

# Fairfield Ludlowe HS

Welcome to our  
Lunch Cafe

9/1/2017 - 9/1/2017

Monday

Tuesday

Wednesday

Thursday

Friday



Available Daily: Assorted Boars Head cold cuts, cheeses and whole grain rich bread, rolls and wraps along with an assortment of vegetable toppings

American Beauty Sandwich  
*thinly sliced turkey and cheese,  
lettuce and tomato on a roll*



Available Daily: Cheese Pizza, Pepperoni Pizza and Vegetable Pizza all featuring Whole Grain Rich Pizza Dough

Calzone 3 Cheese  
*calzone stuffed with three delicious  
melted cheeses*



Philly Cheese Sandwich  
*beef topped with sauteed peppers,  
onions and melted cheese on a  
lightly toasted bun*  
Garden Salad  
Garden Salad



Available Daily: Nachos, Cripsy and Soft Tacos, Rice with your choice of Mexi Beef, Mexi Chicken, Mexi Veg, Refried Beans, Cheese Sauce, Shredded Cheddar, Shredded Lettuce, Salsa and Fresh Pico De

Soft Taco  
*fiesta-style meat with melted cheese  
arranged in a soft taco shell*



Available Daily: Hamburgers, Turkey Burgers, Veggie Burgers, Chicken Patties and Spicy Chicken Sandwiches with Assorted Cheeses and Vegetable Toppings

Beef Hot Dog on Bun  
*juicy beef hot dog on a soft bun*



Available Daily: Garden Salad w Cheese, Chef Salad, Chicken Caesar Salad, Chicken Caesar Wrap, Buffalo Chicken Wrap, Turkey & Cheese Wrap, Ham & Cheese Wrap, Organic Yogurt Parfaits

Mexican Salad  
*Salad with beans, corn, sour cream  
and salsa*



Fresh Fruits and Vegetables and Choice of Milk

Fresh Broccoli  
Mesclun Spring Mix  
Grape Tomatoes  
Cucumber Coins  
*cucumber coins*  
Carrots



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At least two types of milk available daily: 1% low fat unflavored, fat free flavored, fat free unflavored.  
Available daily with salad lunch: protein choice, whole grain item, fruit choice & milk choice

