

# Welcome to our Breakfast Cafe @

Fairfield Middle Schools

November 2016

## Monday

## Tuesday

## Wednesday

## Thursday

## Friday

1  
Chocolate Chip Muffin ✓  
Egg & Cheese on a Bagel  
Empire Apple  
Banana  
Blueberry Muffin ✓  
Fruity Breakfast Parfait  
Waffles ✓  
Hash Browns  
Turkey Sausage Links  
Fresh Apple  
Banana

2  
Blueberry Muffin ✓  
Egg & Cheese on a Bagel  
Empire Apple  
Banana  
Chocolate Chip Muffin ✓  
Fruity Breakfast Parfait  
Turkey Sausage, Egg & Cheese  
on a Bun  
Hash Browns  
Fresh Orange  
Banana

3  
Cinnamon Bun ✓  
Egg & Cheese on a Bagel  
Empire Apple  
Banana  
Blueberry Muffin ✓  
Fruity Breakfast Parfait  
Sausage, Egg & Cheese  
Burrito\* ✓  
Hash Browns  
Fresh Orange  
Fresh Apple

4  
Blueberry Muffin ✓  
Egg & Cheese on a Bagel  
Empire Apple  
Banana  
Chocolate Chip Muffin ✓  
Fruity Breakfast Parfait  
French Toast Sticks ✓  
Hash Browns  
Turkey Sausage Links  
Fresh Apple  
Banana

8  
**ELECTION DAY  
NO SCHOOL**

9  
Blueberry Muffin ✓  
Egg & Cheese on a Bagel  
Chocolate Chip Muffin ✓  
Fruity Breakfast Parfait  
Fluffy Pancakes ✓  
Hash Browns  
Fresh Orange  
Fresh Apple

10  
Cinnamon Bun ✓  
Egg & Cheese on a Bagel  
Empire Apple  
Blueberry Muffin ✓  
Fruity Breakfast Parfait  
Turkey Sausage, Egg & Cheese  
on a Bun  
Hash Browns  
Banana  
Fresh Orange

11  
**VETERANS' DAY  
NO SCHOOL**

15  
Chocolate Chip Muffin ✓  
Egg & Cheese on a Bagel  
Empire Apple  
Blueberry Muffin ✓  
Fruity Breakfast Parfait  
Waffles ✓  
Turkey Sausage Links  
Hash Browns  
Banana  
Fresh Orange  
Banana

16  
Blueberry Muffin ✓  
Egg & Cheese on a Bagel  
Empire Apple  
Chocolate Chip Muffin ✓  
Fruity Breakfast Parfait  
Turkey Sausage, Egg & Cheese  
on a Bun  
Hash Browns  
Banana  
Fresh Apple

17  
Egg & Cheese on a Bagel  
Cinnamon Bun ✓  
Empire Apple  
Blueberry Muffin ✓  
Fruity Breakfast Parfait  
Sausage, Egg & Cheese  
Burrito\* ✓  
Hash Browns  
Banana  
Fresh Orange

18  
Egg & Cheese on a Bagel  
Empire Apple  
Chocolate Chip Muffin ✓  
Blueberry Muffin ✓  
Fruity Breakfast Parfait  
French Toast Sticks ✓  
Hash Browns  
Turkey Sausage Links  
Fresh Orange  
Banana

22  
Chocolate Chip Muffin ✓  
Egg & Cheese on a Bagel  
Empire Apple  
Blueberry Muffin ✓  
Fruity Breakfast Parfait  
Turkey Sausage, Egg & Cheese  
on a Bun  
Hash Browns  
Banana  
Fresh Orange

23  
Chocolate Chip Muffin ✓  
Egg & Cheese on a Bagel  
Empire Apple  
Blueberry Muffin ✓  
Fruity Breakfast Parfait  
Waffles ✓  
Turkey Sausage Links  
Hash Browns  
Banana  
Fresh Orange

24  
**HAPPY  
THANKSGIVING!**

25  
**THANKSGIVING  
RECESS**

29  
Waffles ✓  
Chocolate Chip Muffin ✓  
Blueberry Muffin ✓  
Fruity Breakfast Parfait  
Egg & Cheese on a Bagel  
Empire Apple  
Banana  
Fresh Orange

30  
Fluffy Pancakes ✓  
Chocolate Chip Muffin ✓  
Blueberry Muffin ✓  
Fruity Breakfast Parfait  
Egg & Cheese on a Bagel  
Empire Apple  
Banana  
Fresh Orange

7  
Blueberry Muffin ✓  
Egg & Cheese on a Bagel  
Empire Apple  
Banana  
Chocolate Chip Muffin ✓  
Fruity Breakfast Parfait  
French Toast Sticks ✓  
Turkey Sausage Links  
Hash Browns  
Fresh Orange  
Fresh Apple

14  
Blueberry Muffin ✓  
Egg & Cheese on a Bagel  
Empire Apple  
Chocolate Chip Muffin ✓  
Fruity Breakfast Parfait  
Turkey Sausage, Egg & Cheese  
on a Bun  
Banana  
Fresh Orange

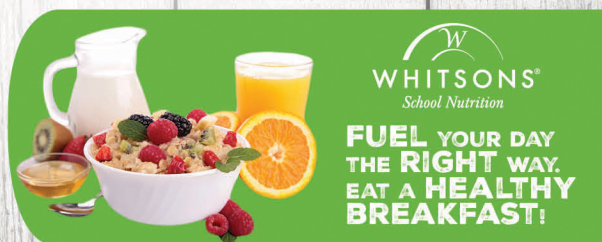
21  
Chocolate Chip Muffin ✓  
Egg & Cheese on a Bagel  
Blueberry Muffin ✓  
Fruity Breakfast Parfait  
French Toast Sticks ✓  
Turkey Sausage Links  
Hash Browns  
Empire Apple  
Banana  
Fresh Orange

28  
French Toast Sticks ✓  
Egg & Cheese on a Bagel  
Chocolate Chip Muffin ✓  
Blueberry Muffin ✓  
Fruity Breakfast Parfait  
Hash Browns  
Empire Apple  
Banana  
Fresh Orange

Fresh ingredients and innovative recipes packed with nutrients are our specialty. We believe that good food is the foundation from which children thrive. This is why all of our menus are full of wholesome nutritious meals, which have been carefully created to fuel your child's day. Visit [www.Whitsons.com](http://www.Whitsons.com) or follow the QR code



to see all that we're doing to keep your child performing their best.



Breakfast Prices  
\$1.50 Full Price  
\$.30 Reduced Price

All breakfast choices include a variety of fresh fruit and a choice of low-fat or fat free milk.

Stop and enjoy a hot breakfast!

\*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subject to change, notice posted when available. USDA is an equal opportunity provider, employer, and lender.