

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

AVAILABLE DAILY: Assorted Wraps, to include Chicken Caesar, Boars Head Turkey or Ham, Buffalo Chicken Wrap and Vegetarian Wrap

Holiday Recess Schools Closed

AVAILABLE DAILY: Plain and Pepperoni Pizza by the Slice, featuring whole grain pizza dough

Student Lunch Price: \$2.85 for Chef Productions and All other are Deluxe Meals \$3.85

AVAILABLE DAILY: Hamburger, Cheeseburgers, Turkey Burgers & Veggie Burgers served on Whole Wheat Roll

AVAILABLE DAILY: Tossed Garden Salad, Chef Salad and Chicken Caesar Salad Above includes: Choice of Fruit, Choice of Milk and a Whole Wheat Kaser Roll

Holiday Recess School Closed

Student Lunch Prices: \$2.85 Chef Productions and Vegetarian Options daily to include: Veggie Burger, Tossed Garden Salad, and Vegetarian Wrap and all other are Deluxe Meal \$3.85

MEAL PRICE INCLUDES: PROTEIN CHOICE, FRESH VEGETABLE CHOICE, FRESH FRUIT CHOICE, BREAD CHOICE
AT LEAST 2 TYPES OF MILK AVAILABLE DAILY: 1% LOW FAT UNFLAVORED, FAT FREE FLAVORED, FAT FREE UNFLAVORED
AVAILABLE DAILY WITH SALAD LUNCH: PROTEIN CHOICE, WHOLE GRAIN ITEM, FRUIT CHOICE & MILK CHOICE

***Consuming raw or undercooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. ■ If you have a food allergy, please speak to the Director or Lead Server. Menu is subject to change, notice posted when available. If you have any questions or would like additional information regarding this menu, please contact the food service director.

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 Fast and Fresh Wraps to Go  SANDWICHES AND SALADS MADE FRESH DAILY	AVAILABLE DAILY: Assorted Wraps, to include Chicken Caesar, Boars Head Turkey or Ham, Buffalo Chicken Wrap and Vegetarian Wrap				
	Buffalo Chicken Pizza Buffalo chicken strips w/ mozzarella, parmesan, marinara sauce in fresh pizza dough	Pepperoni Pizza Pops garlic pizza dough stuffed with mozzarella cheese, tomato sauce, pepperoni & spices 🍌	Roasted Onion Pizza WW pizza dough topped w/ tomato sauce, cheese & Spanish onions 🍌	Sausage Pizza WW pizza dough topped w/ tomato sauce, cheese & pork sausage	Ham & Cheddar Stromboli Ham & cheddar cheese baked in pizza dough
 Enticing Homestyle Cuisine	Grill Sampler baked nuggets, mozzarella sticks & buffalo style chicken wings Baked Crinkle Fries Corn	Beefy Cheesy Nachos crispy tortilla chips topped w/ Mexi style beef & cheese sauce Mexican Rice	Meatball Parmesan Hero 4 chicken & beef meatballs on a whole wheat club roll, topped with tomato sauce and melted mozzarella cheese Caesar Salad	Pasta w/ Meat Sauce Pasta w/ red meat sauce topped w/ parmesan cheese Garlic Bread Broccoli	WG French Toast Sticks Crispy, golden brown, french toast sticks perfect for dipping or dunking in syrup 🍌 Turkey Sausage Links Hash Browns
 WHERE BURGERS ARE JUST THE BEGINNING	BLT Cheeseburger with lettuce and tomato on a WW bun 🍌	Vegetarian Melt on W.W. Pita grilled W.W. pita w/ American cheese & broccoli 🍌	Grilled Chicken Sandwich Grilled chicken breast topped with lettuce on a club roll 🍌	Ruby's Chicken Cordon Bleu on W.W. grilled chicken breast, ham & Swiss cheese w/ lettuce & pickle chips on a W.W. bun 🍌	Spicy Buffalo Chicken Wrap breaded spicy chicken with celery sticks and lettuce, topped with blue cheese dressing in a tortilla
 SANDWICHES AND SALADS MADE FRESH DAILY	AVAILABLE DAILY: Hamburger, Cheeseburgers, Turkey Burgers & Veggie Burgers served on Whole Wheat Roll AVAILABLE DAILY: Tossed Garden Salad, Chef Salad and Chicken Caesar Salad Above includes: Choice of Fruit, Choice of Milk and a Whole Wheat Kasiel Roll				
	Romaine Salad w/ Tomato Garbanzo Beans Celery Sticks Baby Carrots Fresh Orange Pear	Romaine Salad w/ Tomato Garbanzo Beans Celery Sticks Baby Carrots Fresh Red Grapes Fresh Orange	Romaine Salad w/ Tomato Garbanzo Beans Celery Sticks Baby Carrots Fresh Orange Sliced Peaches	Romaine Salad w/ Tomato Garbanzo Beans Celery Sticks Baby Carrots Banana Fresh Orange Mixed Fruit	Romaine Salad w/ Tomato Garbanzo Beans Celery Sticks Baby Carrots Fresh Orange Pear & Pineapple Cup Fresh Apple
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 AT LEAST 2 TYPES OF MILK AVAILABLE DAILY: 1% LOW FAT UNFLAVORED, FAT FREE FLAVORED, FAT FREE UNFLAVORED
 AVAILABLE DAILY WITH SALAD LUNCH: PROTEIN CHOICE, WHOLE GRAIN ITEM, FRUIT CHOICE & MILK CHOICE

