with one p ive with one b one adoptive pa ive with my gr adult relatives of me	arent irth parent arent andparents or
How important is each of the following to you in y life? Mark one answer for each.	our	Not inportant	Somewhat Important	Not Sure	Quite Important	Extremely Important
7. Helping other people	O					
8. Helping to reduce hunger and poverty in the orld						
9. Helping to make the world a better place in which	to live					
10. Being religious or spiritual						
11. Helping to make sure that I pe ole are treated fa	airly					
12. Getting to know people who at of a different race ethnic group than I am						
13. Speaking up for equality (everyone should have t same rights and opportunities)	he					
14. Giving time or movey to make life better for other	r					
people 15. Doing what believe is right, even if my friends fun of the	make					
16. Standing up for what I believe, even when it's un to do so	popular					
17. Telling the truth, even when it's not easy						
18. Accepting responsibility for my actions when I m mistake or get in trouble	ake a					
19. Doing my best, even when I have to do a job I do	n't like					

About School

20. On an average school day, how much time do you spend doing homework outside of school?	□ None	lf hour or less					
spend doing nonework outside of senoor.	☐ Between a hour	half hour and	an □1 ho	□1 hour			
	□2 hours		□3 ho	ours or more	1		
21. What grades do you earn in school?	☐ Mostly As		□ Ab	out half As an	d h If Bs		
	☐ Mostly Bs		□ Ab	out half I an	a alf Cs		
	☐ Mostly Cs		□ Ab	out half 's and	d half Ds		
	☐ Mostly Ds		□ Md	ly below Ds			
For each of the following, mark one response. How often does one of your parents ?	Very Often	Often	Sometin	Seldom	Never		
22. Help you with your school work							
23. Talk to you about what you are doing in school							
24. Ask you about homework		4					
25. Go to meetings or events at your school	⁻ C						
How much do you agree or disagree with the following? Mark one answer for each.	Agree	Agree	Not Sure	Disagree	Strongly Disagree		
26. At school I try as hard as I can to do my best work							
27. My teachers really care about me							
28. It bothers me when I don't do something well							
29. I get a lot of encouragement at my school							
30. Teachers at school push me to be the best I can							
31. My parents push me to be the best I can be							
Mark one answer for each. 26. At school I try as hard as I can to do my best work 27. My teachers really care about me 28. It bothers me when I don't do something well 29. I get a lot of encouragement at my school 30. Teachers at school push me to be the best I can be 31. My parents push me to be the best I can be	□ None		□ 1 d	ay			
have you missed because your ipped or "ditched"?	□ 2 days		□ 3 d	ays			
	□ 4–5 days		□ 6−3	10 days			
	□ 11 or more	days					
33. During this shool year, have you received special help	□ Yes		□ No				

For each of the following, mark one answer. How often do you ?	Usuall	y	Sometimes		Never
34. Feel bored at school					
35. Come to classes without bringing paper or something to write with					
36. Come to classes without your homework finished					
37. Come to classes without your books					
\boldsymbol{A}	bout You				72
How much do you agree or disagree with the following? Mark one answer for each.	Strongly Agree	Agree	Not Sure	Disag ee	Strongly Disagree
38. On the whole, I like myself					
39. It is against my values to drink alcohol while I am a teenager			21		
40. I like to do exciting things, even if they are dangerous					
41. At times, I think I am no good at all		4			
42. I get along well with my parents		7			
43. All in all, I am glad I am me		A.			
44. I feel I do not have much to be proud of					
45. If I break one of my parents' rules, I usually get punished					
46. My parents give me help and support when I need it					
47. It is against my values to have sex while I am a teenager					
48. In my school there are clear rules about what students can and cannot do					
49. I care about the school I go to					
50. My parents often tell me they love me					
51. In my family, I feel useful and important					
52. Students in my school care about					
53. In my family, there are clear rule about what I can and cannot do					
54. In my neighborhood, there we allot of people who care about me					
55. At my school, every re knows that you'll get in trouble for using alcohol or wher orugs					
56. If one of my highly is saw me do something wrong, he or she would all one of my parents					

