

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p> https://www.whitsons.com</p> <p>Want to work while your kids are in school? We have some exciting job opportunities for you in our school cafeterias! Contact us for more information at 255-8370 or go to whitsons.com to apply online!</p>	<p>Tuna Salad Wrap* fresh chunky tuna salad with field greens and tomatoes served in a whole wheat wrap</p> <p>Available Daily: Boar's Head Turkey, Buffalo Chicken and Ham, American, Swiss or Provolone, Pepperjack Cheese lettuce, tomato, peppers, onions, olives and pickles</p>	<p>Farmer's Market Wrap carrots, cucumbers, onions, peppers, tomatoes and lettuce stuffed in a white whole wheat wrap with</p>	<p>Honey Mustard Chicken Wrap crispy breaded chicken patty, romaine lettuce and honey mustard dressing in a whole wheat wrap</p>	<p>Caesar Chicken Wrap caesar chicken, crisp romaine lettuce and parmesan cheese wrapped in a whole wheat tortilla, drizzled with dressing</p>
<p> https://www.whitsons.com</p>	<p>Three Cheese Calzone whole grain calzone with mozzarella, parmesan and ricotta cheese</p> <p>Available Daily: Plain and Pepperoni Whole Grain Pizza by the Slice</p>	<p>Broccoli & Cheese Stromboli garlic toasted whole grain pizza crust filled with broccoli and mozzarella</p>	<p>Buffalo Chicken Pizza Pops crispy pizza dough stuffed with cheddar cheese, buffalo chicken and ranch dressing</p>	<p>Chicken Fajita Pizza cheesy pizza slice topped with fajita chicken, onions and peppers</p>
<p> https://www.whitsons.com</p>	<p>Jamaican Beef Patty golden flaky pastry dough stuffed with beef simmered in a delicious spicy sauce</p> <p>Baked Sweet Potato Fries</p>	<p>Asian Rice Bowl with Chicken and Veggies chicken & vegetable stir fry, served with brown rice</p>	<p>Sizzling Philly Cheese Steak Sandwich thinly sliced steak and melted mozzarella served on a whole wheat bun</p> <p>Vegetarian Baked Beans</p>	<p>Spicy Popcorn Chicken Sauteed Kale</p>
<p> https://www.whitsons.com</p>	<p>Cheddar Quesadilla melted cheddar cheese inside a grilled folded tortilla with pico de gallo</p>	<p>Chicken Burrito fiesta chicken with black beans, rice, cheddar and lettuce, wrapped in a tortilla</p>	<p>Pico & Cheese Nachos crispy tortilla chips served with cheese sauce and fresh pico de gallo</p>	<p>Fiesta Taco Salad fiesta style beef, lettuce and tomatoes served on a whole wheat tortilla bowl</p>
		<p>Available Daily: Crunchy or Soft Tacos and Nachos Chips. Toppings include: Salsa, Sour Cream, Lettuce and Cheddar Cheese Shredded or Sauce</p>		
<p> https://www.whitsons.com</p>	<p>Spicy Chicken Sandwich a boldly spiced crispy chicken breast filet with leaf lettuce and ripe tomato on a soft bun</p>	<p>Texas Rib Sandwich boneless BBQ rib meat slathered in tangy barbecue sauce and served on a soft bun</p>	<p>Chicken Parm Sandwich lightly breaded chicken breast patty topped with melted mozzarella and tomato sauce on a toasted whole grain bun</p>	<p>Grilled Cheese Sandwich grilled American cheese on whole wheat</p>
		<p>Available Daily: Hamburger, Cheeseburgers, Turkey Burgers & Veggie Burgers served on whole wheat Roll</p> <p>* New Item Available Daily: Egg & American Cheese or Turkey Bacon, Egg & American Cheese on a Whole Wheat Bagel *</p>		
<p> https://www.whitsons.com</p>	<p>Cobb Salad with Dinner Roll tossed greens topped with crispy chicken, bacon, cheddar, tomatoes, cucumbers, egg crumbles and</p>	<p>Garden Salad with Cheese & Dinner Rolls mixed greens with tomatoes, cucumbers, carrot sticks, radishes, and shredded cheddar</p>	<p>Spinach Salad with Dinner Roll with eggs, mushrooms and red onions served with a dinner roll</p>	<p>Greek Salad with Dinner Roll romaine lettuce, red onion, tomatoes, cucumbers, feta cheese and black olives</p>