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	AVAILABLE DAILY: Assorted Wraps, to include Chicken Caesar, Boars Head Turkey or Ham, Buffalo Chicken Wrap and Vegetarian Wrap				
	Taco Pizza <i>Mexi style beef, mozzarella, parmesan & pizza sauce on WW dough brushed w/ garlic & oil</i>	White Pizza <i>Fresh WG dough brushed w/ garlic & oil, topped w/ low fat mozzarella & ricotta, baked to perfection V</i>	French Bread Pizza <i>Marinara sauce and mozzarella cheese on a french baguette</i>	Broccoli Pizza <i>W.W. pizza dough topped w/ fresh mozzarella cheese & broccoli florets V</i>	Chicken Caesar Pizza <i>W.W. pizza dough topped w/ grilled chicken & caesar salad</i>
 	Two Cheese Quesadilla <i>w/ american & mozzarella cheeses & salsa V</i> Traditional Beans & Rice Southern Corn	Chicken Sauce & Toss <i>Popcorn chicken tossed in your choice of sauce: bbq, teriyaki or buffalo</i> Sweet Potato Fries	Homemade Baked Ziti <i>ziti baked w/ in marinara sauce w/ melted mozzarella, ricotta & parmesan cheeses V</i> Sautéed Kale	Philly Style Sliders <i>with beef, sautéed onions and cheese on mini hamburger buns</i> Oven Baked Fries	Spicy Chicken Tenders <i>spicy chicken tenders with whole wheat breading</i> Caesar Salad
	Spicy Chicken Sandwich <i>A boldly spiced crispy chicken breast filet with leaf lettuce & ripe tomato on a soft bun</i>	Hot Dog on a Bun <i>Beef hot dog nestled on a soft bun and topped with your choice of condiments</i>	Grilled Cheese & Tomato Sandwich <i>Goosey American cheese with juicy fresh tomato between two slices of grilled WW bread V</i>	Spicy Buffalo Chicken Wrap <i>breaded spicy chicken with celery sticks and lettuce, topped with blue cheese dressing in a tortilla</i>	Spicy Cheddar Burger <i>grilled spicy beef patty topped w/ cheddar cheese w/ lettuce & tomato on a W.W. bun</i>
	AVAILABLE DAILY: Tossed Garden Salad, Chef Salad and Chicken Caesar Salad Above includes: Choice of Fruit, Choice of Milk and a Whole Wheat Kaiser Roll				
	Romaine Salad w/ Tomato Garbanzo Beans Celery Sticks Baby Carrots Fresh Orange Pineapple	Romaine Salad w/ Tomato Garbanzo Beans Celery Sticks Baby Carrots Fresh Apple Fresh Orange	Romaine Salad w/ Tomato Garbanzo Beans Celery Sticks Baby Carrots Fresh Orange Banana	Romaine Salad w/ Tomato Garbanzo Beans Celery Sticks Baby Carrots Fresh Orange Bartlett Pear Fresh Apple	Romaine Salad w/ Tomato Garbanzo Beans Celery Sticks Baby Carrots Fresh Orange Diced Pears
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 AVAILABLE DAILY WITH SALAD LUNCH: PROTEIN CHOICE, WHOLE GRAIN ITEM, FRUIT CHOICE & MILK CHOICE

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Broccoli Cheddar Pizza
 Fresh WG pizza dough topped w/ marinara sauce, mozzarella, cheddar cheese & broccoli florets 🍎

Pizza Bagel
 Fresh WW bagel topped with marinara sauce and mozzarella cheese

Sausage & Pepper Stromboli
 garlic toasted W.G. pizza crust filled w/ sausage, peppers, onions, sauce & melted cheese 🍎

Classic 3 Cheese Pizza
 W.W. pizza topped w/ fresh ricotta, mozzarella & parmesan cheese 🍎

AVAILABLE DAILY: Plain and Pepperoni Pizza by the Slice, featuring whole grain pizza dough



Martin Luther King Jr. Holiday

Schools Closed

Hot Dog on a Bun
 Beef hot dog nestled on a soft bun and topped with your choice of condiments
 Baked Tater Tots

Waffles
 Light and crisp whole grain waffles 🍎 🍎
 Turkey Sausage Links
 Hash Browns

