

# Fairfield Ludlowe HS

6/1/2017 - 6/2/2017



|  | Monday | Tuesday | Wednesday | Thursday  | Friday   |
|--|--------|---------|-----------|---|--|
|  |        |         |           | Chicken Delight Wrap<br><i>chicken and cheese with lettuce, tomato and ranch dressing wrapped in a tortilla</i>                           | American Beauty Sandwich<br><i>thinly sliced turkey and cheese, lettuce and tomato on a roll</i>                                     |
| Available Daily: Assorted Boars Head cold cuts, cheeses and whole grain rich bread, rolls and wraps along with vegetable toppings      |        |         |           |   |  |
|  |        |         |           | Meatball Pizza<br><i>cheese pizza topped with sliced meatball</i>   | Calzone 3 Cheese<br><i>calzone stuffed with three delicious melted cheeses</i>   |
| Available Daily: Cheese Pizza, Pepperoni Pizza and Vegetable Pizza all featuring whole grain rich pizza dough                          |        |         |           |   |  |
|  |        |         |           | Buffalo Chicken Mac & Cheese<br><i>pasta in cheese sauce, topped with buffalo style chicken and garnished with parsley</i><br>Black Beans | Philly Cheese Sandwich<br><i>beef topped with sauteed peppers, onions and melted cheese on a lightly toasted bun</i><br>Garden Salad |
|  |        |         |           |   |  |
|  |        |         |           | Crispy Tacos<br><i>crispy taco shells filled with taco meat and cheddar cheese</i>  | Mexican Salad<br><i>Salad with beans, corn, sour cream and salsa</i>   |
| Available Daily: Nachos, Cripsy and Soft Tacos, Mexi-Rice with your choice of Mexi Beef, Mexi Chicken, Mexi Veg, Refried Beans, Cheese |        |         |           |   |  |
|  |        |         |           | Bacon Cheeseburger<br><i>burger topped with cheese and bacon on a freshly toasted bun</i>   | Hot Dog on Bun<br><i>juicy hot dog on a soft bun</i>   |
| Available Daily: Hamburgers, Cheeseburgers, Turkey Burgers, Veggie Burgers, Chicken Patties and Spicy Chicken Sandwiches               |        |         |           |   |  |
|  |        |         |           | Spinach Salad<br><i>spinach topped with crumbled bacon, mushrooms, and red onion</i>  | Greek Side Salad<br><i>fresh lettuce topped with tomato, cucumber, red onion, feta cheese, and olives</i>                            |
| Available Daily: Garden Salad, Chef Salad, Caesar Salad. Includes whole wheat dinner roll and your choice of fruit and milk            |        |         |           |   |  |
|  |        |         |           | Mesclun Spring Mix<br>Grape Tomatoes<br>Cucumber<br>Carrots<br>Red Pepper Strips<br>Potato Salad<br>Fresh Apple                           | Mesclun Spring Mix<br>Grape Tomatoes<br>Cucumber<br>Carrots<br>Red Pepper Strips<br>Potato Salad<br>Fresh Apple                      |
|  |        |         |           |   |  |

MEAL PRICE INCLUDES: PROTEIN CHOICE, FRESH VEGETABLE CHOICE, FRESH FRUIT CHOICE, BREAD CHOICE  
AT LEAST 2 TYPES OF MILK AVAILABLE DAILY: 1% LOW FAT UNFLAVORED, FAT FREE FLAVORED, FAT FREE UNFLAVORED  
AVAILABLE DAILY WITH SALAD LUNCH: PROTEIN CHOICE, WHOLE GRAIN ITEM, FRUIT CHOICE & MILK CHOICE

\*\*\*Consuming raw or undercooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. If you have a food allergy, please speak to the Director or Lead Server. Menu is subject to change, notice posted when available. If you have any questions or would like additional information regarding this menu, please contact the food service director.