		<p>Available Daily: Garden Salad, Chef Salad & Chicken Salad, served with twin whole wheat dinner rolls & low fat dressing</p>		
<p> https://www.whitsons.com</p>	<p>Romaine Salad w/ Tomato Baby Carrots Celery Sticks Garbanzo Beans Fresh Orange Red Delicious Apple</p>	<p>Romaine Salad w/ Tomato Baby Carrots Celery Sticks Garbanzo Beans Deli Style Coleslaw Potato Salad Fresh Orange Red Delicious Apple</p>	<p>Romaine Salad w/ Tomato Baby Carrots Celery Sticks Garbanzo Beans Potato Salad Deli Style Coleslaw Fresh Orange Red Delicious Apple</p>	<p>Romaine Salad w/ Tomato Baby Carrots Celery Sticks Garbanzo Beans Deli Style Coleslaw Potato Salad Fresh Orange Red Delicious Apple</p>

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MEAL PRICE INCLUDES: PROTEIN CHOICE, FRESH VEGETABLE CHOICE, FRESH FRUIT CHOICE, BREAD CHOICE
AT LEAST 2 TYPES OF MILK AVAILABLE DAILY: 1% LOW FAT UNFLAVORED, FAT FREE FLAVORED, FAT FREE UNFLAVORED
AVAILABLE DAILY WITH SALAD LUNCH: PROTEIN CHOICE, WHOLE GRAIN ITEM, FRUIT CHOICE & MILK CHOICE

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 https://www.whitsons.com	Egg Salad in a Pita*	BBQ Chicken Wrap <i>diced barbecue chicken with lettuce and tomatoes, wrapped in a whole wheat tortilla</i>	The Red Square Wrap <i>Boar's Head turkey and Swiss cheese in a whole wheat wrap, smothered in thousand island dressing, with lettuce and tomato</i>	Boar's Head Turkey BLT Sandwich <i>turkey with lettuce, tomato and bacon on bread</i>	Vegetarian Wrap <i>mozzarella cheese, cucumbers, tomatoes, olives, red onions on a tortilla wrap spread with hummus</i>
 https://www.whitsons.com	Bacon Pizza <i>whole wheat pizza dough topped with tomato sauce, cheese and crispy bacon</i>	Beef & Cheese Stromboli <i>garlic toasted whole grain pizza crust filled with beef, mozzarella and marinara sauce</i>	Meatball Calzone <i>garlic toasted whole grain calzone filled with meatballs, ricotta and melted cheeses</i>	Margherita Pizza <i>whole wheat pizza dough topped with tomato sauce, mozzarella, fresh tomatoes and basil</i>	Chicken Parmesan Calzone <i>garlic toasted pizza crust, stuffed with ricotta cheese, melted mozzarella and diced chicken cutlet</i>
 https://www.whitsons.com	Mac & Cheese <i>whole grain elbow pasta in a creamy cheese sauce</i> Peas	Burger Bar <i>all beef burger with choice of toppings: caramelized onions, mushrooms, peppers, bacon and cheese on a whole wheat bun</i> Baked Sweet Potato Fries	Chicken & Vegetable Dumplings <i>a flavorful combination of chicken and veggies tucked into a soft dumpling shell</i> Japanese Vegetable Stir Fry	Mini Cheese Ravioli <i>mini cheesy ravioli topped with tomato sauce</i> Garlic Bread Broccoli & Garbanzo Bean Salad	Chicken Teriyaki over Brown Rice <i>tender Teriyaki chicken served over steamed brown rice</i> Steamed Broccoli
 https://www.whitsons.com	Chicken Burrito Bowl <i>brown rice topped with fajita style chicken, black beans, lettuce, sautéed onions and peppers, pico de gallo</i>	Veggie Bean Quesadilla <i>cheesy quesadilla, stuffed with black beans, onions and sautéed peppers</i>	Beefy Burrito <i>fiesta style beef with sour cream, refried beans, rice, cheddar, lettuce and salsa wrapped in a tortilla</i>	Chicken Enchilada <i>crispy chicken tortilla baked with chili sauce and cheddar, topped with pico de gallo and sour cream</i>	Fiesta Taco Salad <i>fiesta style beef, lettuce and tomatoes served on a whole wheat tortilla bowl</i>
 https://www.whitsons.com	Buffalo Chicken Sandwich <i>spicy chicken patty with lettuce and tomatoes on a club roll</i>	Fish Sandwich <i>fish fillet on a whole wheat bun with lettuce and cheese</i>	Turkey Bacon Cheeseburger <i>beef cheeseburger topped with turkey bacon, lettuce and tomato, on a whole wheat hamburger bun</i>	Beef Sliders <i>mini beef patties on mini hamburger buns</i>	Hot Dog on a Bun <i>beef hot dog nestled on a soft bun and topped with your choice of condiments</i>