Beef Stir Fry
 w/ onions, carrots, peppers, broccoli, peas & corn
 Yellow Rice
 Steamed Carrots

All Natural Chicken Nuggets
 Pasta w/ Sauce
 Caesar Salad



Smokehouse Chicken Sandwich
 Tender white meat chicken patty topped with bbq sauce on a soft bun

Pizza Burger
 Beef burger topped with pizza sauce, mozzarella cheese & romaine lettuce on a WW bun
 Baked Sweet Potato Fries

Spicy Chicken Sandwich
 A boldly spiced crispy chicken breast filet with leaf lettuce & ripe tomato on a soft bun

Grilled Cheese & Tomato Sandwich
 Goopy American cheese with juicy fresh tomato between two slices of grilled WW bread 🍎
 Sweet Potato Fries

AVAILABLE DAILY: Hamburger, Cheeseburgers, Turkey Burgers & Veggie Burgers served on Whole Wheat Roll



AVAILABLE DAILY: Tossed Garden Salad, Chef Salad and Chicken Caesar Salad Above includes: Choice of Fruit, Choice of Milk and a Whole Wheat Kaiser Roll



Romaine Salad w/ Tomato
 Garbanzo Beans
 Celery Sticks
 Baby Carrots
 Fresh Orange
 Bartlett Pear

Romaine Salad w/ Tomato
 Garbanzo Beans
 Celery Sticks
 Baby Carrots
 Fresh Orange
 Blueberries

Romaine Salad w/ Tomato
 Garbanzo Beans
 Celery Sticks
 Baby Carrots
 Fresh Orange
 Pear & Pineapple Cup

Romaine Salad w/ Tomato
 Garbanzo Beans
 Celery Sticks
 Baby Carrots
 Fresh Orange
 Banana

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	Flatbread Cheese Pizza <i>WW Panini bread topped w/ Grandpa's pizza sauce & mozzarella cheese</i> V	Meat Lovers Pizza Slice <i>white whole wheat pizza crust topped with pizza sauce, melted mozzarella cheese, turkey sausage, mushrooms and pepperoni</i>	Chicken & Cheese Stromboli <i>garlic toasted wh. pizza crust filled w/ chicken, ricotta & melted cheeses</i>	Pepperoni Pizza Pops <i>garlic pizza dough stuffed with mozzarella cheese, tomato sauce, pepperoni & spices</i> P	Calzone Pizza <i>folded W.G. pizza dough filled w/ ricotta cheese & caramelized onions</i> V
	Meatball Dunkers* <i>tender beef & chicken meatballs w/ side of tomato sauce for dunking</i> Shredded Mozzarella Cheese Spinach & Tomato Salad	Mac & Cheese <i>The ultimate comfort food: tender pasta in a creamy cheese sauce</i> V Orange Glazed Carrots Caesar Salad	Baked Potato Taco Stuffed with Chicken <i>Baked Potato Taco Stuffed with Chicken Corn Bread</i> Spinach & Tomato Salad	Two Cheese Quesadilla <i>w/ american & mozzarella cheeses & salsa</i> V Yellow Rice Sautéed Peppers & Black Beans	Chicken Tenders <i>Oven Roasted Potatoes</i> Sautéed Vegetable Medley
	English Cheddar Burger <i>grilled beef burger topped w/ cheddar cheese, sautéed onions, lettuce mix & tomatoes on a W.W. bun</i>	Grilled Mozzarella on Garlic Bread <i>toasted garlic bread sandwich stuffed with mozzarella</i> V Baked Tater Tots	Ruby's Chicken Cordon Bleu on W.W. <i>grilled chicken breast, ham & Swiss cheese w/ lettuce & pickle chips on a W.W. bun</i> P	Buffalo Burger <i>grilled beef burger topped w/ hot sauce & blue cheese w/ lettuce & tomato on a W.W. bun</i>	Spicy Cheddar Burger <i>grilled spicy beef patty topped w/ cheddar cheese w/ lettuce & tomato on a W.W. bun</i>
	AVAILABLE DAILY: Tossed Garden Salad, Chef Salad and Chicken Caesar Salad Above includes: Choice of Fruit, Choice of Milk and a Whole Wheat Kasier Roll				
	Romaine Salad w/ Tomato Baby Carrots Garbanzo Beans Celery Sticks Fresh Red Grapes Fresh Orange	Romaine Salad w/ Tomato Baby Carrots Celery Sticks Garbanzo Beans Banana Fresh Orange	Romaine Salad w/ Tomato Baby Carrots Celery Sticks Garbanzo Beans Pear Fresh Orange	Romaine Salad w/ Tomato Baby Carrots Celery Sticks Garbanzo Beans Fresh Orange Fresh Red Grapes	Romaine Salad w/ Tomato Baby Carrots Celery Sticks Garbanzo Beans Pear Banana Fresh Orange
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