

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

 Fast and Fresh Wraps to Go	Turkey Ranch Wrap <i>Boar's Head turkey breast with lettuce, tomato and ranch on a whole wheat wrap</i>	Tuna Salad Wrap* <i>fresh chunky tuna salad with field greens and tomatoes served in a whole wheat wrap</i>	Ham & Cheese Sushi Roll <i>thinly sliced ham and American cheese rolled up sushi style in whole wheat bread</i>	Grilled Veggie Wrap <i>grilled red and green peppers, low fat mozzarella, onions and tomatoes served on a whole wheat wrap</i>	Chicken Delight Wrap <i>crispy chicken and cheese with lettuce, tomato and ranch dressing wrapped in a tortilla</i>
 ITALIAN BISTRO	Beef & Cheese Stromboli <i>garlic toasted whole grain pizza crust filled with beef, mozzarella and marinara sauce</i>	Broccoli Cheddar Pizza <i>fresh whole grain pizza dough topped with marinara sauce, mozzarella, cheddar cheese and broccoli florets</i>	Chicken Pepperoni Pizza Pops <i>garlic pizza dough stuffed with mozzarella cheese, tomato sauce, chicken pepperoni and spices</i>	Chicken Fajita Pizza <i>cheesy pizza slice topped with fajita chicken, onions and peppers</i>	Grilled Vegetable Pizza <i>grilled pizza topped with zucchini, squash, eggplant, scallions and mozzarella</i>
 enticing Homestyle Cuisine	Pasta with Meat Sauce* <i>whole grain penne pasta topped with meat sauce</i> Spinach Salad	Mac & Cheese Chicken Fajita <i>creamy macaroni and cheese tossed with sauteed peppers and onions, fajita chicken and diced tomatoes</i>	Mozzarella Sticks with Homemade Marinara Sauce Baked Tater Tots Spinach & Tomato Salad	Quesadilla Pizzadilla <i>mozzarella cheese, chicken pepperoni and salsa on tortilla wrap spread with pizza sauce, folded and grilled</i> Yellow Rice Black Beans	Pancakes with Turkey Sausage <i>light and fluffy whole grain pancakes served with turkey sausage</i> Hash Browns Steamed Broccoli
 WHERE BURGERS ARE JUST THE BEGINNING	Spicy Chicken Sandwich <i>a boldly spiced crispy chicken breast filet with leaf lettuce and ripe tomato on a soft bun</i> Baked Tater Tots	Grilled Mozzarella on Garlic Bread <i>toasted garlic bread sandwich stuffed with mozzarella</i> Baked Tater Tots	Hot Dog on a Bun <i>beef hot dog nestled on a soft bun and topped with your choice of condiments</i>	Spicy Chicken Sandwich <i>a boldly spiced crispy chicken breast filet with leaf lettuce and ripe tomato on a soft bun</i>	Bacon Cheeseburger <i>beef burger patty topped with crispy bacon strips on a whole wheat bun</i>
 SANDWICHES AND SALADS MADE FRESH DAILY	Turkey Garden Salad <i>turkey breast over mixed greens with lettuce, tomatoes, cucumbers, carrots and radishes with a whole wheat roll</i>	Antipasto Salad with 2 Dinner Rolls <i>salami, provolone, swiss cheese, garbanzo beans and fire roasted peppers over garden salad</i>	Tossed Salad with Shredded Cheese & 2 Dinner Roll <i>mixed greens with tomatoes, cucumbers, carrot sticks, radishes, shredded cheddar and a dinner roll</i>	Spinach Salad with Dinner Roll <i>with eggs, mushrooms and red onions served with a dinner roll</i>	Greek Salad with Dinner Roll <i>romaine lettuce, red onion, tomatoes, cucumbers, feta cheese and black olives</i>
 Southwestern cuisine with a bite	Cheese Enchilada <i>crispy cheese tortilla baked with chili sauce and cheddar, topped with pico de gallo and sour cream</i>	Chicken & Cheese Quesadilla <i>fiesta style chicken with melted American cheese pressed inside a whole wheat tortilla</i>	Beefy Burrito <i>fiesta style beef with sour cream, refried beans, rice, cheddar, lettuce and salsa wrapped in a tortilla</i>	Pico & Cheese Nachos <i>crispy tortilla chips served with cheese sauce and fresh pico de gallo</i>	Chicken Taco Salad <i>a crispy tortilla bowl topped with lettuce, beans, chicken, jalapenos, pico de gallo, cheddar and sour cream</i>
	Romaine Salad w/ Tomato Sriracha Garbanzo Beans Baby Carrots Garbanzo Beans Sliced Cucumber Fresh Orange Empire Apple	Romaine Lettuce Celery Sticks Baby Carrots Garbanzo Beans Sliced Cucumber Fresh Orange Banana	Romaine Lettuce Celery Sticks Baby Carrots Garbanzo Beans Cucumber Slices Fresh Pear Fresh Orange	Romaine Lettuce Celery Sticks Baby Carrots Garbanzo Beans Sliced Cucumber Fresh Orange Empire Apple	Romaine Lettuce Celery Sticks Baby Carrots Garbanzo Beans Sliced Cucumber Fresh Pear