 https://www.whitsons.com	Turkey Garden Salad with Dinner Rolls <i>turkey breast over mixed greens with lettuce, tomatoes, cucumbers, and carrots</i>	Cobb Salad with Dinner Roll <i>tossed greens topped with crispy chicken, bacon, cheddar, tomatoes, cucumbers, egg crumbles and croutons</i>	Garden Salad with Cheese & Dinner Rolls <i>mixed greens with tomatoes, cucumbers, carrot sticks, radishes, and shredded cheddar</i>	Spinach Salad with Dinner Roll <i>with eggs, mushrooms and red onions served with a dinner roll</i>	Greek Salad with Dinner Roll <i>romaine lettuce, red onion, tomatoes, cucumbers, feta cheese and black olives</i>
 https://www.whitsons.com	Romaine Salad w/ Tomato Baby Carrots Celery Sticks Garbanzo Beans Potato Salad Deli Style Coleslaw Fresh Orange Red Delicious Apple	Romaine Salad w/ Tomato Baby Carrots Celery Sticks Garbanzo Beans Potato Salad Deli Style Coleslaw Fresh Orange Red Delicious Apple	Romaine Salad w/ Tomato Baby Carrots Celery Sticks Garbanzo Beans Deli Style Coleslaw Potato Salad Fresh Orange Red Delicious Apple	Romaine Salad w/ Tomato Baby Carrots Celery Sticks Garbanzo Beans Fresh Orange Red Delicious Apple Potato Salad Deli Style Coleslaw	Romaine Salad w/ Tomato Baby Carrots Celery Sticks Garbanzo Beans Potato Salad Deli Style Coleslaw Fresh Orange Red Delicious Apple

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AT LEAST 2 TYPES OF MILK AVAILABLE DAILY: 1% LOW FAT UNFLAVORED, FAT FREE FLAVORED, FAT FREE UNFLAVORED

AVAILABLE DAILY WITH SALAD LUNCH: PROTEIN CHOICE, WHOLE GRAIN ITEM, FRUIT CHOICE & MILK CHOICE

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 https://www.whitsons.com	Martin Luther King Day No School	Love at First Bite Sandwich <i>Boar's Head turkey breast and American cheese with lettuce and tomato on a club roll spread with Thous. Isl.</i>	Honey Mustard Chicken Wrap <i>crispy breaded chicken patty, romaine lettuce and honey mustard dressing in a whole wheat wrap</i>	BBQ Turkey Wrap <i>Boar's Head turkey breast, bbq sauce, lettuce and tomato on a whole wheat Wrap</i>	Athenian Wrap <i>lettuce, tomato, red onion, green peppers, cucumbers and feta wrapped in a tortilla</i>
		Available Daily: Boar's Head Turkey, Buffalo Chicken and Ham, American, Swiss or Provolone, Pepperjack Cheese, lettuce, tomato, peppers, onions, olives and pickles			
 https://www.whitsons.com		Pepperoni & Cheese Stromboli <i>garlic toasted whole grain pizza crust filled with pepperoni, melted mozzarella cheese and marinara sauce</i>	Fresh Basil & Red Pepper Pizza Slice <i>whole wheat pizza topped with roasted red peppers and fresh basil</i>	Meatball Pizza Slice <i>chicken and beef meatballs over a cheesy slice of pizza</i>	Buffalo Chicken Pizza <i>buffalo chicken strips with mozzarella, parmesan, marinara sauce on fresh pizza dough</i>
		Available Daily: Plain and Pepperoni Whole Grain Pizza by the Slice			
 https://www.whitsons.com		BBQ Chicken <i>tender chicken marinated in bbq sauce</i> Brown Rice Spicy Honey Carrots	The Works Hot Dog <i>hot dog on a whole wheat bun with mustard, sauerkraut, jalapenos, onions and relish</i> Baked Sweet Potato Fries	Chicken Tenders <i>Sriracha Garbonzo Beans</i>	Waffles & Sausage <i>light and crisp whole grain waffles served with a sausage patty</i> Hash Browns
 https://www.whitsons.com		Beef & Cheddar Quesadilla <i>fiesta style beef folded inside a grilled tortilla with cheddar and pico de gallo</i>	Chicken Burrito <i>fiesta chicken with black beans, rice, cheddar and lettuce, wrapped in a tortilla</i>	Fiesta Taco Salad <i>fiesta style beef, lettuce and tomatoes served on a whole wheat tortilla bowl</i>	Chicken Taco Salad <i>a crispy tortilla bowl topped with lettuce, beans, chicken, jalapenos, pico de gallo, cheddar and sour</i>