During the last 12 months, how many times have you	Never	Once	Twic	e	3–4 Times	5 or More Times
57. Been a leader in a group or organization						
58. Stolen something from a store						
59. Gotten into trouble with the police						
60. Hit or beat up someone						, ₫
61. Damaged property just for fun (such as breaking windows, scratching a car, putting paint on walls, etc.)					_ ^	
During an average week, how many hours do you spend ?	0	1	2	3-5	10)	11 or More
62. Playing on or helping with sports teams at school or in the community						
63. In clubs or organizations other than sports at school (for example, school newspaper, student government, school plays, language clubs, hobby clubs, drama club, debate, etc.)		_		1		0
64. In clubs or organizations other than sports outside of school (such as 4-H, Scouts, Boys and Girls Clubs, YWCA, YMCA, etc.)		- *				
65. Reading just for fun (not part of your school work)			7			
66. Going to programs, groups, or services at a church, synagogue, mosque, or other religious or spiritual place		2				
During an average week, how many hours do you spend? 67. Helping other people without getting paid (such as		1	2	3–5	6–10	11 or More
helping out at a hospital, daycare center, food shelf, youth program, community service agency, or doing other things) to make your city a better place for people to live						
68. Helping friends or neighbors						
69. Practicing or taking lessons in music, art, dram or dance, after school or on weekends						

Think about people who know you well. How do you think they would rate you on each of these? People who know me would say that this is	Not at All Like Me	A Little Like Me	Somewha Like Me	nt Quite Like M	Ie N	ery Iuch ike Me
70. Knowing how to say "no" when someone wants me to	_	_	_	_		
do things I know are wrong or dangerous						
71. Caring about other people's feelings						
72. Thinking through the possible good and bad results of different choices before I make decisions						
73. Saving my money for something special rather than spending it all right away						
74. Respecting the values and beliefs of people who are of a different race or culture than I am						
75. Giving up when things get hard for me					7	
76. Staying away from people who might get me in trouble					•	
77. Feeling really sad when one of my friends is unhappy			- 4			
78. Being good at making and keeping friends				7 -		
79. Knowing a lot about people of other races or ethnic groups						
80. Enjoying being with people who are of a different race or ethnic group than I am		7				
81. Being good at planning ahead			y			
82. Taking good care of my body (such as, eating foods that are good for me, exercising regularly, and eating three good meals a day)	0					
In this section we ask you about alcohol and other drugs. name on this form, so no one will ever be able to tell how			temember, ye	ou are not a	asked to	put your
On how many occasions (if any) have you had more than just a few sips of alcoholic beverages (both, wive, or hard liquor) to drink?		1-2 3-		10–19	20–39	40+
83. In your lifetime						
84. During the past 30 days						
85. Think back over the past two weeks. How many times	□ None			Once		
	☐ Twice			3 to 5 times	S	
how many occasions (if any) have you had more in just a few sips of alcoholic beverages (boch, wine, hard liquor) to drink? In your lifetime During the past 30 days Think back over the past two weeks. How many times be you hadfive or more drinks has row? (A "drink" is a sof wine, a bottle or can or been, a shot glass of liquor, mixed drink.) How frequents have you smoked cigarettes during the	□ 6 to 9 tim	nes		10 or more	times	
		ver smoked a		Not at all		
past 30 days?	cigarette ☐ Less than	1 cigarette p	er day 🛛	1 to 5 cigar	rettes per	day
	☐ About 1/2	2 pack per da	у 🗆	About 1 pa	ck per da	y
	☐ About 1-	1/2 packs per	day 🗖	2 or more p	oacks per	day

87. During the past 30 days have you used marijuana or hashish?	□ Yes				□ No				
88. During the past 30 days have you used prescription drugs not prescribed to you?	□ Yes				□ No				
How wrong do your parents feel it would be for you to	Very W	rong	Wro	ong		ttle Bit rong	Not:	at all	
89. Have one or two drinks of an alcoholic beverage nearly every day]					
90. Smoke tobacco]		^]	
91. Smoke marijuana]			y []	
92. Use prescription drugs not prescribed to you]	\ \Lambda			-	
How wrong do your friends feel it would be for you to	Very W	rong	Wro	ong	1	ttle Bit rong	Not a	at all ong	
93. Have one or two drinks of an alcoholic beverage nearly every day			• •	(C)			[_	
94. Smoke tobacco			1]	
95. Smoke marijuana									
96. Use prescription drugs not prescribed to you		(]]	
How much do you think people risk harming themselves (physically or in other ways) if they? 97. Have five or more drinks of an alcoholic beverage once	NRi	şk	Slight		R	derate Risk □	Great	_	
or twice a week 98. Smoke one or more packs of cigarettes per day				1			Г	_	
99. Smoke marijuana once or twice a week	, –			_		_	_	_	
100. Use prescription drugs that are not prescribe to them			_				_	- 3	
How many times, if any, have you as d cocaine (crack,	0	1	2	3–5	6–9	10–19	20–39	40+	
coke, snow, rock) in your life ime . ?									
101. Number of Times									
During the last 12 months have many times have you	Never		Once	Tw	ice	3–4 Tim		r More 'imes	
102. Been to a party where other kids your age were drinking				[]				
103. Driven a carafter you had been drinking				[
104. Laden in a car whose driver had been drinking				[]				
How many times during the last 30 days, if any, have you sniffed glue, breathed the contents of aerosol spray cans or inhaled other fumes in order to get high?	0	1	2	3–5	6–9	10–19	20–39	40+	
105. Number of Times									

