

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

 <p>Available Daily: Boar's Head Turkey, Buffalo Chicken and Ham, American, Swiss or Provolone, Pepperjack Cheese / lettuce, tomato, peppers, onions, olives and pickles</p>				<p>Turkey Melt <i>thinly sliced turkey breast and melted American cheese on toasty bread</i></p>	<p>Chicken Salad on Club Roll <i>chicken salad, made with only white meat, on a whole wheat club roll</i></p>
 <p>Available Daily: Plain and Pepperoni Whole Grain Pizza by the Slice</p>				<p>Buffalo Chicken Pizza <i>buffalo chicken strips with mozzarella, parmesan, marinara sauce on fresh pizza dough</i></p>	<p>Three Cheese Calzone <i>whole grian calzone with mozzarella, parmesan and ricotta cheese</i></p>
				<p>Texas Rib Sandwich <i>boneless BBQ rib meat slathered in tangy barbecue sauce and served on a soft bun</i></p>	<p>Waffles with Turkey Sausage <i>light and crisp whole grain waffles served with a sausage patty</i></p>
 <p>Available Daily: Crunchy or Soft Tacos and Nachos Chips, Toppings Include: Salsa, Sor Cream, Lettuce and Cheddar Cheese Shredded or Sauce</p>				<p>Fiesta Taco Salad <i>fiesta style beef, lettuce and tomatoes served on a whole wheat tortilla bowl</i></p>	<p>Cheesy Quesadilla <i>melted cheddar cheese and pico de gallo inside a grilled, folded tortilla</i></p>
 <p>Available Daily: Hamburger, Cheeseburgers, Turkey Burgers & Veggie Burgers served on whole wheat Roll</p>				<p>Hot Dog on a Bun <i>beef hot dog nestled on a soft bun and topped with your choice of condiments</i></p>	<p>Spicy Chicken Sandwich <i>a boldly spiced crispy chicken breast filet with leaf lettuce and ripe tomato on a soft bun</i></p>
 <p>Available Daily: Garden Salad, Chef Salad & Chicken Salad served with twin whole wheat dinner rolls & low fat dressing</p>				<p>Spinach Salad with Dinner Roll <i>with eggs, mushrooms and red onions served with a dinner roll</i></p>	<p>Greek Salad with Dinner Roll <i>romaine lettuce, red onion, tomatoes, cucumbers, feta cheese and black olives</i></p>
				<p>Romaine Salad w/ Tomato <i>Baby Carrots Celery Sticks Garbanzo Beans Potato Salad Deli Style Coleslaw Fresh Orange Red Delicious Apple</i></p>	<p>Romaine Salad w/ Tomato <i>Baby Carrots Celery Sticks Garbanzo Beans Potato Salad Deli Style Coleslaw Fresh Orange Red Delicious Apple</i></p>

MEAL PRICE INCLUDES: PROTEIN CHOICE, FRESH VEGETABLE CHOICE, FRESH FRUIT CHOICE, BREAD CHOICE
 AT LEAST 2 TYPES OF MILK AVAILABLE DAILY: 1% LOW FAT UNFLAVORED, FAT FREE FLAVORED, FAT FREE UNFLAVORED
 AVAILABLE DAILY WITH SALAD LUNCH: PROTEIN CHOICE, WHOLE GRAIN ITEM, FRUIT CHOICE & MILK CHOICE

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		<p>Caesar Chicken Wrap <i>caesar chicken, crisp romaine lettuce and parmesan cheese wrapped in a whole wheat tortilla, drizzled with caesar dressing</i></p>	<p>Tuna Salad in a Pita Pocket <i>tuna salad stuffed inside a pita</i> 🍅</p>	<p>Turkey Melt <i>thinly sliced turkey breast and melted American cheese on toasty bread</i></p>	<p>Chicken Salad on Club Roll <i>chicken salad, made with only white meat, on a whole wheat club roll</i> 🍅</p>
<p>Available Daily: Boar's Head Turkey, Buffalo Chicken and Ham, American, Swiss or Provolone, Pepperjack Cheese / lettuce, tomato, peppers, onions, olives and pickles</p>					