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# Fairfield Ludlowe HS

9/4/2017 - 9/8/2017

Welcome to our  
Lunch Cafe

|  | Monday | Tuesday   | Wednesday   | Thursday  | Friday   |
|--|--------|---|---|---|--|
|    |        | Turkey BLT Wrap<br><i>sliced turkey, bacon, lettuce, and tomato on a wrap</i>   | Honey Mustard Chicken Wrap<br><i>crispy breaded chicken strips, lettuce, tomato and honey mustard dressing in a wrap</i>  | Egg Salad Sandwich<br><i>fresh mixed egg salad on assorted bread options</i>  | South of the Border Wrap<br><i>warm chicken, seasoned rice, and cheddar cheese wrapped in a tortilla</i>   |
| Available Daily: Assorted Boars Head cold cuts, cheeses and whole grain rich bread, rolls and wraps along with an assortment of vegetable toppings   |        |   |   |   |  |
|    |        | Pepper & Onion Pizza<br><i>fresh pizza dough topped with marinara sauce, mozzarella and sauteed peppers and onions</i>  | Buffalo Chicken Stromboli<br><i>zesty buffalo chicken with mozzarella cheese and pizza sauce wrapped in garlic pizza dough</i>                                    | BBQ Chicken Pizza<br><i>fresh pizza dough topped with BBQ sauce, mozzarella, cheddar, chicken strips, red onion and cilantro</i>                                  | Broccoli Calzone<br><i>calzone stuffed with melted cheese and sauteed broccoli</i>   |
| Available Daily: Cheese Pizza, Pepperoni Pizza and Vegetable Pizza all featuring Whole Grain Rich Pizza Dough  |        |   |   |   |  |
|    |        | BBQ Chicken Sauce & Toss<br><i>popcorn chicken glazed with BBQ sauce</i><br>Buffalo Chicken Sauce & Toss<br><i>popcorn chicken glazed with Buffalo sauce</i><br>Honey Mustard Chicken Sauce | Fish Tacos<br><i>seasoned baked fish pieces topped with lettuce and cheese in warm taco shells</i><br>Corn & Vegetable Salad<br><i>Corn &amp; Vegetable Salad</i> | Sausage & Peppers<br><i>sweet Italian sausage with sauteed red &amp; green peppers and onions in our homemade tomato sauce</i><br>Pasta<br><i>pasta side dish</i> | Buffalo Chicken and Cheese Quesadilla<br><i>fiesta style chicken and cheddar cheese inside a grilled folded tortilla spread with hot sauce</i><br>Fresh Cucumber Salad |
| Available Daily: Assorted Boars Head cold cuts, cheeses and whole grain rich bread, rolls and wraps along with an assortment of vegetable toppings   |        |   |   |   |  |
|    |        | Cheese Quesadilla<br><i>freshly grilled flour tortilla with melted cheese</i>   | Fiesta Taco Salad<br><i>a crunchy tortilla bowl filled with fiesta style beef, cucumber, tomato, lettuce, and cheddar</i>   | Nachos with Cheese<br><i>creamy cheese layered over a bed of nachos</i>   | Crispy Tacos<br><i>crispy taco shells filled with taco meat and cheddar cheese</i>   |
| Available Daily: Nachos, Crispy and Soft Tacos, Rice with your choice of Mexi Beef, Mexi Chicken, Mexi Veg, Refried Beans, Cheese Sauce, Shredded Cheddar, Shredded Lettuce, Salsa and Fresh Pico De |        |   |   |   |  |
|    |        | BBQ Rib Sandwich<br><i>BBQ rib patty on a bun</i>   | Egg and Cheese Sandwich<br><i>breakfast sandwich topped with egg and cheese</i>   | Buffalo Meatball Parmesan Hero<br><i>meatballs tossed in tomato and buffalo sauces, topped with melted mozzarella cheese</i>                                      | Chicken Club Sandwich<br><i>sandwich with grilled chicken, crispy bacon strips, lettuce and tomato</i>   |
| Available Daily: Hamburgers, Turkey Burgers, Veggie Burgers, Chicken Patties and Spicy Chicken Sandwiches with Assorted Cheeses and Vegetable Toppings   |        |   |   |   |  |
|    |        | Cobb Salad<br><i>fresh lettuce topped with bacon, baked chicken, shredded cheddar, and chopped egg</i>  | Tuna Salad Plate<br><i>garden salad topped with freshly made tuna salad</i>   | Garden Salad with Hard Boiled Eggs & Dinner Rolls<br><i>garden salad with tomato, cucumber, carrot, and hard boiled eggs</i>                                      | Grilled Chicken Salad with Dinner Rolls<br><i>grilled chicken breast, lettuce, julienned carrots, sliced tomatoes and cucumbers</i>                                    |
| Available Daily: Garden Salad w Cheese, Chef Salad, Chicken Caesar Salad, Chicken Caesar Wrap, Buffalo Chicken Wrap, Turkey & Cheese Wrap, Ham & Cheese Wrap, Organic Yogurt Parfaits                |        |   |   |   |  |
|    |        | Tomato Salad<br><i>Tomato Salad</i><br>Cucumber Coins<br><i>cucumber coins</i><br>Carrots<br>Pineapple  | Spicy Honey Carrots<br><i>fresh carrots in a sriracha honey glaze</i><br>Mesclun Spring Mix<br>Grape Tomatoes<br>Cucumber Coins<br><i>cucumber coins</i>          | Bean Salad<br><i>bean salad</i> Fresh Broccoli<br><i>broccoli</i><br>Grape Tomatoes<br>Cucumber Coins<br><i>cucumber coins</i>                                    | Spinach Salad<br><i>spinach salad</i><br>Cucumber Coins<br><i>cucumber coins</i><br>Carrots<br>Fresh Orange  |
| Available Daily: Assorted Boars Head cold cuts, cheeses and whole grain rich bread, rolls and wraps along with an assortment of vegetable toppings   |        |   |   |   |  |