MEAL PRICE INCLUDES: PROTEIN CHOICE, FRESH VEGETABLE CHOICE, FRESH FRUIT CHOICE, BREAD CHOICE
 AT LEAST 2 TYPES OF MILK AVAILABLE DAILY: 1% LOW FAT UNFLAVORED, FAT FREE FLAVORED, FAT FREE UNFLAVORED
 AVAILABLE DAILY WITH SALAD LUNCH: PROTEIN CHOICE, WHOLE GRAIN ITEM, FRUIT CHOICE & MILK CHOICE

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	<p>Vegetarian Melt Pita <i>grilled whole wheat pita with American cheese and broccoli</i> </p>	<p>Chicken Caesar Wrap <i>Caesar salad with crispy chicken in a wrap</i></p>	<p>Tuna & American Cheese Wrap <i>tuna salad with American cheese, lettuce and tomato on a whole wheat wrap</i></p>	<p>Turkey Melt <i>thinly sliced turkey breast and melted American cheese on toasty bread</i></p>	<p>No School</p>
<p>AVAILABLE DAILY: Ham, Turkey and Buffalo Chicken Whole Wheat Wraps</p>					
	<p>Spinach Pizza <i>fresh whole grain pizza dough topped with marinara sauce, fresh spinach and mozzarella cheese</i> </p>	<p>Broccoli & Cheese Stromboli <i>garlic toasted whole grain pizza crust filled with broccoli and mozzarella</i> </p>	<p>Pepperoni & Cheese Stromboli <i>garlic toasted whole grain pizza crust filled with pepperoni, melted mozzarella cheese and marinara sauce</i> </p>	<p>Mushroom Pizza <i>fresh whole grain pizza crust topped with marinara sauce, mozzarella, parmesan and mushrooms</i> </p>	
<p>AVAILABLE DAILY: Plain and Pepperoni Whole Grain Pizza by the Slice</p>					
	<p>Pasta with Meat Sauce <i>pasta with red meat sauce topped with parmesan cheese</i></p>	<p>Mozzarella Sticks with Homemade Marinara Sauce </p>	<p>Burger Bar <i>all beef burger with choice of toppings: caramelized onions, mushrooms, peppers, bacon and cheese on a whole wheat bun</i> </p>	<p>Chicken & Squash Pasta Marinara <i>whole grain spaghetti with marinara sauce, topped with squash, zucchini and grilled chicken</i></p>	
	<p>Veggie Burrito <i>fiesta style veggies with rice, pico de gallo, beans, cheese and lettuce wrapped in a tortilla</i> </p>	<p>Chicken & Cheese Quesadilla <i>fiesta style chicken with melted American cheese pressed inside a whole wheat tortilla</i></p>	<p>Grande Chicken & Cheese Quesadilla <i>fiesta chicken, shredded cheese and pico de gallo melted into a tortilla</i></p>	<p>Fiesta Taco Salad <i>a crunchy tortilla bowl filled with Mexi beef, cucumber, tomato, lettuce, cheddar and pico de gallo</i></p>	
<p>AVAILABLE DAILY: Hamburger, Cheeseburgers, Turkey Burgers & Veggie Burgers served on Whole Wheat Roll</p>					
	<p>Grilled Ham & Bacon Melt <i>gooey American cheese with layers of ham and crisp bacon melted between two slices of toasty bread</i> </p>	<p>Pizza Burger <i>beef burger topped with pizza sauce, mozzarella cheese and romaine lettuce on a whole wheat bun</i></p>	<p>Chicken Nugget & Mozzarella Stick Combo <i>everyone's two favorite foods on one plate! Crispy chicken nuggets and gooey mozzarella</i></p>	<p>Hot Dog on a Bun <i>beef hot dog nestled on a soft bun and topped with your choice of condiments</i></p>	
<p>AVAILABLE DAILY: Garden Salad, Chef Salad & Chicken Caesar Salad served with Twin Whole Wheat Dinner Rolls & Low Fat dipping Dressing.</p>					
	<p>Turkey Garden Salad <i>turkey breast over mixed greens with lettuce, tomatoes, cucumbers, carrots and radishes with a whole wheat roll</i></p>	<p>Antipasto Salad with 2 Dinner Rolls <i>salami, provolone, swiss cheese, garbanzo beans and fire roasted peppers over garden salad</i></p>	<p>Tossed Salad with Shredded Cheese & 2 Dinner Roll <i>mixed greens with tomatoes, cucumbers, carrot sticks, radishes, shredded cheddar and a dressing</i> </p>	<p>Spinach Salad with Dinner Roll <i>with eggs, mushrooms and red onions served with a dinner roll</i> </p>	
<p>AVAILABLE DAILY: Crunchy or Soft Tacos and Nacho Chips. Toppings include: Salsa, Sour Cream, Lettuce and Cheddar Cheese Sauce</p>					
	<p>Romaine Salad w/ Tomato Baby Carrots Celery Sticks Deli Style Coleslaw Fresh Apple</p>	<p>Romaine Salad w/ Tomato Baby Carrots Celery Sticks Garbanzo Beans Deli Style Coleslaw Potato Salad Fresh Orange Fresh Apple</p>	<p>Romaine Salad w/ Tomato Baby Carrots Celery Sticks Garbanzo Beans Deli Style Coleslaw Potato Salad Fresh Orange Fresh Apple</p>	<p>Romaine Salad w/ Tomato Baby Carrots Celery Sticks Garbanzo Beans Deli Style Coleslaw Potato Salad Fresh Orange Fresh Apple Baby Carrots</p>	<p>Protein Choices: Boars Head Turkey or Ham, Hard Boiled Egg or Cheese</p>

