

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

			<p>Buffalo Chicken Wrap <i>buffalo chicken with lettuce and tomatoes wrapped inside a whole wheat tortilla</i></p>	<p>Vegetarian Wrap <i>mozzarella cheese, cucumbers, tomatoes, olives, red onions on a tortilla wrap spread with hummus</i> ♻️</p>	<p>Turkey BLT Wrap <i>whole grain wrap, turkey bacon, lettuce and tomatoes</i></p>
<p>AVAILABLE DAILY: Ham, Turkey and Buffalo Chicken on a Whole Wheat Wrap</p>					
			<p>Buffalo Chicken Pizza Pops <i>crispy pizza dough stuffed with cheddar cheese, buffalo chicken and ranch dressing</i></p>	<p>Pizza Bagel <i>fresh whole wheat bagel topped with marinara sauce and mozzarella cheese</i></p>	<p>Meatball Pizza Slice <i>chicken and beef meatballs over a cheesy slice of pizza</i></p>
<p>AVAILABLE DAILY: Plain and Pepperoni Whole Grain Pizza by the Slice</p>					
			<p>French Toast Sticks <i>crispy, golden brown, French toast sticks perfect for dipping or dunking in syrup</i> ♻️ Scrambled Eggs Baked Sweet Potato Fries</p>	<p>Cheesy Stuffed Breadsticks with Marinara Sauce <i>cheesy stuffed breadstick dunkers with marinara sauce</i> ♻️</p>	<p>BQ Chicken <i>tender chicken marinated in bbq sauce</i> Brown Rice Steamed Broccoli</p>
			<p>Fish Sandwich <i>fish fillet on a whole wheat bun with lettuce and cheese</i></p>	<p>Buffalo Chicken Sandwich <i>spicy chicken patty with lettuce and tomatoes on a club roll</i></p>	<p>Beef Sliders <i>mini beef patties on mini hamburger buns</i></p>
<p>AVAILABLE DAILY: Hamburger, Cheeseburger, Turkey Burger and Veggie Burger served on Whole Wheat Roll</p>					
			<p>Garden Salad with Cheese &amp; Dinner Rolls <i>mixed greens with tomatoes, cucumbers, carrot sticks, radishes, and shredded cheddar</i></p>	<p>Spinach Salad with Dinner Roll <i>with eggs, mushrooms and red onions served with a dinner roll</i> ♻️</p>	<p>Greek Salad with Dinner Roll <i>romaine lettuce, red onion, tomatoes, cucumbers, feta cheese and black olives</i></p>
<p>AVAILABLE DAILY: Garden Salad, Chef Salad &amp; Chicken Caesar Salad served with 2 Whole Wheat Dinner Rolls &amp; LowFat Dressing</p>					
<p>NOW AVAILABLE DAILY: Organic Hummus w/ an Organic Soft-baked Whole Wheat Pretzel!!!</p>					
			<p>Chicken Burrito <i>fiesta chicken with black beans, rice, cheddar and lettuce, wrapped in a tortilla</i></p>	<p>Soft Beef Taco <i>fiesta style beef wrapped in a flour tortilla with pico de gallo, cheese and lettuce</i></p>	<p>Fiesta Taco Salad <i>fiesta style beef, lettuce and tomatoes served on a whole wheat tortilla bowl</i></p>
<p>AVAILABLE DAILY: Crunchy or soft Taco and nacho chips, toppings include: salsa, sour cream, lettuce and cheddar cheese sauce</p>					
			<p>Romaine Lettuce Celery Sticks Baby Carrots Garbanzo Beans Cucumber Slices Fresh Apple Banana</p>	<p>Romaine Lettuce Celery Sticks Baby Carrots Garbanzo Beans Cucumber Slices Fresh Orange Bartlett Pear</p>	<p>Romaine Lettuce Celery Sticks Baby Carrots Garbanzo Beans Cucumber Slices Fresh Apple Fresh Pear</p>

\*USDA is an equal opportunity provider, employer, and lender.