		Available Daily: Crunchy or Soft Tacos and Nachos Chips. Toppings include: Salsa, Sour Cream, Lettuce and Cheddar Cheese Shredded			
 https://www.whitsons.com		Cactus Jack Wrap <i>grilled chicken breast drizzled with hot sauce, with lettuce and tomato on a whole wheat wrap</i>	English Cheddar Burger <i>grilled beef burger topped with cheddar cheese, sautéed onions, lettuce mix and tomatoes on a whole</i>	Spicy Chicken Sandwich <i>a boldly spiced crispy chicken breast filet with leaf lettuce and ripe tomato on a soft bun</i>	Mozzarella Sticks <i>crispy mozzarella sticks filled with gooey cheese, perfect for dipping into our homemade tomato sauce</i>
		Available Daily: Hamburger, Cheeseburgers, Turkey Burgers & Veggie Burgers served on whole wheat Roll * New Item Available Daily: Egg & American Cheese or Turkey Bacon, Egg & American Cheese on a Whole Wheat Bagel			
 https://www.whitsons.com		Cobb Salad with Dinner Roll <i>tossed greens topped with crispy chicken, bacon, cheddar, tomatoes, cucumbers, egg crumbles and croutons</i>	Garden Salad with Cheese & Dinner Rolls <i>mixed greens with tomatoes, cucumbers, carrot sticks, radishes, and shredded cheddar</i>	Spinach Salad with Dinner Roll <i>with eggs, mushrooms and red onions served with a dinner roll</i>	Greek Salad with Dinner Roll <i>romaine lettuce, red onion, tomatoes, cucumbers, feta cheese and black olives</i>
		Available Daily: Garden Salad, Chef Salad & Chicken Salad, served with twin whole wheat dinner rolls & low fat dressing			
 https://www.whitsons.com		Romaine Salad w/ Tomato Baby Carrots Celery Sticks Garbanzo Beans Deli Style Coleslaw Potato Salad Fresh Orange Red Delicious Apple	Romaine Salad w/ Tomato Baby Carrots Celery Sticks Garbanzo Beans Deli Style Coleslaw Potato Salad Fresh Orange Red Delicious Apple	Romaine Salad w/ Tomato Baby Carrots Celery Sticks Garbanzo Beans Deli Style Coleslaw Potato Salad Fresh Orange Red Delicious Apple	Baby Carrots Celery Sticks Garbanzo Beans Romaine Salad w/ Tomato Fresh Orange Red Delicious Apple Potato Salad Deli Style Coleslaw

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AVAILABLE DAILY WITH SALAD LUNCH: PROTEIN CHOICE, WHOLE GRAIN ITEM, FRUIT CHOICE & MILK CHOICE

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<input checked="" type="checkbox"/> https://www.whitsons.com	<p>Tuna Salad on a Bagel <i>tuna salad with lettuce served on a whole wheat bagel</i></p> <p>Available Daily: Boar's Head Turkey, Buffalo Chicken and Ham, American, Swiss or Provolone, Pepperjack Cheese lettuce, tomato, peppers, onions, olives and pickles</p>	<p>Vegetarian Wrap <i>mozzarella cheese, cucumbers, tomatoes, olives, red onions on a tortilla wrap spread with hummus</i></p>	<p>South of the Border Wrap <i>crispy chicken tenders, cheddar cheese and Mexi rice on a whole wheat wrap</i></p>	<p>All American Chicken Salad Wrap <i>chicken salad, crispy bacon strips and fresh lettuce and tomatoes on a tortilla wrap</i></p>	<p>Chicken Delight Wrap <i>crispy chicken and cheese with lettuce, tomato and ranch dressing wrapped in a tortilla</i></p>
<input checked="" type="checkbox"/> https://www.whitsons.com	<p>Tossed Salad Pizza <i>whole wheat pizza dough topped with tossed greens, tomatoes and balsamic vinaigrette</i></p>	<p>Buffalo Chicken Stromboli <i>zesty buffalo chicken with mozzarella cheese and pizza sauce wrapped in garlic pizza dough</i></p> <p>Available Daily: Plain and Pepperoni Whole Grain Pizza by the Slice</p>	<p>White Pizza <i>fresh whole grain dough brushed with garlic and oil, topped with low fat mozzarella cheese, baked to perfection</i></p>	<p>Roasted Garlic & Onion Calzone <i>garlic toasted whole grain calzone filled with roasted garlic, onion, ricotta and melted cheeses</i></p>	<p>Cheesy Bread Sticks & Marinara Sauce <i>4 whole wheat bread sticks covered in melted mozzarella cheese with a marinara dipping sauce</i></p>