		<p>Broccoli & Cheese Stromboli <i>garlic toasted whole grain pizza crust filled with broccoli and mozzarella</i> 🍃</p>	<p>Pepperoni Calzone <i>whole grain calzone with pepperoni and ricotta cheese</i> 🍷</p>	<p>Buffalo Chicken Pizza <i>buffalo chicken strips with mozzarella, parmesan, marinara sauce on fresh pizza dough</i></p>	<p>Three Cheese Calzone <i>whole grian calzone with mozzarella, parmesan and ricotta cheese</i> 🍃</p>
<p>Available Daily: Plain and Pepperoni Whole Grain Pizza by the Slice</p>					
		<p>Mozzarella Sticks with Homemade Marinara Sauce 🍃</p>	<p>Burger Bar <i>all beef burger with choice of toppings: caramelized onions, mushrooms, peppers, bacon and cheese on a whole wheat bun</i> 🍅</p>	<p>Chicken Fajita Stir Fry Over Pasta <i>fajita chicken tossed with vegetables served over whole grain spaghetti</i></p>	<p>Waffles with Turkey Sausage <i>light and crisp whole grain waffles served with a sausage patty</i></p>
		<p>Beefy Cheesy Nachos <i>crispy tortilla chips topped fiesta style beef and cheese sauce</i></p>	<p>Grande Chicken & Cheese Quesadilla <i>fiesta chicken, shredded cheese and pico de gallo melted into a tortilla</i></p>	<p>Fiesta Taco Salad <i>fiesta style beef, lettuce and tomatoes served on a whole wheat tortilla bowl</i></p>	<p>Cheesy Quesadilla <i>melted cheddar cheese and pico de gallo inside a grilled, folded tortilla</i> 🍃</p>
<p>Available Daily: Crunchy or Soft Tacos and Nachos Chips, Toppings include: Salsa, Sor Cream, Lettuce and Cheddar Cheese Shredded or Sauce</p>					
		<p>Pizza Burger <i>beef burger topped with pizza sauce, mozzarella cheese and romaine lettuce on a whole wheat bun</i></p>	<p>Chicken Nugget & Mozzarella Stick Combo <i>everyone's two favorite foods on one plate! Crispy chicken nuggets and gooey mozzarella sticks served with dipping sauce</i></p>	<p>Hot Dog on a Bun <i>beef hot dog nestled on a soft bun and topped with your choice of condiments</i></p>	<p>Spicy Chicken Sandwich <i>a boldly spiced crispy chicken breast filet with leaf lettuce and ripe tomato on a soft bun</i></p>
<p>Available Daily: Hamburger, Cheeseburgers, Turkey Burgers & Veggie Burgers served on whole wheat Roll</p>					
		<p>Antipasto Salad with 2 Dinner Rolls <i>salami, provolone, swiss cheese, garbanzo beans and fire roasted peppers over garden salad</i></p>	<p>Tossed Salad with Shredded Cheese & 2 Dinner Roll <i>mixed greens with tomatoes, cucumbers, carrot sticks, radishes, shredded cheddar and a dinner roll</i> 🍃</p>	<p>Spinach Salad with Dinner Roll <i>with eggs, mushrooms and red onions served with a dinner roll</i> 🍃</p>	<p>Greek Salad with Dinner Roll <i>romaine lettuce, red onion, tomatoes, cucumbers, feta cheese and black olives</i></p>
<p>Available Daily: Garden Salad, Chef Salad & Chicken Salad served with twin whole wheat dinner rolls & low fat dressing</p>					
		<p>Romaine Salad w/ Tomato Baby Carrots Celery Sticks Garbanzo Beans Deli Style Coleslaw Potato Salad Fresh Orange Red Delicious Apple</p>	<p>Romaine Salad w/ Tomato Baby Carrots Celery Sticks Garbanzo Beans Deli Style Coleslaw Potato Salad Red Delicious Apple Fresh Orange</p>	<p>Romaine Salad w/ Tomato Baby Carrots Celery Sticks Garbanzo Beans Deli Style Coleslaw Potato Salad Fresh Red Grapes Pear</p>	<p>Romaine Salad w/ Tomato Baby Carrots Celery Sticks Garbanzo Beans Potato Salad Deli Style Coleslaw Red Delicious Apple Fresh Orange</p>