MEAL PRICE INCLUDES: PROTEIN CHOICE, FRESH VEGETABLE CHOICE, FRESH FRUIT CHOICE, BREAD CHOICE  
 AT LEAST 2 TYPES OF MILK AVAILABLE DAILY: 1% LOW FAT UNFLAVORED, FAT FREE FLAVORED, FAT FREE UNFLAVORED  
 AVAILABLE DAILY WITH SALAD LUNCH: PROTEIN CHOICE, WHOLE GRAIN ITEM, FRUIT CHOICE & MILK CHOICE

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	<p>Bacon Cheeseburger Wrap a traditional bacon cheeseburger inside a whole wheat tortilla</p>	<p>Egg Salad Wrap freshly made egg salad with lettuce and tomato in a whole wheat wrap </p>	<p>Chicken Delight Wrap crispy chicken and cheese with lettuce, tomato and ranch dressing wrapped in a tortilla</p>	<p>Black Bean &amp; Hummus Wrap homemade hummus, black beans and scallions on a whole wheat Wrap </p>	<p>South of the Border Wrap crispy chicken tenders, cheddar cheese and Mexi rice on a whole wheat wrap</p>
<p>AVAILABLE DAILY: Ham, Turkey and Buffalo Chicken on a Whole Wheat Wrap</p>					
	<p>Beef &amp; Cheese Stromboli garlic toasted whole grain pizza crust filled with beef, mozzarella and marinara sauce</p>	<p>Grilled Vegetable Pizza grilled pizza topped with zucchini, squash, eggplant, scallions and mozzarella </p>	<p>Chicken Pepperoni Pizza Pops garlic pizza dough stuffed with mozzarella cheese, tomato sauce, chicken pepperoni and spices</p>	<p>Pizza Bites cheese and tomato sauce baked in a crispy whole grain pocket</p>	<p>Bacon Pizza whole wheat pizza dough topped with tomato sauce, cheese and crispy bacon </p>
<p>AVAILABLE DAILY: Plain and Pepperoni Whole Grain Pizza by the slice</p>					
	<p>Meatball Parmesan Hero freshly baked meatballs topped with tomato sauce and cheese Peas</p>	<p>Chicken &amp; Vegetable Dumplings a flavorful combination of chicken and veggies tucked into a soft dumpling shell Japanese Vegetable Stir Fry</p>	<p>Pancakes &amp; Sausage light and fluffy whole grain pancakes served with a sausage patty  Baked Tater Tots Baby Carrots</p>	<p>The Works Hot Dog hot dog on a whole wheat bun with mustard, sauerkraut, jalapenos, onions and relish Vegetarian Baked Beans</p>	<p>Spicy Chicken Sandwich a boldly spiced crispy chicken breast filet with leaf lettuce and ripe tomato on a soft bun Spinach &amp; Tomato Salad</p>
	<p>Chicken Parm Sandwich lightly breaded chicken breast patty topped with melted mozzarella and tomato sauce on a toasted whole grain bun</p>	<p>Grilled Cheese Sandwich grilled American cheese on whole wheat </p>	<p>Texas Rib Sandwich boneless BBQ rib meat slathered in tangy barbecue sauce and served on a soft bun</p>	<p>Chicken Nugget &amp; Mozzarella Stick Combo everyone's two favorite foods on one plate! Crispy chicken nuggets and ooey mozzarella dipping sauce</p>	<p>English Cheddar Burger grilled beef burger topped with cheddar cheese, sautéed onions, lettuce mix and tomatoes on a whole</p>
<p>AVAILABLE DAILY: Hamburger, Cheeseburger, Turkey Burger and Veggie Burger served on Whole Wheat Roll</p>					
	<p>Turkey Garden Salad with Dinner Rolls turkey breast over mixed greens with lettuce, tomatoes, cucumbers, and carrots</p>	<p>Cobb Salad with Dinner Roll tossed greens topped with crispy chicken, bacon, cheddar, tomatoes, cucumbers, egg crumbles and</p>	<p>Garden Salad with Cheese &amp; Dinner Rolls mixed greens with tomatoes, cucumbers, carrot sticks, radishes, and shredded cheddar</p>	<p>Spinach Salad with Dinner Roll with eggs, mushrooms and red onions served with a dinner roll </p>	<p>Greek Salad with Dinner Roll romaine lettuce, red onion, tomatoes, cucumbers, feta cheese and black olives</p>