<input checked="" type="checkbox"/> https://www.whitsons.com	<p>Rainbow Grilled Cheese <i>melted american and mozzarella cheeses served in between two slices of grilled whole wheat bread</i> <i>Baked Potato Wedges</i></p>	<p>General Tso's Chicken <i>crispy chicken with broccoli in General Tso's sauce</i> <i>Japanese Vegetable Stir Fry</i></p>	<p>Warm Pretzel with Cheese Sauce <i>warm whole wheat pretzel with cheese sauce</i> <i>Baked Sweet Potato Fries</i> Organic Pretzel!</p>	<p>Pasta, Pasta, Pasta <i>pasta with the sauce of your choice: Alfredo, marinara or bolognese</i> <i>Garbanzo Bean & Spinach Salad</i></p>	<p>Turkey Bacon, Egg & Cheese on Bagel <i>one large fried egg topped with melted American cheese and turkey bacon, on a white wheat bagel</i> <i>Hash Browns</i></p>
<input checked="" type="checkbox"/> https://www.whitsons.com	<p>Beef Burrito Bowl <i>brown rice, topped with fiesta style beef, black beans, lettuce, sautéed onions and peppers, pico de gallo and baked tortilla strips</i></p>	<p>Ranch & Chicken Quesadilla <i>fiesta chicken, mozzarella and ranch dressing melted into a whole wheat wrap</i></p>	<p>Bean & Veggie Burrito <i>a whole wheat burrito, stuffed with fiesta rice, veggies, kidney beans and cheddar cheese, served with salsa and sour cream</i></p>	<p>Crispy Chicken Taco <i>fiesta style chicken wrapped in a crispy tortilla shell with cheddar cheese, lettuce and salsa</i></p>	<p>Chicken Taco Salad <i>a crispy tortilla bowl topped with lettuce, beans, chicken, jalapenos, pico de gallo, cheddar and sour cream</i></p>
<input checked="" type="checkbox"/> https://www.whitsons.com	<p>Spicy Chicken Sandwich <i>a boldly spiced crispy chicken breast filet with leaf lettuce and ripe tomato on a soft bun</i></p>	<p>Texas Rib Sandwich <i>boneless BBQ rib meat slathered in tangy barbecue sauce and served on a soft bun</i></p>	<p>Chicken Parm Sandwich <i>lightly breaded chicken breast patty topped with melted mozzarella and tomato sauce on a toasted whole grain</i></p>	<p>Fish Sandwich <i>fish fillet on a whole wheat bun with lettuce and cheese</i></p>	<p>Hot Dog on a Bun <i>beef hot dog nestled on a soft bun and topped with your choice of condiments</i></p>
<input checked="" type="checkbox"/> https://www.whitsons.com	<p>Available Daily: Hamburger, Cheeseburgers, Turkey Burgers & Veggie Burgers served on whole wheat Roll</p> <p>* New Item Available Daily: Egg & American Cheese or Turkey Bacon, Egg & American Cheese on a Whole Wheat Bagel</p>				
<input checked="" type="checkbox"/> https://www.whitsons.com	<p>Turkey Garden Salad with Dinner Rolls <i>turkey breast over mixed greens with lettuce, tomatoes, cucumbers, and carrots</i></p>	<p>Cobb Salad with Dinner Roll <i>tossed greens topped with crispy chicken, bacon, cheddar, tomatoes, cucumbers, egg crumbles and</i></p>	<p>Garden Salad with Cheddar Cheese <i>tomatoes, cucumbers and shredded cheddar cheese served over a bed of romaine lettuce, with two dinner rolls</i></p>	<p>Spinach Salad with Dinner Roll <i>with eggs, mushrooms and red onions served with a dinner roll</i></p>	<p>Greek Salad with Dinner Roll <i>romaine lettuce with red onions, tomatoes, cucumbers, feta cheese and black olives, served with a whole wheat dinner roll</i></p>