MEAL PRICE INCLUDES: PROTEIN CHOICE, FRESH VEGETABLE CHOICE, FRESH FRUIT CHOICE, BREAD CHOICE
 AT LEAST 2 TYPES OF MILK AVAILABLE DAILY: 1% LOW FAT UNFLAVORED, FAT FREE FLAVORED, FAT FREE UNFLAVORED
 AVAILABLE DAILY WITH SALAD LUNCH: PROTEIN CHOICE, WHOLE GRAIN ITEM, FRUIT CHOICE & MILK CHOICE

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	<p>PRESIDENT'S DAY</p>	<p>Tuna Salad Wrap* <i>fresh chunky tuna salad with field greens and tomatoes served in a whole wheat wrap</i></p>	<p>Ham & Cheese Wrap <i>ham and American cheese with mixed greens and tomato on a whole wheat wrap</i></p>	<p>Grilled Veggie Wrap <i>grilled red and green peppers, low fat mozzarella, onions and tomatoes served on a whole wheat wrap</i></p>	<p>Chicken Delight Wrap <i>crispy chicken and cheese with lettuce, tomato and ranch dressing wrapped in a tortilla</i></p>
<p>AVAILABLE DAILY: Ham, Turkey and Buffalo Chicken Whole</p>					
		<p>Broccoli Cheddar Pizza <i>fresh whole grain pizza dough topped with marinara sauce, mozzarella, cheddar cheese and broccoli florets</i></p>	<p>Wheat Wraps Chicken Pepperoni Pizza Pops <i>garlic pizza dough stuffed with mozzarella cheese, tomato sauce, chicken pepperoni and spices</i></p>	<p>Chicken Fajita Pizza <i>whole wheat cheese pizza topped with fajita chicken, peppers, onions and salsa</i></p>	<p>Grilled Vegetable Pizza <i>grilled pizza topped with zucchini, squash, eggplant, scallions and mozzarella</i></p>
<p>AVAILABLE DAILY: Plain and Pepperoni Whole Grain Pizza by the Slice</p>					
		<p>Mexi Macaroni & Cheese <i>tender pasta with beef, jalapeño, pepper jack cheese and tomatoes in a creamy cheese sauce</i></p>	<p>Chicken Fajita Stir Fry Over Pasta <i>fajita chicken tossed with vegetables served over whole grain spaghetti</i></p>	<p>Cheesy Stuffed Breadsticks <i>gooey mozzarella cheese filled whole wheat sticks great for dunking in your favorite sauce</i></p>	<p>BBQ Rotisserie Chicken <i>tender rotisserie chicken marinated in bbq sauce</i> Sauteed Kale</p>
		<p>Grilled Mozzarella on Garlic Bread <i>toasted garlic bread sandwich stuffed with mozzarella</i></p>	<p>Hot Dog on a Bun <i>beef hot dog nestled on a soft bun and topped with your choice of condiments</i></p>	<p>Spicy Chicken Sandwich <i>a boldly spiced crispy chicken breast filet with leaf lettuce and ripe tomato on a soft bun</i></p>	<p>Bacon Cheeseburger <i>beef burger patty topped with crispy bacon strips on a whole wheat bun</i></p>
