



Welcome to our

BREAKFAST @ Fairfield High Schools

this... **FEBRUARY 2016**

We Purchase Locally & Offer Gluten Free Foods! If you have a food allergy please speak to the manager, chef, cook or server.

Monday

Tuesday

Wednesday

Thursday

Friday

1
Chocolate Chip Muffin
or Blueberry Muffin
or Build Your Own Yogurt Parfait
French Toast Sticks
Hash Browns
Turkey Sausage Links
Fresh Orange
Fresh Apple

2
Chocolate Chip Muffin
Blueberry Muffin
Build Your Own Yogurt Parfait
Waffles
Hash Browns
Turkey Sausage Links
Fresh Apple
Banana

3
Chocolate Chip Muffin
Blueberry Muffin
Build Your Own Yogurt Parfait
Turkey Sausage, Egg & Cheese on a Bun
Fluffy Pancakes
Turkey Sausage Links
Hash Browns
Fresh Orange
Banana

4
Chocolate Chip Muffin
Blueberry Muffin
Build Your Own Yogurt Parfait
Sausage, Egg & Cheese Burrito*
Hash Browns
Fresh Orange
Fresh Apple

5
Chocolate Chip Muffin
Blueberry Muffin
Build Your Own Yogurt Parfait
French Toast Sticks
Hash Browns
Turkey Sausage Links
Fresh Apple
Banana

8
Chocolate Chip Muffin
Blueberry Muffin
Build Your Own Yogurt Parfait
French Toast Sticks
Hash Browns
Turkey Sausage Links
Fresh Orange
Fresh Apple

9
Chocolate Chip Muffin
Blueberry Muffin
Build Your Own Yogurt Parfait
Waffles
Hash Browns
Turkey Sausage Links
Fresh Apple
Banana

10
Blueberry Muffin
Chocolate Chip Muffin
Build Your Own Yogurt Parfait
Turkey Sausage, Egg & Cheese on a Bun
French Toast Sticks
Turkey Sausage Links
Hash Browns
Fresh Orange
Banana

11
Chocolate Chip Muffin
Blueberry Muffin
Build Your Own Yogurt Parfait
Sausage, Egg & Cheese Burrito*
Turkey Sausage Links
Hash Browns
Fresh Orange
Fresh Apple

12
No School

15
President's Day

16
Chocolate Chip Muffin
Blueberry Muffin
Build Your Own Yogurt Parfait
Waffles
Hash Browns
Turkey Sausage Links
Fresh Orange
Banana

17
Blueberry Muffin
Chocolate Chip Muffin
Build Your Own Yogurt Parfait
Turkey Sausage, Egg & Cheese on a Bun
Fluffy Pancakes
Hash Browns
Turkey Sausage Links
Fresh Orange
Banana

18
Blueberry Muffin
Chocolate Chip Muffin
Build Your Own Yogurt Parfait
Sausage, Egg & Cheese Burrito*
Hash Browns
Turkey Sausage Links
Fresh Orange
Fresh Apple

19
Chocolate Chip Muffin
Blueberry Muffin
Build Your Own Yogurt Parfait
French Toast Sticks
Hash Browns
Turkey Sausage Links
Fresh Apple
Banana

22
Chocolate Chip Muffin
Blueberry Muffin
Build Your Own Yogurt Parfait
French Toast Sticks
Hash Browns
Turkey Sausage Links
Fresh Orange
Fresh Apple

23
Chocolate Chip Muffin
Blueberry Muffin
Build Your Own Yogurt Parfait
Waffles
Hash Browns
Turkey Sausage Links
Fresh Orange
Banana

24
Blueberry Muffin
Chocolate Chip Muffin
Build Your Own Yogurt Parfait
Turkey Sausage, Egg & Cheese on a Bun
French Toast Sticks
Hash Browns
Turkey Sausage Links
Fresh Apple
Banana

25
Blueberry Muffin
Chocolate Chip Muffin
Build Your Own Yogurt Parfait
Sausage, Egg & Cheese Burrito*
Hash Browns
Turkey Sausage Links
Fresh Orange
Fresh Apple

26
Chocolate Chip Muffin
Blueberry Muffin
Build Your Own Yogurt Parfait
French Toast Sticks
Hash Browns
Turkey Sausage Links
Fresh Apple
Banana

29
Chocolate Chip Muffin
Blueberry Muffin
Build Your Own Yogurt Parfait
French Toast Sticks
Hash Browns
Turkey Sausage Links
Fresh Orange
Banana

Did you know that our menus are healthy, nutritious and flavorful, made from wholesome ingredients? We have very high ingredient standards and strict procedures in place to make sure of it! We also purchase locally when seasonally available. Check out our website www.whitsons.com or scan our QR code to see all that we are doing at your school to keep you healthy!



take time for
**SCHOOL
BREAKFAST**



Breakfast Prices
\$1.50 Full Price
\$.30 Reduced Price

All breakfast choices include a variety of fresh fruit and a choice of low-fat or fat free milk.

Stop and enjoy a hot breakfast!



*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subject to change, notice posted when available. The USDA and this institution are both equal opportunity providers and employers.