



Welcome to our **SAFARI CAFE** @ Fairfield Elementary Schools

this... **JANUARY 2016**

We Purchase Locally & Offer Gluten Free Foods! If you have a food allergy please speak to the manager, chef, cook or server.

Monday

Tuesday

Wednesday

Thursday

Friday

PRODUCE OF THE MONTH
ORANGES

4 Popcorn Chicken with WW Dinner Roll
Oven Baked Fries
Celery Sticks
Fresh Red Grapes
and 100% Juice Fruit Punch

5 Cheesy Stuffed Breadsticks with Baby Carrots
Sweet Red Pepper Strips
Fresh Apple
and Fresh Orange

6 Waffles and Turkey Sausage with Hash Browns
Broccoli Florets
Baby Carrots
Applesauce and Banana

7 Taco Tacos with Vegetarian Baked Beans
Cucumber Coins
Apple 100% Juice and Banana

8 Cheese Pizza or Chicken Pepperoni Pizza
Broccoli Florets
Veggie Dippers
Fresh Orange
and Fresh Red Grapes

Weekly Alternate: Chicken Caesar Salad w/ Croutons

11 All Natural Chicken Nuggets with Corn and WW Dinner Roll
Cucumber Coins
Fresh Pear
Fresh Apple

12 Mozzarella Sticks with Baked Tater Tots
Corn
Carrot Sticks w/ Ranch Dip
Cucumber Coins
Applesauce and Banana

13 Beef & Chicken Meatballs Over Penne with Carrot Sticks w/ Ranch Dip
Cucumber Coins
Applesauce and Banana

14 Hot Dog on a Bun with Steamed Carrots
Black Beans
Red Delicious Apple
Fresh Orange and Apple 100% Juice

15 Cheese Pizza or Chicken Pepperoni Pizza
Celery Sticks w/ Ranch Dip
Broccoli Florets
Fresh Apple
and Fresh Orange

Weekly Alternate: Boar's Head Turkey Sandwich on a whole wheat wrap

18 Martin Luther King Day

19 Fluffy Pancakes with Hash Browns and Turkey Sausage Links
Baby Carrots
Cucumber Coins
Apple 100% Juice
Banana

20 Macaroni & Cheese with WW Dinner Roll
Sweet Red Pepper Strips
Celery Sticks
Fresh Apple and Fresh Pear

21 Mozzarella Sticks Garbanzo Beans
Cucumber Coins
100% Juice Fruit Punch and Fresh Orange

22 Cheese Pizza or Chicken Pepperoni Pizza with Veggie Dippers
Baby Carrots
Fresh Apple and Banana

Weekly Alternate Meal: Hummus Platter w/ cucumbers, celery, carrots and whole wheat pita bread

25 Mixed Up Chicken with Baked Sweet Potato Fries
Corn
Fresh Apple and Banana

26 Cheesy Stuffed Breadsticks with Baby Carrots
Cucumber Coins
Apple 100% Juice and Banana

27 Fluffy Pancakes with Hash Browns and Turkey Sausage
Sweet Red Pepper Strips
Celery Sticks
Fresh Apple and Fresh Pear

28 Loaded Beef Nachos with Vegetarian Baked Beans
Cucumber Coins
100% Juice Fruit Punch and Fresh Orange

29 Cheese Pizza or Chicken Pepperoni Pizza with Veggie Dippers
Baby Carrots
Fresh Peach and Banana

Weekly Alternate: Chicken Caesar Salad w/ Croutons

Did you know that our menus are healthy, nutritious and flavorful, made from wholesome ingredients? We have very high ingredient standards and strict procedures in place to make sure of it! We also purchase locally when seasonally available. Check us out at www.whitsons.com or scan our QR code to see all that we are doing at your school to keep your kids healthy!



Lunch Prices
Lunch \$2.65
Reduced: .40
Lunch Includes:
Skim Milk, Low Fat Milk, Fat Free Chocolate Milk or Lactose Free Milk
Organic Milk \$1.50
Fresh Seasonal Fruit and Fresh Vegetables Selection
If you have any questions or would like additional information, please contact the food service office at 203-255-8370

Daily Alternate Lunch Available:
Tossed Garden Salad: Romaine Lettuce, Tomato Wedge, Cucumber, Carrot, Low Fat Cheese and Whole Wheat Bread. Served with Low Fat Dressing
Bagel Lunch: Whole Wheat bagel with Cream Cheese, Low Fat Cheese and All Natural Low Fat Yogurt
Available Daily For Teachers:
Tossed garden Salad Bowl or Chicken Caesar Salad Bowl
Boar's Head Ham or Turkey Whole Wheat Wrap
All Lunches Served with Choice of Milk, Fruit and Vegetable Selection



*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subject to change, notice posted when available. The USDA and this institution are both equal opportunity providers and employers.