

# Welcome to our Breakfast Cafe @

Fairfield Elementary Schools

**December 2016**

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

**FUEL YOUR DAY  
THE RIGHT WAY.  
EAT A HEALTHY  
BREAKFAST!**



**WHITSON'S**  
School Nutrition

**5**  
Rice Krispies  
Bagel & Lite Cream Cheese ✓  
Apple Cinnamon Muffin  
Banana  
Empire Apple  
1% Milk  
Skim Milk

**6**  
Cheerios  
Bagel & Lite Cream Cheese ✓  
Chocolate Chip Muffin ✓  
Banana  
Fresh Orange  
1% Milk  
Skim Milk

**7**  
Rice Krispies  
Bagel & Lite Cream Cheese ✓  
Apple Cinnamon Muffin  
Fresh Apple  
Banana  
1% Milk  
Skim Milk

**8**  
Rice Krispies  
Bagel & Lite Cream Cheese ✓  
Apple Cinnamon Muffin  
Banana  
Fresh Apple  
1% Milk  
Skim Milk

**9**  
Cheerios  
Bagel & Lite Cream Cheese ✓  
Banana Muffin ✓  
Banana  
Fresh Orange  
1% Milk  
Skim Milk

**12**  
Cinnamon Frosted Flakes  
Bagel & Lite Cream Cheese ✓  
Blueberry Muffin ✓  
Banana  
Empire Apple  
1% Milk  
Skim Milk

**13**  
Cheerios  
Bagel & Lite Cream Cheese ✓  
Chocolate Chip Muffin ✓  
Fresh Apple  
Banana  
1% Milk  
Skim Milk

**14**  
Rice Krispies  
Bagel & Lite Cream Cheese ✓  
Apple Cinnamon Muffin  
Fresh Orange  
Banana  
1% Milk  
Skim Milk

**15**  
Rice Krispies  
Bagel & Lite Cream Cheese ✓  
Chocolate Chip Muffin ✓  
Fresh Apple  
Banana  
1% Milk  
Skim Milk

**16**  
Cheerios  
Bagel & Lite Cream Cheese ✓  
Apple Cinnamon Muffin  
Diced Pears  
Banana  
1% Milk  
Skim Milk

**19**  
Cinnamon Frosted Flakes  
Bagel & Lite Cream Cheese ✓  
Blueberry Muffin ✓  
Applesauce  
Banana  
1% Milk  
Skim Milk

**20**  
Cheerios  
Bagel & Lite Cream Cheese ✓  
Banana Muffin ✓  
Banana  
Fresh Orange  
1% Milk  
Skim Milk

**21**  
Rice Krispies  
Bagel & Lite Cream Cheese ✓  
Chocolate Chip Muffin ✓  
Banana  
Fresh Apple  
1% Milk  
Skim Milk

**22**  
Rice Krispies  
Bagel & Lite Cream Cheese ✓  
Chocolate Chip Muffin ✓  
Banana  
Fresh Orange  
1% Milk  
Skim Milk

**23**  
Cheerios  
Bagel & Lite Cream Cheese ✓  
Blueberry Muffin ✓  
Banana  
Fresh Apple  
1% Milk  
Skim Milk

**26**

**27**

**28**

**29**

**30**

**WINTER RECESS**

Our menus are healthy, nutritious and flavorful, made from wholesome ingredients. We proudly serve steroid & hormone free chicken, raised on family farms from all across the country. We've



partnered with  
**Tyson Foods,  
Inc.** to bring you  
quality meals  
that you'll love!



Follow the QR code for more info.



**Breakfast Prices:**

**\$1.50 Full Price  
\$0.30 Reduced Price**

All breakfast choices include a variety of fresh, cupped fruit and a choice of low fat or fat free milk selection

\*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subject to change, notice posted when available. USDA is an equal opportunity provider, employer, and lender.