

# Welcome to our Breakfast Cafe @

Fairfield High Schools

November 2016

## Monday

## Tuesday

## Wednesday

## Thursday

## Friday

- 1  
 Chocolate Chip Muffin   
 Blueberry Muffin   
 Build Your Own Yogurt Parfait   
 Waffles   
 Hash Browns  
 Turkey Sausage Links  
 Fresh Orange  
 Fresh Apple  
 Banana

- 2  
 Blueberry Muffin   
 Chocolate Chip Muffin   
 Build Your Own Yogurt Parfait   
 Turkey Sausage, Egg & Cheese on a Bun  
 Hash Browns  
 Fresh Orange  
 Fresh Apple  
 Banana

- 3  
 Chocolate Chip Muffin   
 Blueberry Muffin   
 Sausage, Egg & Cheese Burrito\*   
 Build Your Own Yogurt Parfait   
 Hash Browns  
 Fresh Orange  
 Fresh Apple  
 Banana

- 4  
 Blueberry Muffin   
 Chocolate Chip Muffin   
 Build Your Own Yogurt Parfait   
 French Toast Sticks   
 Hash Browns  
 Turkey Sausage Links  
 Fresh Orange  
 Fresh Apple  
 Banana

- 7  
 Chocolate Chip Muffin   
 Blueberry Muffin   
 Build Your Own Yogurt Parfait   
 French Toast Sticks   
 Turkey Sausage Links  
 Hash Browns  
 Fresh Orange  
 Fresh Apple  
 Banana

8  
**ELECTION DAY  
 NO SCHOOL**

- 9  
 Chocolate Chip Muffin   
 Brunch 4 Lunch: Sausage, Egg & Cheese Sandwich  
 Build Your Own Yogurt Parfait   
 Turkey Sausage Links  
 Hash Browns  
 Fresh Orange  
 Fresh Apple

- 10  
 Chocolate Chip Muffin   
 Blueberry Muffin   
 Build Your Own Yogurt Parfait   
 Sausage, Egg & Cheese Burrito\*   
 Hash Browns  
 Fresh Orange  
 Fresh Apple  
 Banana

11  
**VETERANS' DAY  
 NO SCHOOL**

- 14  
 Chocolate Chip Muffin   
 Blueberry Muffin   
 Build Your Own Yogurt Parfait   
 French Toast Sticks   
 Hash Browns  
 Turkey Sausage Links  
 Fresh Orange  
 Fresh Apple  
 Banana

- 15  
 Chocolate Chip Muffin   
 Blueberry Muffin   
 Build Your Own Yogurt Parfait   
 Waffles   
 Hash Browns  
 Turkey Sausage Links  
 Fresh Orange  
 Banana  
 Fresh Apple

- 16  
 Blueberry Muffin   
 Turkey Sausage Links  
 Chocolate Chip Muffin   
 Build Your Own Yogurt Parfait   
 Turkey Sausage, Egg & Cheese on a Bun  
 Hash Browns  
 Fresh Orange  
 Fresh Apple  
 Banana

- 17  
 Blueberry Muffin   
 Chocolate Chip Muffin   
 Build Your Own Yogurt Parfait   
 Sausage, Egg & Cheese Burrito\*   
 Hash Browns  
 Fresh Orange  
 Fresh Apple  
 Banana

- 18  
 Chocolate Chip Muffin   
 Blueberry Muffin   
 Build Your Own Yogurt Parfait   
 French Toast Sticks   
 Hash Browns  
 Turkey Sausage Links  
 Fresh Apple  
 Banana

- 21  
 Chocolate Chip Muffin   
 Blueberry Muffin   
 Build Your Own Yogurt Parfait   
 French Toast Sticks   
 Hash Browns  
 Turkey Sausage Links  
 Fresh Orange  
 Fresh Apple  
 Banana

- 22  
 Chocolate Chip Muffin   
 Blueberry Muffin   
 Build Your Own Yogurt Parfait   
 Waffles   
 Hash Browns  
 Turkey Sausage Links  
 Fresh Orange  
 Fresh Apple  
 Banana

- 23  
 Turkey Sausage Links  
 Chocolate Chip Muffin   
 Blueberry Muffin   
 Build Your Own Yogurt Parfait   
 Turkey Sausage, Egg & Cheese on a Bun  
 Hash Browns  
 Fresh Orange  
 Fresh Apple  
 Banana

24  
**HAPPY  
 THANKSGIVING!**

25  
**THANKSGIVING  
 RECESS**

- 28  
 Chocolate Chip Muffin   
 French Toast Sticks   
 Build Your Own Yogurt Parfait   
 Blueberry Muffin   
 Hash Browns  
 Turkey Sausage Links  
 Fresh Orange  
 Banana

- 29  
 Chocolate Chip Muffin   
 Waffles   
 Build Your Own Yogurt Parfait   
 Blueberry Muffin   
 Hash Browns  
 Turkey Sausage Links  
 Fresh Apple  
 Fresh Orange

- 30  
 Chocolate Chip Muffin   
 Build Your Own Yogurt Parfait   
 Blueberry Muffin   
 Hash Browns  
 Turkey Sausage Links  
 Fresh Orange  
 Banana



**WHITSONS**  
 School Nutrition  
**FUEL YOUR DAY  
 THE RIGHT WAY.  
 EAT A HEALTHY  
 BREAKFAST!**

Fresh ingredients and innovative recipes packed with nutrients are our specialty. We believe that good food is the foundation from which children thrive. This is why all of our menus are full of wholesome nutritious meals, which have been carefully created to fuel your child's day. Visit [www.Whitsons.com](http://www.Whitsons.com) or follow the QR code



to see all that we're doing to keep your child performing their best.



Breakfast Prices  
 \$1.50 Full Price  
 \$.30 Reduced Price

All breakfast choices include a variety of fresh fruit and a choice of lowfat or fat free milk.

Stop and enjoy a hot breakfast!

\*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subject to change, notice posted when available. USDA is an equal opportunity provider, employer, and lender.