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 AVAILABLE DAILY WITH SALAD LUNCH: PROTEIN CHOICE, WHOLE GRAIN ITEM, FRUIT CHOICE & MILK CHOICE

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	<p>BBO Turkey Wrap <i>Boar's Head turkey breast, bbq sauce, lettuce and tomato on a whole wheat Wrap</i></p>	<p>Caesar Chicken Wrap <i>caesar chicken, crisp romaine lettuce and parmesan cheese wrapped in a whole wheat tortilla, drizzled with caesar dressing</i></p>	<p>Tuna Salad in a Pita Pocket <i>tuna salad stuffed inside a pita</i></p>	<p>Turkey Melt <i>thinly sliced turkey breast and melted American cheese on toasty bread</i></p>	<p>Chicken Salad on Club Roll <i>chicken salad, made with only white meat, on a whole wheat club roll</i></p>
<p>Available Daily: Boar's Head Turkey, Buffalo Chicken and Ham, American, Swiss or Provolone, Pepperjack Cheese / lettuce, tomato, peppers, onions, olives and pickles</p>					
	<p>Bacon Pizza <i>whole wheat pizza dough topped with tomato sauce, cheese and crispy bacon</i></p>	<p>Broccoli & Cheese Stromboli <i>garlic toasted whole grain pizza crust filled with broccoli and mozzarella</i></p>	<p>Pepperoni Calzone <i>whole grain calzone with pepperoni and ricotta cheese</i></p>	<p>Buffalo Chicken Pizza <i>buffalo chicken strips with mozzarella, parmesan, marinara sauce on fresh pizza dough</i></p>	<p>Three Cheese Calzone <i>whole grian calzone with mozzarella, parmesan and ricotta cheese</i></p>
<p>Available Daily: Plain and Pepperoni Whole Grain Pizza by the Slice</p>					
	<p>Beef & Chicken Meatballs over Pasta <i>beef and chicken meatballs with tomato sauce over a bed of penne pasta</i></p>	<p>Buffalo Style Popcorn Chicken</p>	<p>Famous Chili Cheese Fries <i>golden baked potato wedges topped with chili and cheese</i></p>	<p>Meatloaf with Gravy <i>savory beef meatloaf with a hearty brown gravy Mashed Potatoes</i></p>	<p>Waffles & Sausage <i>light and crisp whole grain waffles served with a sausage patty</i></p>
	<p>Chicken Burrito <i>fiesta chicken with black beans, rice, cheddar and lettuce, wrapped in a tortilla</i></p>	<p>Beefy Cheesy Nachos <i>crispy tortilla chips topped fiesta style beef and cheese sauce</i></p>	<p>Grande Chicken & Cheese Quesadilla <i>fiesta chicken, shredded cheese and pico de gallo melted into a tortilla</i></p>	<p>Fiesta Taco Salad <i>fiesta style beef, lettuce and tomatoes served on a whole wheat tortilla bowl</i></p>	<p>Cheesy Quesadilla <i>melted cheddar cheese and pico de gallo inside a grilled, folded tortilla</i></p>
<p>Available Daily: Crunchy or Soft Tacos and Nachos Chips. Toppings include: Salsa, Sor Cream, Lettuce and Cheddar Cheese Shredded or Sauce</p>					
	<p>Grilled Cheese Sandwich <i>mely American cheese sandwiched between two slices of grilled whole wheat bread</i></p>	<p>Pizza Burger <i>beef burger topped with pizza sauce, mozzarella cheese and romaine lettuce on a whole wheat bun</i></p>	<p>Mozzarella Sticks with Homemade Marinara Sauce</p>	<p>Hot Dog on a Bun <i>beef hot dog nestled on a soft bun and topped with your choice of condiments</i></p>	<p>Spicy Chicken Sandwich <i>a boldly spiced crispy chicken breast filet with leaf lettuce and ripe tomato on a soft bun</i></p>
<p>Available Daily: Hamburger, Cheeseburgers, Turkey Burgers & Veggie Burgers served on whole wheat Roll</p>					