<p>AVAILABLE DAILY: Hamburger, Cheeseburgers, Turkey Burgers & Veggie Burgers served on Whole Wheat Roll</p>					
		<p>Antipasto Salad with 2 Dinner Rolls <i>salami, provolone, swiss cheese, garbanzo beans and fire roasted peppers over garden salad</i></p>	<p>Tossed Salad with Shredded Cheese & 2 Dinner Roll <i>mixed greens with tomatoes, cucumbers, carrot sticks, radishes, shredded cheddar and a</i></p>	<p>Spinach Salad with 2 Dinner Rolls <i>spinach with egg, bacon, mushroom and red onion served with two dinner rolls</i></p>	<p>Greek Salad with Dinner Roll <i>romaine lettuce, red onion, tomatoes, cucumbers, feta cheese and black olives</i></p>
<p>AVAILABLE DAILY: Garden Salad, Chef Salad & Chicken Caesar Salad served with Twin Whole Wheat Dinner Rolls & Low Fat Dressing</p>					
		<p>Chicken & Cheese Quesadilla <i>fiesta style chicken with melted American cheese pressed inside a whole wheat tortilla</i></p>	<p>Beef Burrito <i>fiesta beef with shredded cheddar and tossed greens wrapped inside a whole wheat tortilla</i></p>	<p>Pico & Cheese Nachos <i>crispy tortilla chips served with cheese sauce and fresh pico de gallo</i></p>	<p>Chicken Taco Salad <i>a crispy tortilla bowl topped with lettuce, beans, chicken, jalapenos, pico de gallo, cheddar and sour cream</i></p>
<p>AVAILABLE DAILY: Crunchy or Soft Tacos and Nacho Chips. Toppings include: Salsa, Sour Cream, Lettuce and Cheddar Cheese Sauce</p>					
		<p>Romaine Lettuce Celery Sticks Baby Carrots Garbanzo Beans Sliced Cucumber Empire Apple Fresh Orange</p>	<p>Romaine Lettuce Baby Carrots Garbanzo Beans Sliced Cucumber Empire Apple Banana</p>	<p>Romaine Lettuce Celery Sticks Baby Carrots Garbanzo Beans Sliced Cucumber Fresh Orange Bartlett Pear</p>	<p>Romaine Lettuce Celery Sticks Baby Carrots Garbanzo Beans Sliced Cucumber Fresh Orange Fresh Apple</p>
<p>Protein Choices: Boars Head Turkey or Ham, Hard Boiled Egg or Cheese</p>					

MEAL PRICE INCLUDES: PROTEIN CHOICE, FRESH VEGETABLE CHOICE, FRESH FRUIT CHOICE, BREAD CHOICE
 AT LEAST 2 TYPES OF MILK AVAILABLE DAILY: 1% LOW FAT UNFLAVORED, FAT FREE FLAVORED, FAT FREE UNFLAVORED
 AVAILABLE DAILY WITH SALAD LUNCH: PROTEIN CHOICE, WHOLE GRAIN ITEM, FRUIT CHOICE & MILK CHOICE