<p>AVAILABLE DAILY: Garden Salad, Chef Salad &amp; Chicken Caesar Salad served with 2 Whole Wheat Dinner Rolls &amp; Lowfat Dressing</p> <p>NOW AVAILABLE DAILY: Organic Hummus w/ an Organic Soft-baked Whole Wheat Pretzell!</p>					
	<p>Beef Burrito Bowl brown rice, topped with fiesta style beef, black beans, lettuce, sautéed onions and peppers, pico de gallo and baked tortilla strips</p>	<p>Chicken &amp; Cheese Quesadilla fiesta style chicken with melted American cheese pressed inside a whole wheat tortilla</p>	<p>Beefy Burrito fiesta style beef with sour cream, refried beans, rice, cheddar, lettuce and salsa wrapped in a tortilla</p>	<p>Nachos &amp; Cheese creamy cheese sauce layered over a bed of nachos </p>	<p>Chicken Taco Salad a crispy tortilla bowl topped with lettuce, beans, chicken, jalapenos, pico de gallo, cheddar and sour cream</p>
<p>AVAILABLE DAILY: Crunchy or soft Taco and nacho chips, toppings include: salsa, sour cream, lettuce and cheddar cheese sauce</p>					
	<p>Romaine Salad w/ Tomato Celery Sticks Romaine Lettuce Celery Sticks Baby Carrots Garbanzo Beans Cucumber Slices Banana Empire Apple</p>	<p>Celery Sticks Romaine Salad w/ Tomato Romaine Lettuce Celery Sticks Baby Carrots Garbanzo Beans Fresh Apple Fresh Orange</p>	<p>Romaine Lettuce Celery Sticks Baby Carrots Garbanzo Beans Cucumber Slices Fresh Apple Banana</p>	<p>Romaine Lettuce Celery Sticks Baby Carrots Garbanzo Beans Cucumber Slices Fresh Orange Fresh Apple</p>	<p>Romaine Lettuce Celery Sticks Baby Carrots Garbanzo Beans Cucumber Slices Banana Fresh Apple</p>

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AVAILABLE DAILY WITH SALAD LUNCH: PROTEIN CHOICE, WHOLE GRAIN ITEM, FRUIT CHOICE & MILK CHOICE

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	<p>Turkey Ranch Wrap Boar's Head turkey breast with lettuce, tomato and ranch on a whole wheat wrap</p>	<p>Caesar Chicken Wrap caesar chicken, crisp romaine lettuce and parmesan cheese wrapped in a whole wheat tortilla, drizzled with caesar dressing</p>	<p>The Red Square Wrap Boar's Head turkey and Swiss cheese in a whole wheat wrap, smothered in thousand island dressing, with lettuce and tomatoes</p>	<p>Farmer's Market Wrap carrots, cucumbers, onions, peppers, tomatoes and lettuce stuffed in a white whole wheat wrap with dressing and cheese</p>	<p>Athenian Wrap lettuce, tomato, red onion, green peppers, cucumbers and feta wrapped in a tortilla </p>
<p>AVAILABLE DAILY: Ham, Turkey, and Buffalo Chicken on a Whole Wheat Wrap</p>					
	<p>BBO Chicken Pizza whole wheat pizza topped with mozzarella cheese and crispy BBQ chicken</p>	<p>Tossed Salad Pizza whole wheat pizza dough topped with tossed greens, tomatoes and balsamic vinaigrette </p>	<p>Cheese Pizza Pops garlic pizza dough stuffed with mozzarella cheese, tomato sauce and crushed red pepper</p>	<p>Chicken Fajita Pizza cheesy pizza slice topped with fajita chicken, onions and peppers</p>	<p>Chicken Parmesan Calzone garlic toasted pizza crust, stuffed with ricotta cheese, melted mozzarella and diced chicken cutlet</p>
<p>AVAILABLE DAILY: Plain and Pepperoni Whole Grain Pizza by the Slice</p>					
	<p>Jamaican Beef Patty golden flaky pastry dough stuffed with beef simmered in a delicious spicy sauce  Fiesta Corn</p>	<p>Philly Cheese Steak Sandwich thinly sliced steak with sauteed peppers and onions and melted mozzarella on a whole wheat kaiser roll Baked Sweet Potato Fries</p>	<p>Mac &amp; Cheese whole grain elbow pasta in a creamy cheese sauce  Carrots</p>	<p>Spicy Popcorn Chicken  Garbanzo Bean &amp; Spinach Salad</p>	<p>Shepherd's Pie mashed potato pie, with ground beef, onions, pepper, corn, gravy and melted cheddar cheese WW Dinner Roll Steamed Spinach</p>