	<p>Turkey Garden Salad <i>turkey breast over mixed greens with lettuce, tomatoes, cucumbers, carrots and radishes with a whole wheat roll</i></p>	<p>Antipasto Salad with 2 Dinner Rolls <i>salami, provolone, swiss cheese, garbanzo beans and fire roasted peppers over garden salad</i></p>	<p>Tossed Salad with Shredded Cheese & 2 Dinner Roll <i>mixed greens with tomatoes, cucumbers, carrot sticks, radishes, shredded cheddar and a dinner roll</i></p>	<p>Spinach Salad with Dinner Roll <i>with eggs, mushrooms and red onions served with a dinner roll</i></p>	<p>Greek Salad with Dinner Roll <i>romaine lettuce, red onion, tomatoes, cucumbers, feta cheese and black olives</i></p>
<p>Available Daily: Garden Salad, Chef Salad & Chicken Salad served with twin whole wheat dinner rolls & low fat dressing</p>					
	<p>Romaine Salad w/ Tomato <i>Baby Carrots Celery Sticks Garbanzo Beans Potato Salad Deli Style Coleslaw Fresh Orange Red Delicious Apple</i></p>	<p>Romaine Salad w/ Tomato <i>Baby Carrots Celery Sticks Garbanzo Beans Banana Fresh Green Grapes Deli Style Coleslaw Potato Salad</i></p>	<p>Romaine Salad w/ Tomato <i>Baby Carrots Celery Sticks Garbanzo Beans Deli Style Coleslaw Potato Salad Fresh Orange Red Delicious Apple</i></p>	<p>Romaine Salad w/ Tomato <i>Baby Carrots Celery Sticks Garbanzo Beans Potato Salad Deli Style Coleslaw Fresh Orange Red Delicious Apple</i></p>	<p>Romaine Salad w/ Tomato <i>Baby Carrots Celery Sticks Garbanzo Beans Deli Style Coleslaw Potato Salad Fresh Orange Red Delicious Apple</i></p>

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<p>Available Daily: Boar's Head Turkey, Buffalo Chicken and Ham, American, Swiss or Provolone, Pepperjack Cheese / lettuce, tomato, peppers, onions, olives and pickles</p>					
	<p>Bacon Pizza <i>whole wheat pizza dough topped with tomato sauce, cheese and crispy bacon</i> 🍅</p>	<p>Broccoli & Cheese Stromboli <i>garlic toasted whole grain pizza crust filled with broccoli and mozzarella</i> 🍅</p>	<p>Pepperoni Calzone <i>whole grain calzone with pepperoni and ricotta cheese</i> 🍅</p>	<p>Buffalo Chicken Pizza <i>buffalo chicken strips with mozzarella, parmesan, marinara sauce on fresh pizza dough</i></p>	<p>Three Cheese Calzone <i>whole grian calzone with mozzarella, parmesan and ricotta cheese</i> 🍅</p>
<p>Available Daily: Plain and Pepperoni Whole Grain Pizza by the Slice</p>					
	<p>Cajun Chicken Mac & Cheese <i>pasta with chicken, sauteed peppers and onions, roasted garlic, pepperjack cheese and Cajun spices in a creamy cheese sauce</i> <i>Broccoli Florets</i></p>	<p>Cuban Melt <i>ham and mozzarella on a whole wheat club roll</i> 🍅</p>	<p>Hot Dog on a Bun <i>beef hot dog nestled on a soft bun and topped with your choice of condiments</i></p>	<p>Crispy Chicken & Cheese Sandwich <i>crispy chicken patty and American cheese on a whole wheat bun</i></p>	<p>Brunch 4 Lunch: Sausage Egg & Cheese Sandwich <i>sausage, egg and American cheese served in a whole wheat kaiser roll</i></p>
	<p>Chicken Burrito <i>fiesta chicken with black beans, rice, cheddar and lettuce, wrapped in a tortilla</i></p>	<p>Beefy Cheesy Nachos <i>crispy tortilla chips topped fiesta style beef and cheese sauce</i></p>	<p>Grande Chicken & Cheese Quesadilla <i>fiesta chicken, shredded cheese and pico de gallo melted into a tortilla</i></p>	<p>Fiesta Taco Salad <i>fiesta style beef, lettuce and tomatoes served on a whole wheat tortilla bowl</i></p>	<p>Cheesy Quesadilla <i>melted cheddar cheese and pico de gallo inside a grilled, folded tortilla</i> 🍅</p>