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	<p>Turkey Ranch Wrap Boar's Head turkey breast with lettuce, tomato and ranch on a whole wheat wrap</p>	<p>Tuna Salad Wrap* fresh chunky tuna salad with field greens and tomatoes served in a whole wheat wrap</p>	<p>Ham & Cheese Sushi Roll thinly sliced ham and American cheese rolled up sushi style in whole wheat bread </p>	<p>Grilled Veggie Wrap grilled red and green peppers, low fat mozzarella, onions and tomatoes served on a whole wheat wrap </p>	<p>Chicken Delight Wrap crispy chicken and cheese with lettuce, tomato and ranch dressing wrapped in a tortilla</p>
<p>AVAILABLE DAILY: Ham, Turkey and Buffalo Chicken Whole Wheat Wraps</p>					
	<p>Beef & Cheese Stromboli garlic toasted whole grain pizza crust filled with beef, mozzarella and marinara sauce</p>	<p>Broccoli Cheddar Pizza fresh whole grain pizza dough topped with marinara sauce, mozzarella, cheddar cheese and broccoli florets </p>	<p>Chicken Pepperoni Pizza Pops garlic pizza dough stuffed with mozzarella cheese, tomato sauce, chicken pepperoni and spices</p>	<p>Chicken Fajita Pizza cheesy pizza slice topped with fajita chicken, onions and peppers</p>	<p>Meatball Calzone garlic toasted whole grain calzone filled with meatballs, ricotta and melted cheeses</p>
<p>AVAILABLE DAILY: Plain and Pepperoni Whole Grain Pizza by the Slice</p>					
	<p>Baked Buffalo Chicken tender pieces of baked chicken marinated in spicy buffalo sauce Baby Carrots & Celery Baked Tater Tots</p>	<p>Hamburger all beef patty on a whole wheat hamburger bun</p>	<p>Pasta with Meat Sauce* whole grain penne pasta topped with meat sauce</p>	<p>General Tso's Popcorn Chicken popcorn chicken tossed in a General Tso's sauce</p>	<p>French Toast Sticks & Turkey Sausage whole grain French toast sticks, served with turkey sausage Hash Browns</p>
	<p>Spicy Chicken Sandwich a boldly spiced crispy chicken breast filet with leaf lettuce and ripe tomato on a soft bun</p>	<p>Grilled Mozzarella on Garlic Bread toasted garlic bread sandwich stuffed with mozzarella </p>	<p>Hot Dog on a Bun beef hot dog nestled on a soft bun and topped with your choice of condiments</p>	<p>Spicy Chicken Sandwich a boldly spiced crispy chicken breast filet with leaf lettuce and ripe tomato on a soft bun</p>	<p>Russian Melt grilled chicken breast topped with American cheese and thousand island dressing, on a toasted kaiser roll</p>
<p>AVAILABLE DAILY: Hamburger, Cheeseburgers, Turkey Burgers & Veggie Burgers served on Whole Wheat Roll</p>					
	<p>Turkey Garden Salad turkey breast over mixed greens with lettuce, tomatoes, cucumbers, carrots and radishes with a whole wheat roll</p>	<p>Antipasto Salad with 2 Dinner Rolls salami, provolone, swiss cheese, garbanzo beans and fire roasted peppers over garden salad</p>	<p>Tossed Salad with Shredded Cheese & 2 Dinner Roll mixed greens with tomatoes, cucumbers, carrot sticks, radishes, shredded cheddar and a dressing </p>	<p>Spinach Salad with 2 Dinner Rolls spinach with egg, bacon, mushroom and red onion served with two dinner rolls </p>	<p>Greek Salad with Pita Chips classic Greek salad of lettuce, tomato, cucumbers, onions, olives and feta cheese served with pita chips </p>
<p>AVAILABLE DAILY: Garden Salad, Chef Salad & Chicken Caesar Salad served with Twin Whole Wheat Dinner Rolls & Low Fat Dressing</p>					
	<p>Cheese Enchilada crispy cheese tortilla baked with chili sauce and cheddar, topped with pico de gallo and sour cream </p>	<p>Chicken & Cheese Quesadilla fiesta style chicken with melted cheddar cheese pressed inside a whole wheat tortilla</p>	<p>Beefy Burrito fiesta style beef with sour cream, refried beans, rice, cheddar, lettuce and salsa wrapped in a tortilla</p>	<p>Pico & Cheese Nachos crispy tortilla chips served with cheese sauce and fresh pico de gallo </p>	<p>Chicken Taco Salad a crispy tortilla bowl topped with lettuce, beans, chicken, jalapenos, pico de gallo, cheddar and sour cream</p>
<p>AVAILABLE DAILY: Crunchy or Soft Tacos and Nacho Chips. Toppings include: Salsa, Sour Cream, Lettuce and Cheddar Cheese Sauce</p>					
	<p>Romaine Lettuce Celery Sticks Baby Carrots Garbanzo Beans Sliced Cucumber Banana Empire Apple</p>	<p>Romaine Lettuce Celery Sticks Baby Carrots Garbanzo Beans Sliced Cucumber Fresh Apple Fresh Orange</p>	<p>Romaine Lettuce Celery Sticks Baby Carrots Garbanzo Beans Sliced Cucumber Fresh Apple Banana</p>	<p>Romaine Lettuce Celery Sticks Baby Carrots Garbanzo Beans Sliced Cucumber Fresh Orange Fresh Apple</p>	<p>Romaine Lettuce Celery Sticks Baby Carrots Garbanzo Beans Sliced Cucumber Banana Fresh Orange</p>
<p>Protein Choices: Boars Head Turkey or Ham, Hard Boiled Egg or Cheese</p>					