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# Fairfield Ludlowe HS

9/11/2017 - 9/15/2017

Welcome to our  
Lunch Cafe

|   | Monday  | Tuesday  | Wednesday  | Thursday  | Friday   |
|---|---|--|--|---|--|
|   | BBQ Chicken Wrap<br><i>chicken breast with BBQ sauce, lettuce and tomato in a wrap</i>  | Vegetarian Wrap<br><i>cheese, cucumbers, tomatoes, and red onions on a tortilla wrap spread with hummus</i>  | Tuna Salad Wrap*<br><i>fresh chunky tuna salad with field greens and tomatoes served in a wrap</i>   | Roma Pepperoni Griller<br><i>grilled cheese with mozzarella, pepperoni, pizza sauce, and provolone</i>  | Reuben Sandwich<br><i>meat and Swiss cheese with sauerkraut and dressing, pressed between two slices of bread</i>  |
| Available Daily: Assorted Boars Head cold cuts, cheeses and whole grain rich bread, rolls and wraps along with an assortment of vegetable toppings  |   |  |  |   |  |
|   | Buffalo Chicken Pizza<br><i>cheese pizza topped with Buffalo chicken pieces</i>   | Meatball and Cheese Stromboli<br><i>Meatballs and melted cheese wrapped in pizza dough</i>   | Cheese Pizza Pops<br><i>garlic pizza dough stuffed with mozzarella cheese, tomato sauce and crushed red pepper</i>   | Grilled Vegetable Pizza<br><i>grilled pizza topped with zucchini, squash, eggplant, scallions and mozzarella</i>  | Chicken & Spinach Calzone<br><i>garlic toasted pizza crust filled with chicken, spinach, ricotta and melted cheeses</i>  |
| Available Daily: Cheese Pizza, Pepperoni Pizza and Vegetable Pizza all featuring Whole Grain Rich Pizza Dough   |   |  |  |   |  |
|   | Cheese Ravioli with Meat Sauce<br><i>cheesy ravioli topped with meat sauce and served with a roll</i><br>Roasted Lemon Parnesan Broccoli                    | Spicy Popcorn Chicken<br><i>Spicy Popcorn Chicken</i><br>Oven Baked Fries<br><i>crispy fries baked to perfection</i>   | Ruby's Chicken Cordon Bleu Sandwich<br><i>chicken, ham and cheese with lettuce and pickle chips on a bun</i><br>Steamed Spinach<br><i>steamed spinach</i>        | Chicago Style Hot Dog<br><i>skinless hot dog on a bun, topped with mustard, pickle chips, onions, tomatoes, tomatoes and jalapeño peppers</i><br>Potato Salad | Greek Chicken Flatbread<br><i>grilled flatbread with greek style chicken, topped with feta and mozzarella cheeses, roasted red peppers and spinach</i><br>Tomato Salad |
| Available Daily: Nachos, Crips and Soft Tacos, Rice with your choice of Mexi Beef, Mexi Chicken, Mexi Veg, Refried Beans, Cheese Sauce, Shredded Cheddar, Shredded Lettuce, Salsa and Fresh Pico De |   |  |  |   |  |
|   | Bean & Veggie Burrito<br><i>a whole wheat burrito, stuffed with fiesta rice, veggies, kidney beans and cheddar cheese, served with salsa and sour cream</i> | Ranch & Chicken Quesadilla<br><i>fiesta chicken, mozzarella and ranch dressing melted into a tortilla</i>  | Fiesta Taco Salad<br><i>a crunchy tortilla bowl filled with fiesta style beef, cucumber, tomato, lettuce, and cheddar</i>  | Nachos Grande<br><i>tortilla chips topped with mexi style meat and cheese sauce</i>   | Soft Taco<br><i>fiesta-style meat with melted cheese arranged in a soft taco shell</i>   |