<p>Available Daily: Crunchy or Soft Tacos and Nachos Chips. Toppings include: Salsa, Sor Cream, Lettuce and Cheddar Cheese Shredded or Sauce</p>					
	<p>Grilled Cheese Sandwich <i>mely American cheese sandwiched between two slices of grilled whole wheat bread</i></p>	<p>Pizza Burger <i>beef burger topped with pizza sauce, mozzarella cheese and romaine lettuce on a whole wheat bun</i></p>	<p>Mozzarella Sticks with Homemade Marinara Sauce 🍅</p>	<p>Hot Dog on a Bun <i>beef hot dog nestled on a soft bun and topped with your choice of condiments</i></p>	<p>Spicy Chicken Sandwich <i>a boldly spiced crispy chicken breast filet with leaf lettuce and ripe tomato on a soft bun</i></p>
<p>Available Daily: Hamburger, Cheeseburgers, Turkey Burgers & Veggie Burgers served on whole wheat Roll</p>					
	<p>Turkey Garden Salad <i>turkey breast over mixed greens with lettuce, tomatoes, cucumbers, carrots and radishes with a whole wheat roll</i></p>	<p>Antipasto Salad with 2 Dinner Rolls <i>salami, provolone, swiss cheese, garbanzo beans and fire roasted peppers over garden salad</i></p>	<p>Tossed Salad with Shredded Cheese & 2 Dinner Roll <i>mixed greens with tomatoes, cucumbers, carrot sticks, radishes, shredded cheddar and a dinner roll</i> 🍅</p>	<p>Spinach Salad with Dinner Roll <i>with eggs, mushrooms and red onions served with a dinner roll</i> 🍅</p>	<p>Greek Salad with Dinner Roll <i>romaine lettuce, red onion, tomatoes, cucumbers, feta cheese and black olives</i></p>
<p>Available Daily: Garden Salad, Chef Salad & Chicken Salad served with twin whole wheat dinner rolls & low fat dressing</p>					
	<p>Romaine Salad w/ Tomato <i>Baby Carrots</i> <i>Celery Sticks</i> <i>Garbanzo Beans</i> <i>Potato Salad</i> <i>Deli Style Coleslaw</i> <i>Fresh Orange</i> <i>Red Delicious Apple</i></p>	<p>Romaine Salad w/ Tomato <i>Baby Carrots</i> <i>Celery Sticks</i> <i>Garbanzo Beans</i> <i>Potato Salad</i> <i>Deli Style Coleslaw</i> <i>Fresh Orange</i> <i>Red Delicious Apple</i></p>	<p>Romaine Salad w/ Tomato <i>Baby Carrots</i> <i>Celery Sticks</i> <i>Garbanzo Beans</i> <i>Deli Style Coleslaw</i> <i>Potato Salad</i> <i>Fresh Orange</i> <i>Red Delicious Apple</i></p>	<p>Romaine Salad w/ Tomato <i>Baby Carrots</i> <i>Celery Sticks</i> <i>Garbanzo Beans</i> <i>Fresh Orange</i> <i>Red Delicious Apple</i> <i>Potato Salad</i> <i>Deli Style Coleslaw</i></p>	<p>Romaine Salad w/ Tomato <i>Baby Carrots</i> <i>Celery Sticks</i> <i>Garbanzo Beans</i> <i>Potato Salad</i> <i>Deli Style Coleslaw</i> <i>Fresh Orange</i> <i>Red Delicious Apple</i></p>

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<p>Available Daily: Boar's Head Turkey, Buffalo Chicken and Ham, American, Swiss or Provolone, Pepperjack Cheese / lettuce, tomato, peppers, onions, olives and pickles</p>					
	<p>Bacon Pizza whole wheat pizza dough topped with tomato sauce, cheese and crispy bacon 🍷</p>	<p>Broccoli & Cheese Stromboli garlic toasted whole grain pizza crust filled with broccoli and mozzarella 🍷</p>	<p>Pepperoni Calzone whole grain calzone with pepperoni and ricotta cheese 🍷</p>	<p>Buffalo Chicken Pizza buffalo chicken strips with mozzarella, parmesan, marinara sauce on fresh pizza dough</p>	<p>Three Cheese Calzone whole grain calzone with mozzarella, parmesan and ricotta cheese 🍷</p>