MEAL PRICE INCLUDES: PROTEIN CHOICE, FRESH VEGETABLE CHOICE, FRESH FRUIT CHOICE, BREAD CHOICE
AT LEAST 2 TYPES OF MILK AVAILABLE DAILY: 1% LOW FAT UNFLAVORED, FAT FREE FLAVORED, FAT FREE UNFLAVORED
AVAILABLE DAILY WITH SALAD LUNCH: PROTEIN CHOICE, WHOLE GRAIN ITEM, FRUIT CHOICE & MILK CHOICE

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	<p>Turkey Ranch Wrap <i>Boar's Head turkey breast with lettuce, tomato and ranch on a whole wheat wrap</i></p>				
		<p>AVAILABLE DAILY: Ham, Turkey and Buffalo Chicken Whole Wheat Wraps</p>			
	<p>Beef & Cheese Stromboli <i>garlic toasted whole grain pizza crust filled with beef, mozzarella and marinara sauce</i></p>				
		<p>AVAILABLE DAILY: Plain and Pepperoni Whole Grain Pizza by the Slice</p>			
	<p>Buffalo Style Baked Chicken Tenders <i>crispy chicken tenders perfect for dunking in our buffalo sauce and served with carrot and celery sticks</i> <i>Broccoli Florets</i></p>				
	<p>Jumpin Jack Turkey Burger Wrap <i>turkey burger topped with salsa and cheddar cheese wrapped in a tortilla</i></p>				
		<p>AVAILABLE DAILY: Hamburger, Cheeseburgers, Turkey Burgers & Veggie Burgers served on Whole Wheat Roll</p>			
	<p>Turkey Garden Salad <i>turkey breast over mixed greens with lettuce, tomatoes, cucumbers, carrots and radishes with a whole wheat roll</i></p>				
		<p>AVAILABLE DAILY: Garden Salad, Chef Salad & Chicken Caesar Salad served with Twin Whole Wheat Dinner Rolls & Low Fat Dressing</p>			
	<p>Cheese Enchilada <i>crispy cheese tortilla baked with chili sauce and cheddar, topped with pico de gallo and sour cream</i> </p>				
		<p>AVAILABLE DAILY: Crunchy or Soft Tacos and Nacho Chips. Toppings include: Salsa, Sour Cream, Lettuce and Cheddar Cheese Sauce</p>			
	<p>Romaine Lettuce Celery Sticks Baby Carrots Garbanzo Beans Fresh Orange Empire Apple</p>				
		<p>Protein Choices: Boars Head Turkey or Ham, Hard Boiled Egg or Cheese</p>			

MEAL PRICE INCLUDES: PROTEIN CHOICE, FRESH VEGETABLE CHOICE, FRESH FRUIT CHOICE, BREAD CHOICE
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AVAILABLE DAILY WITH SALAD LUNCH: PROTEIN CHOICE, WHOLE GRAIN ITEM, FRUIT CHOICE & MILK CHOICE

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