	<p>Buffalo Burger grilled beef burger topped with hot sauce and blue cheese with lettuce and tomato on a whole wheat bun</p>	<p>Texas Rib Sandwich boneless BBQ rib meat slathered in tangy barbecue sauce and served on a soft bun</p>	<p>Hot Dog on a Bun beef hot dog nestled on a soft bun and topped with your choice of condiments</p>	<p>Bacon Cheeseburger beef burger topped with turkey bacon, low fat American cheese, lettuce and tomato, served on whole wheat</p>	<p>Beef Sliders mini beef patties on mini hamburger buns</p>
<p>AVAILABLE DAILY: Hamburger, Cheeseburger, Turkey Burger, and Veggie Burger served on Whole Wheat Roll</p>					
	<p>Turkey Garden Salad with Dinner Rolls turkey breast over mixed greens with lettuce, tomatoes, cucumbers, and carrots</p>	<p>Cobb Salad with Dinner Roll tossed greens topped with crispy chicken, bacon, cheddar, tomatoes, cucumbers, egg crumbles and</p>	<p>Garden Salad with Cheese &amp; Dinner Rolls mixed greens with tomatoes, cucumbers, carrot sticks, radishes, and shredded cheddar</p>	<p>Spinach Salad with Dinner Roll with eggs, mushrooms and red onions served with a dinner roll </p>	<p>Greek Salad with Dinner Roll romaine lettuce, red onion, tomatoes, cucumbers, feta cheese and black olives</p>
<p>AVAILABLE DAILY: Garden Salad, Chef Salad &amp; Chicken Caesar Salad served with 2 Whole Wheat Dinner Rolls &amp; LowFat Dressing</p>					
<p>NOW AVAILABLE DAILY: Organic Hummus w/ an Organic Soft-baked Whole Wheat Pretzell!</p>					
	<p>Chicken Burrito Bowl brown rice topped with fajita style chicken, black beans, lettuce, sautéed onions and peppers, pico de gallo</p>	<p>Beef &amp; Cheddar Quesadilla fiesta style beef folded inside a grilled tortilla with cheddar and pico de gallo</p>	<p>Chicken Burrito fiesta chicken with black beans, rice, cheddar and lettuce, wrapped in a tortilla</p>	<p>Loaded Chicken Nachos tortilla chips topped with fiesta chicken and cheese sauce</p>	<p>Chicken Taco Salad a crispy tortilla bowl topped with lettuce, beans, chicken, jalapenos, pico de gallo, cheddar and sour</p>
<p>AVAILABLE DAILY: Crunchy or Soft Taco and Nacho Chips - Topping Include: Salsa, Sour Cream, Lettuce and Cheddar Cheese Sauce</p>					
	<p>Romaine Salad w/ Tomato Celery Sticks Baby Carrots Garbanzo Beans Cucumber Coins Fresh Orange Fresh Apple</p>	<p>Romaine Salad w/ Tomato Celery Sticks Baby Carrots Garbanzo Beans Cucumber Coins Fresh Apple Fresh Orange</p>	<p>Romaine Salad w/ Tomato Celery Sticks Baby Carrots Garbanzo Beans Fresh Orange Banana</p>	<p>Romaine Salad w/ Tomato Celery Sticks Baby Carrots Garbanzo Beans Cucumber Coins Fresh Orange Fresh Apple</p>	<p>Fresh Orange Romaine Salad w/ Tomato Celery Sticks Baby Carrots Garbanzo Beans Cucumber Coins Honeydew Melon Cup Cantaloupe</p>

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	<p><b>Buffalo Chicken Wrap</b> buffalo chicken with lettuce and tomatoes wrapped inside a whole wheat tortilla</p>	<p><b>Turkey Club Wrap</b> Boar's Head turkey breast, turkey bacon, chopped romaine lettuce and tomato, wrapped in a whole wheat tortilla</p>	<p><b>Vegetarian Wrap</b> mozzarella cheese, cucumbers, tomatoes, olives, red onions on a tortilla wrap spread with hummus</p>	<p><b>Tuna &amp; American Cheese Wrap</b> tuna salad with American cheese, lettuce and tomato on a whole wheat wrap</p>	<p><b>Egg Salad Wrap</b> freshly made egg salad with lettuce and tomato in a whole wheat wrap</p>
