| Welcome<br>to our<br>Monday  | BREAKFAS<br>We Purchase Locally<br>the manager, ches, en<br>TUESCICY   | AFE W  | l Middle Schools<br>16 you have a food allergy pl<br><b>Thursday</b>  | this<br>JAN 2016<br>ease speak to<br>Friday   |
|--|--|--|---|---|
| 4<br>Chocolate Chip Muffin &<br>Blueberry Muffin &<br>Build Your Own Yogurt Parfait<br>French Toast Sticks &<br>Hash Browns<br>Turkey Sausage Links<br>Fresh Orange<br>Fresh Apple   | 5<br>Chocolate Chip Muffin &<br>Blueberry Muffin &<br>Build Your Own Yogurt Parfait<br>Waffles &<br>Hash Browns<br>Turkey Sausage Links<br>Fresh Apple<br>Banana   | 6<br>Chocolate Chip Muffin<br>Blueberry Muffin<br>Build Your Own Yogurt Parfait<br>Turkey Sausage, Egg & Cheese<br>on a Bun<br>Hash Browns<br>Fresh Orange<br>Banana               | 7<br>Chocolate Chip Muffin<br>Blueberry Muffin<br>Build Your Own Yogurt Parfait<br>Sausage, Egg & Cheese<br>Burrito*<br>Hash Browns<br>Fresh Orange<br>Fresh Apple  | New Year's<br>Day<br>Bueberry Muffin<br>Bueberry Muffin<br>Build Your Own Yogurt Parfait<br>French Toast Sticks<br>Hash Browns<br>Turkey Sausage Links<br>Fresh Apple<br>Banana |
| Chocolate Chip Muffin<br>Blueberry Muffin<br>Blueberry Muffin<br>French Toast Sticks<br>Hash Browns<br>Turkey Sausage Links<br>Fresh Orange<br>Fresh Apple   | Chocolate Chip Muffin<br>Blueberry Muffin<br>Build Your Vogurt Parfait<br>Waffles<br>Hash Browns<br>Turkey Sausage Links<br>Fresh Apple<br>Banana                  | Banana<br>Blueberry Muffin V<br>Chocolate Chip Muffin V<br>Build Your Own Yogurt Parfait<br>Varkey Sausage, Egg & Cheese<br>on a Bun<br>Hash Browns<br>Fresh Orange<br>Banana      | Apple<br>It<br>Chocolate Chip Muffin<br>Blueberry Muffin<br>Build Your Own Yogurt Parfait<br>Brunch 4 Lunch: Sausage, Egg<br>& Cheese Sandwich<br>Hash Browns<br>Fresh Orange<br>Fresh Apple              | Banana<br>Blueberry Muffin<br>Chocolate Chip Muffin<br>Build Your Own Yogurt Parfait<br>French Toast Sticks<br>Hash Browns<br>Turkey Sausage Links<br>Fresh Apple<br>Banana     |
| 18<br>Martin Luther<br>King Day  | 19<br>Chocolate Chip Muffin &<br>Blueberry Muffin &<br>Build Your Own Yogurt Parfait<br>Waffles &<br>Hash Browns<br>Turkey Sausage Links<br>Fresh Orange<br>Banana | 20<br>Blueberry Muffin O<br>Chocolate Chip Muffin O<br>Build Your Own Yogurt Parfait<br>Brunch 4 Lunch: Sausage, Egg<br>& Cheese Sandwich<br>Hash Browns<br>Fresh Orange<br>Banana | 21<br>Blueberry Muffin V Chocolate Chip Muffin V Build Your Own Yogurt Parfait<br>Brunch 4 Lunch: Sausage, Egg<br>& Cheese Sandwich<br>Hash Browns<br>Fresh Orange<br>Fresh Apple                         | 22<br>Chocolate Chip Muffin<br>Blueberry Muffin<br>Build Your Own Yogurt Parfait<br>French Toast Sticks<br>Hash Browns<br>Turkey Sausage Links<br>Fresh Apple<br>Banana         |
| 25<br>Chocolate Chip Muffin &<br>Blueberry Muffin &<br>Build Your Own Yogurt Parfait<br>French Toast Sticks &<br>Turkey Sausage Links<br>Hash Browns<br>Fresh Orange<br>Fresh Apple  | 26<br>Blueberry Muffin V<br>Chocolate Chip Muffin V<br>Build Your Own Yogurt Parfait<br>Waffles V<br>Hash Browns<br>Turkey Sausage Links<br>Fresh Orange<br>Banana | 27<br>Blueberry Muffin & Chocolate Chip Muffin & Build Your Own Yogurt Parfait<br>Brunch 4 Lunch: Sausage, Egg<br>& Cheese Sandwich<br>Hash Browns<br>Fresh Apple<br>Banana        | 28<br>Blueberry Muffin & Chocolate Chip Muffin & Build Your Own Yogurt Parfait<br>Brunch 4 Lunch: Sausage, Egg<br>& Cheese Sandwich<br>Hash Browns<br>Fresh Orange<br>Fresh Apple                         | 29<br>Blueberry Muffin V<br>Chocolate Chip Muffin V<br>Build Your Own Yogurt Parfait<br>French Toast Sticks V<br>Hash Browns<br>Fresh Orange<br>Fresh Apple                     |
| Did you know that our menus are healthy, nutritious<br>and flavorful, made from wholesome ingredients? We have<br>very high ingredient standards and strict procedures in<br>place to make sure of it. We also purchase locally when<br>seasonally available. Check out our website<br>uww.Whitsons.com or scan our QR code<br>to see all that we are doing at your<br>school to keep you healthy. |  | teke time for<br>SCHOOL<br>BREAKFAST   | Breakfast Prices<br>\$1.50 Full Price<br>\$.30 Reduced Price<br>All breakfast choices include a variety of fresh<br>fruit<br>and a choice of low-fat or fat free milk.<br>Stop and enjoy a hot breakfast! |   |

\*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subject to change, notice posted when available. The USDA and this institution are both equal opportunity providers and employers.