

# Welcome to our Breakfast Cafe @

Fairfield Holland Hill Elementary

June 2017

Monday

Tuesday

Wednesday

Thursday

Friday



**FUEL YOUR DAY  
THE RIGHT WAY.  
EAT A HEALTHY  
BREAKFAST!**



1 Chocolate Chip Muffin  
Or Red. Sugar Frosted Flakes  
With Honey Graham Belly Bears  
Fresh Orange  
Fresh Apple  
Low Fat Milk  
Skim Milk

2 Blueberry Muffin  
Or Red. Sugar Cocoa Puffs  
With Honey Graham Belly Bears  
Applesauce  
Banana  
Low Fat Milk  
Skim Milk

5 Banana Muffin  
Or Cinnamon Frosted Flakes  
With Honey Graham Belly Bears  
Fresh Apple  
Fresh Orange  
Low Fat Milk  
Skim Milk

**Special Election  
No School**

7 Apple Cinnamon Muffin  
Or Red. Sugar Cinnamon Toast  
Crunch  
With Honey Graham Belly Bears  
Fresh Orange  
Applesauce  
Low Fat Milk  
Skim Milk

8 Chocolate Chip Muffin  
Or Cheerios  
With Honey Graham Belly Bears  
Fresh Orange  
Banana  
Low Fat Milk  
Skim Milk

9 Blueberry Muffin  
Or Rice Krispies  
With Honey Graham Belly Bears  
Fresh Apple  
Melon Cup  
Low Fat Milk  
Skim Milk

12 Banana Muffin  
Or Red. Sugar Frosted Flakes  
With Honey Graham Belly Bears  
Fresh Orange  
Applesauce  
Low Fat Milk  
Skim Milk

13 Apple Cinnamon Muffin  
Or Cinnamon Frosted Flakes  
With Honey Graham Belly Bears  
Fresh Apple  
Strawberries  
Low Fat Milk  
Skim Milk

14 Chocolate Chip Muffin  
Or Red. Sugar Cinnamon Toast  
Crunch  
With Honey Graham Belly Bears  
Melon Cup  
Fresh Orange  
Low Fat Milk  
Skim Milk

15 Blueberry Muffin  
Or Cheerios  
With Honey Graham Belly Bears  
Fresh Apple  
Banana  
Low Fat Milk  
Skim Milk

16 Banana Muffin  
Or Rice Krispies  
With Honey Graham Belly Bears  
Applesauce  
Strawberries  
Low Fat Milk  
Skim Milk

19 Apple Cinnamon Muffin  
Or Red. Sugar Frosted Flakes  
With Honey Graham Belly Bears  
Fresh Orange  
Applesauce  
Low Fat Milk  
Skim Milk

20 Chocolate Chip Muffin  
Or Red. Sugar Cinnamon Toast  
Crunch  
With Honey Graham Belly Bears  
Fresh Apple  
Fresh Orange  
Low Fat Milk  
Skim Milk

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Mckinley School Only

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**Have a great summer!**

Our menus are healthy, nutritious and flavorful, made from whole-some ingredients. This is why we've partnered with the Furmano family to bring your child great tasting tomato sauces that have been perfected for over four generations. Check us out at [www.Whitsons.com](http://www.Whitsons.com) or scan our QR code to see all that we are doing at your school to keep your child healthy!



## Breakfast Prices

Regular: \$1.50  
Reduced: \$0.30

All breakfast choices include a variety of fresh, cupped fruit and a choice of low fat or fat free milk selection

Alternate assorted cereals available: Whole Grain Cheerios, Whole Grain Rice Krispies, Whole Grain Reduced Sugar Cinnamon Toast Crunch, Whole Grain Reduced Sugar Frosted Flakes, Whole Grain Reduced Sugar Cinnamon Frosted Flakes, Whole Grain Reduced Sugar Cocoa Puffs, Whole Grain Reduced Sugar Apple Cinnamon Cheerios

Assorted whole grain muffins available: Banana, Blueberry, Apple Cinnamon, Chocolate Chip

Whole Wheat Bagel w/ Low Fat Cream Cheese Available

\*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subject to change, notice posted when available. USDA is an equal opportunity provider, employer, and lender.