106. In an average week, how many times do all of the people in your family who live with you eat dinner	□ None	e			□ Onc	e a week		
together?	☐ Twic	ce a wee	ek		☐ Thr	ee times a	week	
	□ 4 tin	nes a we	eek		□ 5 ti1	mes a week		
	□ 6 tin	nes a we	eek		□ 7 tii	mes a week	ζ	
107. How often did you feel sad or depressed during the last	t □ All o	of the tin	me		□ Mos	st of the tin	n A	1
month?	□ Som	e of the	time		□ Onc	e in a whil	e	.]
	□ Not	at all)	
108. Have you ever tried to kill yourself?	□ No				□ Yes	once	y	
	□ Yes,	twice			Yes	, more than	n two tin	nes
109. Have you ever had sexual intercourse ("gone all the		- SKIP T	TO QUEST	TION	Onc	ce		
way," "made love")?	#111							
	□ 4 or		mes					
110. When you have sex, how often fo you and/or your partner use a birthcontrol method such as birth control pills, Depo-Provera shot, an implant, ring, patch, male or female condom (rubber), foam, diaphragm, or IUD?	□ New	etimes			□ Seld			
How many times, if any, in the last 12 months have used?		1	2	3–5	6–9	10–19	20–30	40-
111. Chewing tobacco or snuff								
112. Heroin (smack, horse, skag) or other narcon (like opium or morphine)								
How much do you agree or disagree with the following? Mark one answer for each.	Stron Agre		Agree	Not	Sure	Disagree		rongly sagre
113. Sometimes I feel like my life has no purpose				[]			
114. Adults in my town or a ty make me feel important				[]			
115. Adults in my to an or ity Leten to what I have to say				[]			
116. I'm given loss of chances to help make my town or city a better place in which to live	[′] □			[]			
117. Adults in my down or city don't care about people my age				[_			
118. In my town or city, I feel like I matter to people				[
119. When things don't go well for me, I am good at finding a way to make things better	g 🗆			Γ	_			
120. When I am an adult, I'm sure I will have a good life				Γ				

During the last 12 months, how many times have you ?	Nev	er	Once	T	wice	3–4 Tin	nes	5 or Mo Times	
121. Taken part in a fight where a group of your friends fought another group									
122. Hurt someone badly enough to need bandages or a doctor									
123. Used a knife, gun, or other weapon to get something from a person							•		١
	Ye	S	Probably		m not sure	Probab Not	oly	No)
124. If you had an important concern about drugs, alcohol, sex, or some other serious issue, would you talk to your parent(s) about it?						Ó		_	
125. How much of the time do your parents ask you where you are going or with whom you will be?	□ Nev	er	□ Seldom	□ S the t	ome of	☐ Most the time		☐ All of the time	
Among the people you consider to be your closest friends, how many would you say ?	Nor	ıe	A P ew	S	ome	Most		All	
126. Drink alcohol once a week or more			4						
127. Have used drugs such as marijuana or cocaine				,					
128. Do well in school		(7)						
129. Get into trouble at school									
How often do you feel afraid of	Nev	er	Once in a While	Son	netimes	Ofter	1	Alway	/S
130. Walking around your neighborhood	> -								
131. Getting hurt by someone at your school									
132. Getting hurt by someone in your home									
133. On the average, how many everings peoweek do you go out to activities at a school yout group, congregation, or other organization?		1	□ 2	□ 3	4	□ 5		6 □ ′	7
134. On the average, how more evenings per week do you go out just to be with you briends without anything special to do?		1	□ 2	□ 3	□ 4	□ 5		6 □ ′	7
135. Imagine that type at your school hit you or pushed you for no reas n. What would you do? Mark one answer.	☐ I'd h push th right ba	em	☐ I'd try to hurt them worse than they hurt me.	talk pers worl our	d try to to this on and k out	☐ I'd tal to a teac or other adult.	her	☐ I'd just ignore it and do nothing.	į