| Available Daily: Hamburgers, Turkey Burgers, Veggie Burgers, Chicken Patties and Spicy Chicken Sandwiches with Assorted Cheeses and Vegetable Toppings  |   |  |  |   |  |
|   | Toasty Garlic Mozzarella Sandwich with Tomato<br><i>toasted garlic bread sandwich stuffed with mozzarella and tomato</i>                                    | Boneless Chicken Wings<br><i>breaded chicken wings baked to perfection</i>   | Bacon Cheeseburger<br><i>burger topped with cheese and bacon on a freshly toasted bun</i>  | French Patty Melt<br><i>grilled burger topped with onions with lettuce and tomatoes</i>   | Buffalo Grilled Chicken Sandwich<br><i>grilled chicken marinated in hot sauce on a roll, topped with lettuce and tomato</i>  |
| Available Daily: Garden Salad w Cheese, Chef Salad, Chicken Caesar Salad, Chicken Caesar Wrap, Buffalo Chicken Wrap, Turkey & Cheese Wrap, Ham & Cheese Wrap, Organic Yogurt Parfaits               |   |  |  |   |  |
|   | House Chop Salad with Ham & Dinner Rolls<br><i>ham tomatoes, and red peppers on a bed of lettuce served with Italian dressing</i>                           | Spinach Mandarin Salad with Dinner Rolls<br><i>tossed fresh spinach, orange slices, onions and mushrooms, topped with shredded mozzarella</i>                        | Crudite & Cheese Plattter<br><i>cucumber, carrots, pepper slices and tomatoes, served with a buttermilk ranch dressing for dipping, and mozzarella cheese</i>    | Buffalo Chicken Salad with Dinner Rolls<br><i>spicy chicken on a bed of romaine lettuce with cucumbers, carrots and tomatoes</i>                              | Mexican Salad<br><i>Salad with beans, corn, sour cream and salsa</i>   |
| Available Daily: Garden Salad w Cheese, Chef Salad, Chicken Caesar Salad, Chicken Caesar Wrap, Buffalo Chicken Wrap, Turkey & Cheese Wrap, Ham & Cheese Wrap, Organic Yogurt Parfaits               |   |  |  |   |  |
|   | Potato Salad<br>Fresh Broccoli<br>Mesclun Spring Mix<br>Red Pepper Strips<br><i>red pepper strips</i><br>Fresh Apple  | Grape Tomatoes<br>Green Bean Salad<br><i>green beans tossed with dressing</i><br>Mesclun Spring Mix<br>Red Pepper Strips<br><i>red pepper strips</i><br>Fresh Orange | Carrots<br>Fresh Cucumber Salad<br><i>fresh cucumber finely sliced with dressing</i><br>Red Pepper Strips<br><i>red pepper strips</i><br>Lite Veggie Pasta Salad | Bean and Vegetable Salad<br>Fresh Broccoli<br>Grape Tomatoes<br>Cucumber Coins<br><i>cucumber coins</i><br>Fresh Orange                                       | Side Salad<br>Celery<br>Red Pepper Strips<br>Carrots<br>Mediterranean Watermelon<br>Side Salad   |

