

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

 GREAT AMERICAN SANDWICH CO. LIBERATE YOUR TASTE BUDS			Tuna Salad in a Pita Pocket tuna salad stuffed inside a pita 🍎	Turkey Melt thinly sliced turkey breast and melted American cheese on toasty bread	Chicken Salad on Club Roll chicken salad, made with only white meat, on a whole wheat club roll 🍎
 La Cucina ITALIAN BISTRO			Pepperoni Calzone whole grain calzone with pepperoni and ricotta cheese V	Buffalo Chicken Pizza buffalo chicken strips with mozzarella, parmesan, marinara sauce on fresh pizza dough	Three Cheese Calzone whole grain calzone with mozzarella, parmesan and ricotta cheese V
 CHEF PRODUCTIONS Enticing Homestyle Cuisine			Burger Bar all beef burger with choice of toppings: caramelized onions, mushrooms, peppers, bacon and cheese on a whole wheat bun 🍎	Chicken Fajita Stir Fry Over Pasta fajita chicken tossed with vegetables served over whole grain spaghetti	Waffles with Turkey Sausage light and crisp whole grain waffles served with a sausage patty
 Coyote Grill Southwestern cuisine with a bite			Grande Chicken & Cheese Quesadilla fiesta chicken, shredded cheese and pico de gallo melted into a tortilla	Fiesta Taco Salad fiesta style beef, lettuce and tomatoes served on a whole wheat tortilla bowl	Cheesy Quesadilla melted cheddar cheese and pico de gallo inside a grilled, folded tortilla V
 MISS RUBY'S GRILL WHERE BURGERS ARE JUST THE BEGINNING			Mushroom & Cheese Burger a juicy beef patty topped with american cheese, sautéed mushrooms, lettuce and tomatoes on a bun	Hot Dog on a Bun beef hot dog nestled on a soft bun and topped with your choice of condiments	Spicy Chicken Sandwich a boldly spiced crispy chicken breast filet with leaf lettuce and ripe tomato on a soft bun
 FRESH FRUIT EXPRESS SANDWICHES AND SALADS MADE FRESH DAILY			Tossed Salad with Shredded Cheese & 2 Dinner Roll mixed greens with tomatoes, cucumbers, carrot sticks, radishes, shredded cheddar and a 🍎	Spinach Salad with Dinner Roll with eggs, mushrooms and red onions served with a dinner roll V	Greek Salad with Dinner Roll romaine lettuce, red onion, tomatoes, cucumbers, feta cheese and black olives
 Healthy Harvest			Romaine Salad w/ Tomato Baby Carrots Celery Sticks Garbanzo Beans Deli Style Coleslaw Potato Salad Red Delicious Apple Fresh Orange	Romaine Salad w/ Tomato Baby Carrots Celery Sticks Garbanzo Beans Deli Style Coleslaw Potato Salad Fresh Red Grapes Pear	Romaine Salad w/ Tomato Baby Carrots Celery Sticks Garbanzo Beans Potato Salad Deli Style Coleslaw Red Delicious Apple Fresh Orange

AVAILABLE DAILY: Boar's Head Turkey, Buffalo Chicken and Ham, American, Swiss or Provolone Cheese, Lettuce, tomato, peppers, onions, olives and pickles

AVAILABLE DAILY: Plain and Pepperoni Whole Grain Pizza by the Slice

AVAILABLE DAILY: Crunchy or Soft Tacos and Nacho Chips. Toppings include: Salsa, Sour Cream, Lettuce and Cheddar Cheese Sauce

AVAILABLE DAILY: Hamburger, Cheeseburgers, Turkey Burgers & Veggie Burgers served on Whole Wheat Roll

AVAILABLE DAILY: Garden Salad, Chef Salad & Chicken Caesar Salad served with Twin Whole Wheat Dinner Rolls & Low Fat Dressing

MEAL PRICE INCLUDES: PROTEIN CHOICE, FRESH VEGETABLE CHOICE, FRESH FRUIT CHOICE, BREAD CHOICE
AT LEAST 2 TYPES OF MILK AVAILABLE DAILY: 1% LOW FAT UNFLAVORED, FAT FREE FLAVORED, FAT FREE UNFLAVORED
AVAILABLE DAILY WITH SALAD LUNCH: PROTEIN CHOICE, WHOLE GRAIN ITEM, FRUIT CHOICE & MILK CHOICE

***Consuming raw or undercooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. ■ If you have a food allergy, please speak to the Director or Lead Server. Menu is subject to change, notice posted when available. If you have any questions or would like additional information regarding this menu, please contact the food service director.