How much do you agree or disagree with the following? Mark one answer for each.	Strongly Agree	Agree	e Not	Sure D	Disagree	Strongly Disagree
136. Students help decide what goes on in my school						
137. I don't care how I do in school						
138. I have lots of good conversations with my parents						
139. If I break a rule at school, I'm sure to get in trouble						
140. My parents spend a lot of time helping other people						
141. I have little control over the things that will happen in my life						
During the last 12 months, how many times have you ?	Never	Once	T	vice 3-	–4 tirles	5 or more times
142. Carried a knife or gun to protect yourself				" (
143. Threatened to physically hurt someone				4		
144. Gambled (for example, bought lottery tickets or tabs, bet money on sports teams or card games, etc.)		•		M		
The following questions ask about the adults you know. When answering these questions, don't count your parents or relatives.						
How many adults have you known for two or more years who ?				2	3–4	5 or More
145. Give you lots of encouragement whenever they see						
you 146. You look forward to spending time with						
147. Spend a lot of time helping other people						
148. Do things that are wrong or dangerous	y					
149. Talk with you at least once a month						
On an average school day, how many hours do you spend ?	None	Less Than 1 Hour	1 Hour	2 Hours	3 Hours	4 or More Hours
150. Watching TV or videos						
151. Using a computer, cell phote, or other device to email, play games, surf the web. In tan Message, or text with friends						
152. At home with no abult there with you						
153 Have you ever been physically harmed (that is where	□ Never			□ Once		
son seed you to have a scar, black and blue marks, welts, bleeding, or a broken bone) by someone in your	□ 2–3 times	S		□ 4–10 ti	imes	
family of someone living with you?	☐ More tha	n 10 times				
154. How many times in the last 2 years have you been the	□ Never			□ Once		
victim of physical violence where someone caused you	☐ Twice			☐ 3 times	S	
physical pain or injury?	□ 4 or more	e times				

155. Where does your family now live? ☐ On a farm ☐ In the country, not on a farm ☐ On an American Indian \square In a small town (under 2,500 reservation in population) ☐ In a town (2,500 to 9.999) \square In a small city (10,000 to 49,999) ☐ In a large city (over 250 ☐ In a medium size city (50,000 to 250,000) 156. How many years have you lived in the city where you ☐ All my life □ 10 years or now live? lived in \square 5–9 years □ 3years □ 1–2 years han □ Never 157. How often do you binge eat (eat a lot of food in a short nce in a while period of time) and then make yourself throw up or use ☐ Sometimes laxatives to get rid of the food you have eaten? ☐ Yes 158. Have you ever gone several months where you cut down on how much you ate and lost so much weight or became so thin that other people became worried about you? 159. What is the highest level of schooling your father (or grade school or ☐ Some high school stepfather or male foster parent/guardian) completed? ☐ Completed high school ☐ Some college ☐, Completed college ☐ Graduate or professional school after college ☐ Don't know, or does not apply 160. What is the highest level of schooling your mother (or ☐ Completed grade school or ☐ Some high school stepmother or female foster parent/guardian) completed? ☐ Completed high school ☐ Some college ☐ Completed college ☐ Graduate or professional school after college ☐ Don't know, or does not apply

Fairfield CARES --- Supplemental Student Survey Questions, Spring 2019 DRAFT 11.27

30-day use/Lifetime use additional substances

Have you <u>ever</u>	NO, Never	YES, But NOT in the Past 30 Days	YES, In Past 30 Days
vaped an e-cig (JUUL/other device brand)?			
used a vaping device to vape THC oil or marijuana?			

Core measures on e-cigs

core measures on e-cigs				
	No Risk	Slight Risk	Moderate Risk	Great Risk
How much do people your age risk harming themselves physically or in other ways when they use e-cigarettes (vapes, JUULs)?	0			
	Not at all wrong	A little bit wrong	Wrong	Very Wrong
How wrong do your <i>parents</i> feel it would be for you to use e-cigarettes (vapes, JUULs)?				
	Not at all wrong	A little bit wrong	Wrong	Very Wrong
How wrong do your <i>friends</i> feel it would be for you to use e-cigarettes (vapes, JUULs)?				

Access to alcohol

If you have ever drank alcohol (more than a sip), WHERE did you get it?	Never	Sometimes	Often
From my house (with parent permission)			
From my house (without parent permission)			
From a friend's house			
At a party with an adult (21 or older) present who knows underage drinking is taking place?			
At a party with an adult present who does not know underage drinking is taking place?			

At a party without an adult present?							
An older sibling/friend bought it for me							
I bought it myself in Fairfield							
I bought it myself in another town							
☐ I have NEVER drank alcohol.							
If you <u>ever</u> used marijuana, where did you get it?			Never	Someti	me	Often	
A parent or other relative							
A friend/peer gave it to me							
A friend/peer sold it to me							
I bought it from someone in Fairfield			D				
I bought it from someone outside of Fairfield							
☐ I have NEVER used marijuana.							
Other							
How much stress, anxiety or worry do the following give you in your day to day life?	NONE	Low		Some/ Moderate		A lot/ Extreme	
Home life			[
Academics (Homework, Tests, Grades)]				
College/post high school planning]				
Schedule (Athletics, Extra-curricular, Volunteer commitments)			[
Personal safety (bully/teasing, physical violence)			[
Social scene (Social media, going out with friends)]				
Friends (Peers)					1 -		