 **SIMPLY ROOTED**  
*in food & family*

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# Fairfield Ludlowe HS

9/18/2017 - 9/22/2017

Welcome to our  
Lunch Cafe

|   | Monday  | Tuesday  | Wednesday  | Thursday | Friday  |
|---|---|--|--|----------|---|
|   | Balsamic Glazed Vegetable Sandwich<br><i>grilled eggplant, zucchini, squash and peppers marinated in balsamic glaze on a roll</i>                                   | Chicken Delight Wrap<br><i>chicken and cheese with lettuce, tomato and ranch dressing wrapped in a tortilla</i>  | Turkey Ranch Wrap<br><i>turkey breast with lettuce, tomato and ranch on a wrap</i>   |          | American Combo Sandwich<br><i>thinly sliced deli meat and cheese sandwich</i>   |
| Available Daily: Assorted Boars Head cold cuts, cheeses and whole grain rich bread, rolls and wraps along with an assortment of vegetable toppings  |   |  |  |          |   |
|   | Hawaiian Pizza<br><i>ham and pineapple chunks over a cheese pizza slice</i>   | Buffalo Chicken Pizza Pops<br><i>crispy pizza dough stuffed with cheddar cheese, buffalo chicken and ranch dressing</i>  | Fresh Basil & Red Pepper Pizza<br><i>pizza topped with roasted peppers and fresh basil</i>   |          | Sausage & Mushroom Calzone<br><i>sweet Italian sausage, mushrooms and mozzarella stuffed in folded pizza dough and baked</i>        |
| Available Daily: Cheese Pizza, Pepperoni Pizza and Vegetable Pizza all featuring Whole Grain Rich Pizza Dough   |   |  |  |          |   |
|   | Dumplings<br><i>stuffed dumplings perfect for dipping in your favorite Asian sauce</i><br>Vegetable Fried Rice<br><i>rice sauteed with soy sauce and vegetables</i> | Cuban Sandwich<br><i>grilled sandwich with roasted pork loin and Swiss cheese</i><br>Roasted Potatoes<br><i>Sliced potatoes roasted in the oven with oil and spices.</i> | Chicken Nugget & Mozzarella Stick Combo<br><i>everyone's two favorite foods on one plate! Crispy chicken nuggets and gooey mozzarella sticks served with dipping sauce</i><br>Caesar Salad |          | Pasta & Meatballs<br><i>freshly baked meatballs with tomato sauce over pasta</i><br>Squash Medley<br>Roasted squash                 |
|   | Burrito<br><i>fiesta style meat with sour cream refried beans, rice, cheddar, lettuce and salsa wrapped in a tortilla</i>   | Quesadilla Santa Fe<br><i>chicken, cheddar, roasted peppers and corn over tortilla wrap spread with salsa, folded and grilled</i>  | Fiesta Taco Salad<br><i>a crunchy tortilla bowl filled with fiesta style beef, cucumber, tomato, lettuce, and cheddar</i>  |          | Crispy Tacos<br><i>crispy taco shells filled with taco meat and cheddar cheese</i>  |
| Available Daily: Nachos, Crips and Soft Tacos, Rice with your choice of Mexi Beef, Mexi Chicken, Mexi Veg, Refried Beans, Cheese Sauce, Shredded Cheddar, Shredded Lettuce, Salsa and Fresh Pico De |   |  |  |          |   |
|   | Chicken Tenders<br><i>crispy chicken tenders perfect for dipping in your favorite sauce</i>   | Buffalo Burger<br><i>grilled burger topped with hot sauce and blue cheese with lettuce and tomato on a bun</i>   | Chicken Parm Sandwich<br><i>chicken patty topped with melted cheese and tomato sauce on a roll</i>   |          | Grilled Cheese<br><i>melted cheese on golden toasted bread</i>  |
| Available Daily: Hamburgers, Turkey Burgers, Veggie Burgers, Chicken Patties and Spicy Chicken Sandwiches with Assorted Cheeses and Vegetable Toppings  |   |  |  |          |   |
|   | Garden Salad Entree<br><i>fresh garden salad topped with meat</i>   | Cobb Salad<br><i>fresh lettuce topped with bacon, baked chicken, shredded cheddar, and chopped egg</i>   | Tuna Salad Plate<br><i>garden salad topped with freshly made tuna salad</i>  |          | Grilled Chicken Salad with Dinner Rolls<br><i>grilled chicken breast, lettuce, julienned carrots, sliced tomatoes and cucumbers</i> |
| Available Daily: Garden Salad w Cheese, Chef Salad, Chicken Caesar Salad, Chicken Caesar Wrap, Buffalo Chicken Wrap, Turkey & Cheese Wrap, Ham & Cheese Wrap, Organic Yogurt Parfaits               |   |  |  |          |   |
|   | Corn & Vegetable Salad<br><i>Corn &amp; Vegetable Salad</i><br>Fresh Broccoli<br><i>broccoli</i><br>Garbanzo Beans<br>Cucumber Coins<br><i>cucumber coins</i>       | Red Pepper Strips<br><i>red pepper strips</i><br>Squash Medley<br><i>Roasted squash</i><br>Mesclun Spring Mix<br>Carrots<br>Fresh Orange                                 | Tomato Salad<br><i>Tomato Salad</i><br>Garbanzo Beans<br>Cucumber Coins<br><i>cucumber coins</i><br>Celery<br>Fresh Apple  |          | Mesclun Spring Mix<br>Grape Tomatoes<br>Cucumber Coins<br><i>cucumber coins</i><br>Carrots<br>Fresh Orange<br>Melon Cup             |
| Available Daily: Garden Salad w Cheese, Chef Salad, Chicken Caesar Salad, Chicken Caesar Wrap, Buffalo Chicken Wrap, Turkey & Cheese Wrap, Ham & Cheese Wrap, Organic Yogurt Parfaits               |   |  |  |          |   |