<input checked="" type="checkbox"/> https://www.whitsons.com	<p>Baby Carrots Celery Sticks Garbanzo Beans Romaine Salad w/ Tomato Fresh Orange Red Delicious Apple Potato Salad Deli Style Coleslaw</p>	<p>Baby Carrots Celery Sticks Garbanzo Beans Romaine Salad w/ Tomato Fresh Orange Red Delicious Apple Potato Salad Deli Style Coleslaw</p>	<p>Baby Carrots Celery Sticks Garbanzo Beans Romaine Salad w/ Tomato Fresh Orange Red Delicious Apple Potato Salad Deli Style Coleslaw</p>	<p>Baby Carrots Celery Sticks Garbanzo Beans Romaine Salad w/ Tomato Fresh Orange Red Delicious Apple Potato Salad Deli Style Coleslaw</p>	<p>Baby Carrots Celery Sticks Garbanzo Beans Romaine Salad w/ Tomato Fresh Orange Red Delicious Apple Potato Salad Deli Style Coleslaw</p>

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<input checked="" type="checkbox"/> https://www.whitsons.com	Turkey Club Wrap <i>Boar's Head turkey breast, turkey bacon, chopped romaine lettuce and tomato, wrapped in a whole wheat tortilla</i> Available Daily: Boar's Head Turkey, Buffalo Chicken and Ham, American, Swiss or Provolone, Pepperjack Cheese lettuce, tomato, peppers, onions, olives and pickles	Caesar Chicken Wrap <i>caesar chicken, crisp romaine lettuce and parmesan cheese wrapped in a whole wheat tortilla, drizzled</i>		
<input checked="" type="checkbox"/> https://www.whitsons.com	Pizza Bagel <i>fresh whole wheat bagel topped with marinara sauce and mozzarella cheese</i>	Meatball Stromboli <i>beef and chicken meatballs, stuffed inside a folded pizza crust with tomato sauce and melted mozzarella cheese</i> Available Daily: Plain and Pepperoni Whole Grain Pizza by the Slice		
<input checked="" type="checkbox"/> https://www.whitsons.com	Cheesy Stuffed Breadsticks with Marinara Sauce <i>cheesy stuffed breadstick dunkers with marinara sauce</i> Peas	French Toast Sticks <i>crispy, golden brown, French toast sticks perfect for dipping or dunking in syrup</i> Scrambled Eggs Baked Sweet Potato Fries		
<input checked="" type="checkbox"/> https://www.whitsons.com	Chicken Burrito Bowl <i>brown rice topped with fajita style chicken, black beans, lettuce, sautéed onions and peppers, pico de gallo and tortilla strips</i> Available Daily: Crunchy or Soft Tacos and Nachos Chips. Toppings include: Salsa, Sour Cream, Lettuce and Cheddar Cheese Shredded or Sauce	Cheddar Quesadilla <i>melted cheddar cheese inside a grilled folded tortilla with pico de gallo</i>		
<input checked="" type="checkbox"/> https://www.whitsons.com	Beef Sliders <i>mini beef patties on mini hamburger buns</i> Available Daily: Hamburger, Cheeseburgers, Turkey Burgers & Veggie Burgers served on whole wheat Roll * New Item Available Daily: Egg & American Cheese or Turkey Bacon, Egg & American Cheese on a Whole Wheat Bagel *	Bacon Cheeseburger <i>beef burger topped with turkey bacon, low fat American cheese, lettuce and tomato, served on whole wheat</i> Available Daily: Hamburger, Cheeseburgers, Turkey Burgers & Veggie Burgers served on whole wheat Roll * New Item Available Daily: Egg & American Cheese or Turkey Bacon, Egg & American Cheese on a Whole Wheat Bagel *		
<input checked="" type="checkbox"/> https://www.whitsons.com	Turkey Garden Salad with Dinner Rolls <i>turkey breast over mixed greens with lettuce, tomatoes, cucumbers, and carrots</i> Available Daily: Garden Salad, Chef Salad & Chicken Salad, served with twin whole wheat dinner rolls & low fat dressing	Cobb Salad with Dinner Roll <i>tossed greens topped with crispy chicken, bacon, cheddar, tomatoes, cucumbers, egg crumbles and croutons</i>		
<input checked="" type="checkbox"/> https://www.whitsons.com	Baby Carrots Celery Sticks Garbanzo Beans Romaine Salad w/ Tomato Fresh Orange Red Delicious Apple Potato Salad Deli Style Coleslaw	Baby Carrots Celery Sticks Garbanzo Beans Romaine Salad w/ Tomato Fresh Orange Red Delicious Apple Potato Salad Deli Style Coleslaw		

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