<p>Available Daily: Plain and Pepperoni Whole Grain Pizza by the Slice</p>					
	<p>Chicken Tenders crispy chicken tenders perfect for dipping in your favorite sauce</p>	<p>Mac & Cheese whole grain elbow pasta in a creamy cheese sauce 🍷</p>	<p>Jamaican Beef Patty golden flaky pastry dough stuffed with beef simmered in a delicious spicy sauce 🍷 Yellow Rice</p>	<p>Texas Rib Sandwich boneless BBQ rib meat slathered in tangy barbecue sauce and served on a soft bun Baked Potato Wedges</p>	<p>Pancakes with Turkey Sausage light and fluffy whole grain pancakes served with turkey sausage Hash Browns</p>
	<p>Chicken Burrito fiesta chicken with black beans, rice, cheddar and lettuce, wrapped in a tortilla</p>	<p>Beefy Cheesy Nachos crispy tortilla chips topped fiesta style beef and cheese sauce</p>	<p>Grande Chicken & Cheese Quesadilla fiesta chicken, shredded cheese and pico de gallo melted into a tortilla</p>	<p>Fiesta Taco Salad fiesta style beef, lettuce and tomatoes served on a whole wheat tortilla bowl</p>	<p>Cheesy Quesadilla melted cheddar cheese and pico de gallo inside a grilled, folded tortilla 🍷</p>
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	<p>Grilled Cheese Sandwich mely American cheese sandwiched between two slices of grilled whole wheat bread</p>	<p>Pizza Burger beef burger topped with pizza sauce, mozzarella cheese and romaine lettuce on a whole wheat bun</p>	<p>Mozzarella Sticks with Homemade Marinara Sauce 🍷</p>	<p>Hot Dog on a Bun beef hot dog nestled on a soft bun and topped with your choice of condiments</p>	<p>Spicy Chicken Sandwich a boldly spiced crispy chicken breast filet with leaf lettuce and ripe tomato on a soft bun</p>
<p>Available Daily: Hamburger, Cheeseburgers, Turkey Burgers & Veggie Burgers served on whole wheat Roll</p>					
	<p>Turkey Garden Salad turkey breast over mixed greens with lettuce, tomatoes, cucumbers, carrots and radishes with a whole wheat roll</p>	<p>Antipasto Salad with 2 Dinner Rolls salami, provolone, swiss cheese, garbanzo beans and fire roasted peppers over garden salad</p>	<p>Tossed Salad with Shredded Cheese & 2 Dinner Roll mixed greens with tomatoes, cucumbers, carrot sticks, radishes, shredded cheddar and a dinner roll 🍷</p>	<p>Spinach Salad with Dinner Roll with eggs, mushrooms and red onions served with a dinner roll 🍷</p>	<p>Greek Salad with Dinner Roll romaine lettuce, red onion, tomatoes, cucumbers, feta cheese and black olives</p>
<p>Available Daily: Garden Salad, Chef Salad & Chicken Salad served with twin whole wheat dinner rolls & low fat dressing</p>					
	<p>Romaine Salad w/ Tomato Baby Carrots Celery Sticks Garbanzo Beans Deli Style Coleslaw Potato Salad Fresh Orange Red Delicious Apple</p>	<p>Romaine Salad w/ Tomato Baby Carrots Celery Sticks Garbanzo Beans Deli Style Coleslaw Potato Salad Fresh Orange Red Delicious Apple</p>	<p>Romaine Salad w/ Tomato Baby Carrots Celery Sticks Garbanzo Beans Deli Style Coleslaw Potato Salad Fresh Orange Red Delicious Apple</p>	<p>Romaine Salad w/ Tomato Baby Carrots Celery Sticks Garbanzo Beans Deli Style Coleslaw Potato Salad Fresh Orange Red Delicious Apple</p>	<p>Baby Carrots Celery Sticks Garbanzo Beans Romaine Salad w/ Tomato Fresh Orange Red Delicious Apple Potato Salad Deli Style Coleslaw</p>

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