<p><b>AVAILABLE DAILY: Ham, Turkey and Buffalo Chicken on a Whole Wheat Wrap</b></p>					
	<p><b>Broccoli &amp; Cheese Stromboli</b> garlic toasted whole grain pizza crust filled with broccoli and mozzarella</p>	<p><b>French Bread Pizza</b> marinara sauce and mozzarella cheese on a french baguette</p>	<p><b>Buffalo Chicken Pizza Pops</b> crispy pizza dough stuffed with cheddar cheese, buffalo chicken and ranch dressing</p>	<p><b>Pizza Bites</b> cheese and tomato sauce baked in a crispy whole grain pocket</p>	<p><b>White Pizza</b> fresh whole grain dough brushed with garlic and oil, topped with low fat mozzarella cheese, baked to perfection</p>
<p><b>AVAILABLE DAILY: Plain and Pepperoni Whole Grain Pizza by the Slice</b></p>					
	<p><b>Rainbow Grilled Cheese</b> melted american and mozzarella cheeses served in between two slices of grilled whole wheat bread Baked Potato Wedges</p>	<p><b>Waffles &amp; Sausage</b> light and crisp whole grain waffles served with a sausage patty Blueberries Baby Carrots</p>	<p><b>Pasta with Meat Sauce</b> pasta with red meat sauce Parmesan Roasted Butternut Squash</p>	<p><b>St. Louis BBQ Rib Sandwich*</b> boneless ribs in bbq sauce with cheddar and onion rings on a whole wheat roll Baked Potato Wedges Vegetarian Baked Beans</p>	<p><b>Warm Pretzel with Cheese Sauce</b> warm whole wheat pretzel with cheese sauce Broccoli Florets</p>
	<p><b>Chicken Parm Sandwich</b> lightly breaded chicken breast patty topped with melted mozzarella and tomato sauce on a toasted whole grain bun</p>	<p><b>Fish Sandwich</b> fish fillet on a whole wheat bun with lettuce and cheese</p>	<p><b>Pizza Burger</b> beef burger topped with pizza sauce, mozzarella cheese and romaine lettuce on a whole wheat bun</p>	<p><b>Chicken Nugget &amp; Mozzarella Stick Combo</b> everyone's two favorite foods on one plate! Crispy chicken nuggets and mozzarella dipping sauce</p>	<p><b>English Cheddar Burger</b> grilled beef burger topped with cheddar cheese, sautéed onions, lettuce mix and tomatoes on a whole wheat roll</p>
<p><b>AVAILABLE DAILY: Hamburger, Cheeseburger, Turkey Burger and Veggie Burger served on Whole Wheat Roll</b></p>					
	<p><b>Turkey Garden Salad with Dinner Rolls</b> turkey breast over mixed greens with lettuce, tomatoes, cucumbers, and carrots</p>	<p><b>Cobb Salad with Dinner Roll</b> tossed greens topped with crispy chicken, bacon, cheddar, tomatoes, cucumbers, egg crumbles and</p>	<p><b>Garden Salad with Cheese &amp; Dinner Rolls</b> mixed greens with tomatoes, cucumbers, carrot sticks, radishes, and shredded cheddar</p>	<p><b>Spinach Salad with Dinner Roll</b> with eggs, mushrooms and red onions served with a dinner roll</p>	<p><b>Greek Salad with Dinner Roll</b> romaine lettuce with red onions, tomatoes, cucumbers, feta cheese and black olives, served with a whole wheat roll</p>
<p><b>AVAILABLE DAILY: Garden Salad, Chef Salad &amp; Chicken Caesar Salad served with 2 Whole Wheat Dinner Rolls &amp; LowFat Dressing</b></p>					
<p><b>NOW AVAILABLE DAILY: Organic Hummus w/ an Organic Soft-baked Whole Wheat Pretzell!</b></p>					
