



Welcome to our

# BREAKFAST @ CAFE

Fairfield Middle Schools

this...

# APRIL 2016

We Purchase Locally & Offer Gluten Free Foods! If you have a food allergy please speak to the manager, chef, cook or server.

## Monday

## Tuesday

## Wednesday

## Thursday

## Friday



- 4
- Chocolate Chip Muffin (V) (R)
  - Blueberry Muffin (V) (R)
  - Build Your Own Yogurt Parfait (V) (R)
  - Egg & Cheese on a Bagel
  - French Toast Sticks (V)
  - Turkey Sausage Links
  - Hash Browns
  - Banana
  - Fresh Orange

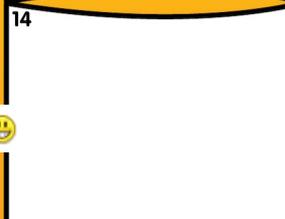
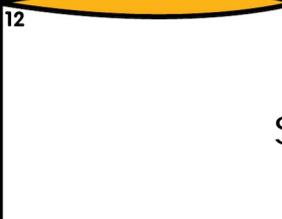
- 5
- Chocolate Chip Muffin (V) (R)
  - Blueberry Muffin (V) (R)
  - Build Your Own Yogurt Parfait (V) (R)
  - Egg & Cheese on a Bagel
  - Waffles (V) (R)
  - Hash Browns
  - Turkey Sausage Links
  - Empire Apple
  - Banana

- 6
- Chocolate Chip Muffin (V) (R)
  - Blueberry Muffin (V) (R)
  - Build Your Own Yogurt Parfait (V) (R)
  - Turkey Sausage, Egg & Cheese on a Bun
  - Fluffy Pancakes (V) (R)
  - Hash Browns
  - Fresh Apple
  - Banana

- 7
- Chocolate Chip Muffin (V) (R)
  - Blueberry Muffin (V) (R)
  - Build Your Own Yogurt Parfait (V) (R)
  - Egg & Cheese on a Bagel
  - Sausage, Egg & Cheese Burrito\* (F)
  - Hash Browns
  - Fresh Orange
  - Banana

- 1
- Chocolate Chip Muffin (V) (R)
  - Blueberry Muffin (V) (R)
  - Build Your Own Yogurt Parfait (V) (R)
  - Egg & Cheese on a Bagel
  - French Toast Sticks (V)
  - Turkey Sausage Links
  - Hash Browns
  - Empire Apple
  - Banana

- 8
- Chocolate Chip Muffin (V) (R)
  - Blueberry Muffin (V) (R)
  - Build Your Own Yogurt Parfait (V) (R)
  - Egg & Cheese on a Bagel
  - French Toast Sticks (V)
  - Hash Browns
  - Turkey Sausage Links
  - Banana
  - Fresh Apple



- 18
- Blueberry Muffin (V) (R)
  - Chocolate Chip Muffin (V) (R)
  - Build Your Own Yogurt Parfait (V) (R)
  - Egg & Cheese on a Bagel
  - French Toast Sticks (V)
  - Turkey Sausage Links
  - Hash Browns
  - Banana
  - Fresh Orange

- 19
- Blueberry Muffin (V) (R)
  - Chocolate Chip Muffin (V) (R)
  - Build Your Own Yogurt Parfait (V) (R)
  - Egg & Cheese on a Bagel
  - Waffles (V) (R)
  - Hash Browns
  - Turkey Sausage Links
  - Banana
  - Fresh Orange

- 20
- Blueberry Muffin (V) (R)
  - Chocolate Chip Muffin (V) (R)
  - Build Your Own Yogurt Parfait (V) (R)
  - Turkey Sausage, Egg & Cheese on a Bun
  - Fluffy Pancakes (V) (R)
  - Turkey Sausage Links
  - Hash Browns
  - Banana
  - Fresh Apple

- 21
- Blueberry Muffin (V) (R)
  - Chocolate Chip Muffin (V) (R)
  - Build Your Own Yogurt Parfait (V) (R)
  - Egg & Cheese on a Bagel
  - Sausage, Egg & Cheese Burrito\* (F)
  - Hash Browns
  - Fresh Orange
  - Fresh Apple

- 22
- Blueberry Muffin (V) (R)
  - Chocolate Chip Muffin (V) (R)
  - Build Your Own Yogurt Parfait (V) (R)
  - Egg & Cheese on a Bagel
  - French Toast Sticks (V)
  - Hash Browns
  - Empire Apple
  - Turkey Sausage Links
  - Banana
  - Fresh Orange

- 25
- Blueberry Muffin (V) (R)
  - Chocolate Chip Muffin (V) (R)
  - Build Your Own Yogurt Parfait (V) (R)
  - Egg & Cheese on a Bagel
  - French Toast Sticks (V)
  - Turkey Sausage Links
  - Hash Browns
  - Banana
  - Fresh Orange

- 26
- Blueberry Muffin (V) (R)
  - Chocolate Chip Muffin (V) (R)
  - Build Your Own Yogurt Parfait (V) (R)
  - Egg & Cheese on a Bagel
  - Waffles (V) (R)
  - Hash Browns
  - Turkey Sausage Links
  - Hash Browns
  - Banana
  - Fresh Orange

- 27
- Blueberry Muffin (V) (R)
  - Chocolate Chip Muffin (V) (R)
  - Build Your Own Yogurt Parfait (V) (R)
  - Egg & Cheese on a Bagel
  - French Toast Sticks (V)
  - Turkey Sausage Links
  - Hash Browns
  - Banana
  - Fresh Orange

- 28
- Blueberry Muffin (V) (R)
  - Chocolate Chip Muffin (V) (R)
  - Build Your Own Yogurt Parfait (V) (R)
  - Egg & Cheese on a Bagel
  - Sausage, Egg & Cheese Burrito\* (F)
  - Hash Browns
  - Banana
  - Fresh Orange

- 29
- Blueberry Muffin (V) (R)
  - Chocolate Chip Muffin (V) (R)
  - Build Your Own Yogurt Parfait (V) (R)
  - Egg & Cheese on a Bagel
  - Fluffy Pancakes (V) (R)
  - Turkey Sausage Links
  - Hash Browns
  - Banana
  - Fresh Orange

Did you know that our menus are healthy, nutritious and flavorful, made from wholesome ingredients? We have very high ingredient standards and strict procedures in place to make sure of it! We also purchase locally when seasonally available. Check out our website [www.whitsons.com](http://www.whitsons.com) or scan our QR code to see all that we are doing at your school to keep you healthy!



WHITSONS



\*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subject to change, notice posted when available. The USDA and this institution are both equal opportunity providers and employers.

Stop and enjoy a hot breakfast!