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	BBQ Turkey Wrap <i>Boar's Head turkey breast, bbq sauce, lettuce and tomato on a whole wheat Wrap</i>	Caesar Chicken Wrap <i>caesar chicken, crisp romaine lettuce and parmesan cheese wrapped in a whole wheat tortilla, drizzled with caesar dressing</i>	Tuna Salad in a Pita Pocket <i>tuna salad stuffed inside a pita 🍎</i>	Turkey Melt <i>thinly sliced turkey breast and melted American cheese on toasty bread</i>	Chicken Salad on Club Roll <i>chicken salad, made with only white meat, on a whole wheat club roll 🍎</i>
AVAILABLE DAILY: Boar's Head Turkey, Buffalo Chicken and Ham, American, Swiss or Provolone Cheese, Lettuce, tomato, peppers, onions, olives and pickles					
	Bacon Pizza <i>whole wheat pizza dough topped with tomato sauce, cheese and crispy bacon 🍎</i>	Broccoli & Cheese Stromboli <i>garlic toasted whole grain pizza crust filled with broccoli and mozzarella 🍎</i>	Pepperoni Calzone <i>whole grain calzone with pepperoni and ricotta cheese 🍎</i>	Buffalo Chicken Pizza <i>buffalo chicken strips with mozzarella, parmesan, marinara sauce on fresh pizza dough</i>	Three Cheese Calzone <i>whole grian calzone with mozzarella, parmesan and ricotta cheese 🍎</i>
AVAILABLE DAILY: Plain and Pepperoni Whole Grain Pizza by the Slice					
	Beef & Chicken Meatballs over Pasta <i>beef and chicken meatballs with tomato sauce over a bed of penne pasta 🍎</i>	Buffalo Style Popcorn Chicken	Famous Chili Cheese Fries <i>golden baked potato wedges topped with chili and cheese</i>	Meatloaf with Gravy <i>savory beef meatloaf with a hearty brown gravy Mashed Potatoes</i>	Waffles & Sausage <i>light and crisp whole grain waffles served with a sausage patty 🍎</i>
	Chicken Burrito <i>fiesta chicken with black beans, rice, cheddar and lettuce, wrapped in a tortilla</i>	Beefy Cheesy Nachos <i>crispy tortilla chips topped fiesta style beef and cheese sauce</i>	Grande Chicken & Cheese Quesadilla <i>fiesta chicken, shredded cheese and pico de gallo melted into a tortilla</i>	Fiesta Taco Salad <i>fiesta style beef, lettuce and tomatoes served on a whole wheat tortilla bowl</i>	Cheesy Quesadilla <i>melted cheddar cheese and pico de gallo inside a grilled, folded tortilla 🍎</i>
AVAILABLE DAILY: Crunchy or Soft Tacos and Nacho Chips. Toppings include: Salsa, Sour Cream, Lettuce and Cheddar Cheese Sauce					
	Grilled Cheese Sandwich <i>mely American cheese sandwiched between two slices of grilled whole wheat bread</i>	Pizza Burger <i>beef burger topped with pizza sauce, mozzarella cheese and romaine lettuce on a whole wheat bun</i>	Mozzarella Sticks with Homemade Marinara Sauce 🍎	Hot Dog on a Bun <i>beef hot dog nestled on a soft bun and topped with your choice of condiments</i>	Spicy Chicken Sandwich <i>a boldly spiced crispy chicken breast filet with leaf lettuce and ripe tomato on a soft bun</i>
AVAILABLE DAILY: Hamburger, Cheeseburgers, Turkey Burgers & Veggie Burgers served on Whole Wheat Roll					
	Turkey Garden Salad <i>turkey breast over mixed greens with lettuce, tomatoes, cucumbers, carrots and radishes with a whole wheat roll</i>	Antipasto Salad with 2 Dinner Rolls <i>salami, provolone, swiss cheese, garbanzo beans and fire roasted peppers over garden salad</i>	Tossed Salad with Shredded Cheese & 2 Dinner Roll <i>mixed greens with tomatoes, cucumbers, carrot sticks, radishes, shredded cheddar and a dinner roll 🍎</i>	Spinach Salad with Dinner Roll <i>with eggs, mushrooms and red onions served with a dinner roll 🍎</i>	Greek Salad with Dinner Roll <i>romaine lettuce, red onion, tomatoes, cucumbers, feta cheese and black olives</i>
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