	<p><b>Chicken Burrito Bowl</b> brown rice topped with fajita style chicken, black beans, lettuce, sautéed onions and peppers, pico de gallo and tortilla strips</p>	<p><b>Chicken &amp; Ranch Quesadilla</b> fiesta chicken, mozzarella and ranch dressing melted into a whole wheat wrap</p>	<p><b>Bean &amp; Veggie Burrito</b> a whole wheat burrito, stuffed with fiesta rice, veggies, kidney beans and cheddar cheese, served with salsa and sour cream</p>	<p><b>Crispy Chicken Taco</b> fiesta style chicken wrapped in a crispy tortilla shell with cheddar cheese, lettuce and salsa</p>	<p><b>Mexican Salad</b> tossed greens topped with beans, corn, salsa, cheddar cheese, sour cream and crumbled tortilla chips</p>
<p><b>AVAILABLE DAILY: Crunchy or soft Taco and nacho chips, toppings include: salsa, sour cream, lettuce and cheddar cheese sauce</b></p>					
	<p><b>Celery Sticks</b> Fresh Apple Banana Fresh Orange Romaine Salad w/ Tomato Garbanzo Beans Baby Carrots Sliced Cucumber Banana Applesauce Fresh Cantaloupe Cup</p>	<p><b>Celery Sticks</b> Fresh Orange Romaine Salad w/ Tomato Garbanzo Beans Baby Carrots Sliced Cucumber Banana Applesauce Fresh Cantaloupe Cup</p>	<p><b>Celery Sticks</b> Romaine Salad w/ Tomato Garbanzo Beans Baby Carrots Sliced Cucumber Grape Tomatoes Banana Applesauce</p>	<p><b>Celery Sticks</b> Fresh Orange Romaine Salad w/ Tomato Garbanzo Beans Baby Carrots Banana Applesauce Broccoli Florets Fresh Cantaloupe Cup</p>	<p><b>Celery Sticks</b> Fresh Orange Romaine Salad w/ Tomato Garbanzo Beans Baby Carrots Sliced Cucumber Banana Applesauce Fresh Cantaloupe Cup</p>

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	<p>Chicken Delight Wrap <i>crispy chicken and cheese with lettuce, tomato and ranch dressing wrapped in a tortilla</i></p>	<p>All American Chicken Salad Wrap <i>chicken salad, crispy bacon strips and fresh lettuce and tomatoes on a tortilla wrap</i></p>	<p>Black Bean &amp; Hummus Wrap <i>homemade hummus, black beans and scallions on a whole wheat Wrap</i></p>	<p>Hail Caesar Wrap <i>crispy chicken wrapped in a tortilla with romaine lettuce, parmesan cheese and caesar dressing</i></p>	<p>Farmer's Market Wrap <i>carrots, cucumbers, onions, peppers, tomatoes and lettuce stuffed in a white whole wheat wrap with American and Swiss cheeses</i></p>
<p>AVAILABLE DAILY: Ham, Turkey and Buffalo Chicken on a Whole Wheat Wrap</p>					
	<p>Caramelized Onion &amp; Cheese Calzone <i>garlic toasted whole grain calzone filled with grilled onions, ricotta and melted mozzarella cheese</i></p>	<p>Buffalo Chicken Pizza <i>buffalo chicken strips with mozzarella, parmesan, marinara sauce on fresh pizza dough</i></p>	<p>Pepperoni &amp; Cheese Stromboli <i>garlic toasted whole grain pizza crust filled with pepperoni, melted mozzarella cheese and marinara sauce</i></p>	<p>Pizza Bagel <i>fresh whole wheat bagel topped with marinara sauce and mozzarella cheese</i></p>	<p>Bacon Pizza <i>whole wheat pizza dough topped with tomato sauce, cheese and crispy bacon</i></p>
<p>AVAILABLE DAILY: Plain and Pepperoni Whole Grain Pizza by the Slice</p>					
	<p>Grilled Chicken Sandwich <i>grilled chicken breast on a bun</i> Oven Baked Fries</p>	<p>Beef &amp; Chicken Meatballs over Pasta <i>beef and chicken meatballs with tomato sauce over a bed of penne pasta</i> Baby Carrots</p>	<p>Chicken Tenders <i>Brown Rice</i> Lemon Marinated Carrots</p>	<p>Cheeseburger Pretzel Sandwich <i>beef burger topped with American cheese, served on a whole grain pretzel bun</i> Vegetarian Baked Beans Baked Sweet Potato</p>	<p>Asian Rice Bowl with Chicken and Veggies <i>chicken &amp; vegetable stir fry, served with brown rice</i> Steamed Broccoli</p>