# Fairfield Ludlowe HS

6/5/2017 - 6/9/2017



|   | Monday  | Tuesday                           | Wednesday  | Thursday  | Friday  |
|---|---|-----------------------------------|--|---|---|
|   | South of the Border Wrap<br><i>warm chicken, seasoned rice, and cheddar cheese wrapped in a tortilla</i>                  | <b>Special Election No School</b> | BBQ Turkey Wrap<br><i>turkey breast, bbq sauce, lettuce and tomato on a wrap</i>   | Love At First Bite Sandwich<br><i>turkey breast and cheese with lettuce and tomato on a roll spread with thousand island dressing</i> | Turkey Club Wrap<br><i>turkey breast, bacon, chopped romaine lettuce and tomato, wrapped in a tortilla</i>                |
| <b>Available Daily: Assorted Boars Head cold cuts, cheeses and whole grain rich bread, rolls and wraps along with vegetable toppings</b>      |   |                                   |  |   |   |
|   | Pepperoni Pizza Pops<br><i>garlic pizza dough stuffed with mozzarella cheese, tomato sauce, pepperoni and spices</i>      |                                   | Pepper & Onion Pizza<br><i>fresh pizza dough topped with marinara sauce, mozzarella and sauteed peppers and onions</i>           | Chicken & Cheese Stromboli<br><i>Chicken and melted cheese wrapped in pizza dough</i>   | Three Cheese Pizza<br><i>pizza topped with ricotta, mozzarella, and parmesan cheeses</i>                                  |
| <b>Available Daily: Cheese Pizza, Pepperoni Pizza and Vegetable Pizza all featuring whole grain rich pizza dough</b>                          |   |                                   |  |   |   |
|   | St. Louis BBQ Rib Sandwich*<br><i>boneless ribs in bbq sauce with cheddar and onion rings on a bun</i><br>Corn            |                                   | Cheese Ravioli with Meat Sauce<br><i>cheesy ravioli topped with meat sauce and served with a roll</i><br>Lemon Marinated Carrots | Meatball Parmesan Sandwich<br><i>warm meatballs on a roll, topped with tomato sauce and melted mozzarella cheese</i><br>Kidney Beans  | Spicy Popcorn Chicken<br><i>Spicy Popcorn Chicken</i><br>Garden Salad   |
| <b>Available Daily: Assorted Boars Head cold cuts, cheeses and whole grain rich bread, rolls and wraps along with vegetable toppings</b>      |   |                                   |  |   |   |
|   | Fiesta Taco Salad<br><i>a crunchy tortilla bowl filled with fiesta style beef, cucumber, tomato, lettuce, and cheddar</i> |                                   | Ranch & Chicken Quesadilla<br><i>fiesta chicken, mozzarella and ranch dressing melted into a tortilla</i>                        | Burrito<br><i>fiesta style meat with sour cream refried beans, rice, cheddar, lettuce and salsa wrapped in a tortilla</i>             | Nachos Grande<br><i>tortilla chips topped with mexi style meat and cheese sauce</i>                                       |
| <b>Available Daily: Nachos, Cripsy and Soft Tacos, Mexi-Rice with your choice of Mexi Beef, Mexi Chicken, Mexi Veg, Refried Beans, Cheese</b> |   |                                   |  |   |   |
|   | Buffalo Chicken Platter<br><i>Buffalo chicken tenders with carrot and celery sticks</i>                                   |                                   | BLT Burger<br><i>burger topped with bacon, lettuce and tomato on a freshly toasted bun</i>                                       | Chicken Pam Sandwich<br><i>chicken patty topped with melted cheese and tomato sauce on a roll</i>                                     | English Cheddar Burger<br><i>grilled burger topped with cheddar cheese, sautéed onions, lettuce and tomatoes on a bun</i> |
| <b>Available Daily: Hamburgers, Cheeseburgers, Turkey Burgers, Veggie Burgers, Chicken Patties and Spicy Chicken Sandwiches</b>               |   |                                   |  |   |   |
|   | Garden Salad Entree<br><i>fresh garden salad topped with meat</i>   |                                   | Garden Salad with Cheese Entree<br><i>fresh garden salad topped with cheese</i>  | Spinach Salad<br><i>spinach topped with crumbled bacon, mushrooms, and red onion</i>  | Greek Side Salad<br><i>fresh lettuce topped with tomato, cucumber, red onion, feta cheese, and olives</i>                 |
| <b>Available Daily: Garden Salad, Chef Salad, Caesar Salad. Includes whole wheat dinner roll and your choice of fruit and milk</b>            |   |                                   |  |   |   |
|   | Mesclun Spring Mix<br>Grape Tomatoes<br>Cucumber<br>Carrots<br>Red Pepper Strips<br>Potato Salad<br>Fresh Apple           |                                   | Mesclun Spring Mix<br>Grape Tomatoes<br>Cucumber<br>Carrots<br>Red Pepper Strips<br>Potato Salad<br>Fresh Apple                  | Mesclun Spring Mix<br>Grape Tomatoes<br>Cucumber<br>Carrots<br>Red Pepper Strips<br>Potato Salad<br>Fresh Apple                       | Mesclun Spring Mix<br>Grape Tomatoes<br>Cucumber<br>Carrots<br>Red Pepper Strips<br>Potato Salad<br>Fresh Apple           |
| <b>Available Daily: Mesclun Spring Mix, Grape Tomatoes, Cucumber, Carrots, Red Pepper Strips, Potato Salad, Fresh Apple</b>                   |   |                                   |  |   |   |

MEAL PRICE INCLUDES: PROTEIN CHOICE, FRESH VEGETABLE CHOICE, FRESH FRUIT CHOICE, BREAD CHOICE  
AT LEAST 2 TYPES OF MILK AVAILABLE DAILY: 1% LOW FAT UNFLAVORED, FAT FREE FLAVORED, FAT FREE UNFLAVORED  
AVAILABLE DAILY WITH SALAD LUNCH: PROTEIN CHOICE, WHOLE GRAIN ITEM, FRUIT CHOICE & MILK CHOICE

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# Fairfield Ludlowe HS

6/12/2017 - 6/16/2017



Monday

Tuesday

Wednesday

Thursday

Friday



Available Daily: Assorted Boars Head cold cuts, cheeses and whole grain rich bread, rolls and wraps along with vegetable toppings



Available Daily: Cheese Pizza, Pepperoni Pizza and Vegetable Pizza all featuring whole grain rich pizza dough



Available Daily: Nachos, Cripsy and Soft Tacos, Mexi-Rice with your choice of Mexi Beef, Mexi Chicken, Mexi Veg, Refried Beans, Cheese



Available Daily: Hamburgers, Cheeseburgers, Turkey Burgers, Veggie Burgers, Chicken Patties and Spicy Chicken Sandwiches



Available Daily: Garden Salad, Chef Salad, Caesar Salad. Includes whole wheat dinner roll and your choice of fruit and milk



MEAL PRICE INCLUDES: PROTEIN CHOICE, FRESH VEGETABLE CHOICE, FRESH FRUIT CHOICE, BREAD CHOICE  
 AT LEAST 2 TYPES OF MILK AVAILABLE DAILY: 1% LOW FAT UNFLAVORED, FAT FREE FLAVORED, FAT FREE UNFLAVORED  
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