	<p>Hot Dog on a Bun <i>beef hot dog nestled on a soft bun and topped with your choice of condiments</i></p>	<p>Texas Rib Sandwich <i>boneless BBQ rib meat slathered in tangy barbecue sauce and served on a soft bun</i></p>	<p>Buffalo Burger <i>grilled beef burger topped with hot sauce and blue cheese with lettuce and tomato on a whole wheat bun</i></p>	<p>Pizza Burger <i>beef burger topped with pizza sauce, mozzarella cheese and romaine lettuce on a whole wheat bun</i></p>	<p>Spicy Chicken Sandwich <i>a boldly spiced crispy chicken breast filet with leaf lettuce and ripe tomato on a soft bun</i></p>
<p>AVAILABLE DAILY: Hamburger, Cheeseburger, Turkey Burger and Veggie Burger served on Whole Wheat Roll</p>					
	<p>Turkey Garden Salad with Dinner Rolls <i>turkey breast over mixed greens with lettuce, tomatoes, cucumbers, and carrots</i></p>	<p>Cobb Salad with Dinner Roll <i>tossed greens topped with crispy chicken, bacon, cheddar, tomatoes, cucumbers, egg crumbles and</i></p>	<p>Garden Salad with Cheddar Cheese <i>tomatoes, cucumbers and shredded cheddar cheese served over a bed of romaine lettuce, with two dinner rolls</i></p>	<p>Spinach Salad with Dinner Roll <i>with eggs, mushrooms and red onions served with a dinner roll</i></p>	<p>Greek Salad with Dinner Roll <i>romaine lettuce with red onions, tomatoes, cucumbers, feta cheese and black olives, served with a whole wheat</i></p>
<p>AVAILABLE DAILY: Garden Salad, Chef Salad &amp; Chicken Caesar Salad served with 2 Whole Wheat Dinner Rolls &amp; Lowfat Dressing</p>					
<p>NOW AVAILABLE DAILY: Organic Hummus w/ an Organic Soft-baked Whole Wheat Pretzel!!!</p>					
	<p>Beef Burrito Bowl <i>brown rice, topped with fiesta style beef, black beans, lettuce, sautéed onions and peppers, pico de gallo and baked tortilla strips</i></p>	<p>Cheddar Quesadilla <i>melted cheddar cheese inside a grilled folded tortilla with pico de gallo</i></p>	<p>Beefy Burrito <i>fiesta style beef with sour cream, refried beans, rice, cheddar, lettuce and salsa wrapped in a tortilla</i></p>	<p>Taco Tacos <i>fiesta beef wrapped in a crispy tortilla shell with pico de gallo, cheddar cheese and lettuce</i></p>	<p>Fiesta Taco Salad <i>fiesta style beef, lettuce and tomatoes served on a whole wheat tortilla bowl</i></p>
<p>AVAILABLE DAILY: Crunchy or soft Taco and nacho chips, toppings include: salsa, sour cream, lettuce and cheddar cheese sauce</p>					
	<p>Celery Sticks Romaine Salad w/ Tomato Garbanzo Beans Baby Carrots Sliced Cucumber Grape Tomatoes Banana Applesauce Fresh Cantaloupe Cup</p>	<p>Celery Sticks Fresh Orange Romaine Salad w/ Tomato Garbanzo Beans Sliced Cucumber Grape Tomatoes Banana Applesauce Broccoli Florets</p>	<p>Celery Sticks Fresh Orange Romaine Salad w/ Tomato Garbanzo Beans Baby Carrots Sliced Cucumber Broccoli Florets</p>	<p>Celery Sticks Romaine Salad w/ Tomato Garbanzo Beans</p>	<p>Celery Sticks Fresh Orange Romaine Salad w/ Tomato Garbanzo Beans Baby Carrots Sliced Cucumber Grape Tomatoes Banana</p>

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AT LEAST 2 TYPES OF MILK AVAILABLE DAILY: 1% LOW FAT UNFLAVORED, FAT FREE FLAVORED, FAT FREE UNFLAVORED  
AVAILABLE DAILY WITH SALAD LUNCH: PROTEIN CHOICE, WHOLE GRAIN ITEM, FRUIT CHOICE & MILK CHOICE

\*\*\*Consuming raw or undercooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. If you have a food allergy, please speak to the Director or Lead Server. Menu is subject to change, notice posted when available. If you have any questions or would like additional information regarding this menu, please contact the food service director.