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# Fairfield Ludlowe HS

9/25/2017 - 9/29/2017

Welcome to our  
Lunch Cafe

|   | Monday   | Tuesday  | Wednesday   | Thursday   | Friday   |
|---|--|--|---|--|--|
|   | Love At First Bite Sandwich<br>turkey breast and cheese with lettuce and tomato on a roll spread with thousand island dressing | Buffalo Chicken Wrap<br>warm chicken marinated in Buffalo sauce wrapped in a tortilla with lettuce and tomato                          | Tuna Salad Wrap*<br>fresh chunky tuna salad with field greens and tomatoes served in a wrap   | Vegetarian Wrap<br>cheese, cucumbers, tomatoes, and red onions on a tortilla wrap spread with hummus   | BBQ Chicken Wrap<br>chicken breast with BBQ sauce, lettuce and tomato in a wrap  |
| Available Daily: Assorted Boars Head cold cuts, cheeses and whole grain rich bread, rolls and wraps along with an assortment of vegetable toppings  |  |  |   |  |  |
|   | Santa Margarita Pizza<br>whole wheat pizza crust topped with shredded mozzarella, plum tomatoes and tomato sauce               | Bacon Pizza<br>pizza dough topped with tomato sauce, cheese and crispy bacon   | Pepperoni Pizza Pops<br>garlic pizza dough stuffed with mozzarella cheese, tomato sauce, pepperoni and spices   | Chicken Florentine Pizza<br>cheesy pizza slice topped with baby spinach and chicken  | Roasted Garlic & Onion Calzone<br>garlic toasted whole grain calzone filled with roasted garlic, onion, ricotta and melted cheeses                 |
| Available Daily: Cheese Pizza, Pepperoni Pizza and Vegetable Pizza all featuring Whole Grain Rich Pizza Dough   |  |  |   |  |  |
|   | Mac & Cheese<br>pasta in cheese sauce, garnished with parsley<br>Steamed Broccoli<br>steamed broccoli                          | Chicken Tikka Masala<br>grilled chicken in a tikka masala sauce<br>Brown Rice<br>Brown Rice<br>Beans                                   | St. Louis BBQ Rib Sandwich*<br>boneless ribs in bbq sauce with cheddar and onion rings on a bun<br>Roasted Potatoes<br>Sliced potatoes roasted in the oven with oil and spices. | Fiesta Chicken Rice Bowl<br>rice topped with beans, chicken, corn and cheese<br>Fresh Cucumber Salad<br>fresh cucumber finely sliced with dressing | New Yorker Panini<br>turkey and cheddar panini, pressed with spicy brown mustard, tomatoes and bacon<br>Tator Tots<br>crisp potato rounds baked to |
|   | Burrito<br>fiesta style meat with sour cream, refried beans, rice, cheddar, lettuce and salsa wrapped in a tortilla            | Veggie Bean Quesadilla<br>cheesy quesadilla, stuffed with black beans, onions and sauteed peppers                                      | Fiesta Taco Salad<br>a crunchy tortilla bowl filled with fiesta style beef, cucumber, tomato, lettuce, and cheddar  | Nachos with Cheese<br>creamy cheese layered over a bed of nachos   | Soft Taco<br>fiesta-style meat with melted cheese arranged in a soft taco shell  |
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|   | Chicken Bacon Sandwich<br>tender, crispy chicken patty topped with crispy bacon and leaf lettuce                               | Balsamic Glazed Vegetable Sandwich<br>grilled eggplant, zucchini, squash and peppers marinated in balsamic glaze on a roll             | Beef Hot Dog on Bun<br>juicy beef hot dog on a soft bun   | English Cheddar Burger<br>grilled burger topped with cheddar cheese, sautéed onions, lettuce and tomatoes on a bun                                 | Grilled Chicken Teriyaki Sandwich<br>sandwich with chicken breast marinated in teriyaki sauce, topped with lettuce and tomato                      |
| Available Daily: Hamburgers, Turkey Burgers, Veggie Burgers, Chicken Patties and Spicy Chicken Sandwiches with Assorted Cheeses and Vegetable Toppings  |  |  |   |  |  |
|   | House Chop Salad with Ham & Dinner Rolls<br>ham, tomatoes, and red peppers on a bed of lettuce served with Italian dressing    | Spinach Mandarin Salad with Dinner Rolls<br>tossed fresh spinach, orange slices, onions and mushrooms, topped with shredded mozzarella | Crudite & Cheese Plattter<br>cucumber, carrots, pepper slices and tomatoes, served with a buttermilk ranch dressing for dipping, and mozzarella cheese                          | Buffalo Chicken Salad with Dinner Rolls<br>spicy chicken on a bed of romaine lettuce with cucumbers, carrots and tomatoes                          | Mexican Salad<br>Salad with beans, corn, sour cream and salsa  |
| Available Daily: Garden Salad w Cheese, Chef Salad, Chicken Caesar Salad, Chicken Caesar Wrap, Buffalo Chicken Wrap, Turkey & Cheese Wrap, Ham & Cheese Wrap, Organic Yogurt Parfaits               |  |  |   |  |  |
|   | Potato Salad<br>Fresh Broccoli<br>Garbanzo Beans<br>Grape Tomatoes<br>Fresh Orange<br>Strawberries                             | Carrots<br>Celery<br>Green Pepper Slices<br>green pepper strips<br>Cucumber Coins<br>cucumber coins<br>Fresh Apple                     | Tomato Salad<br>Mesclun Spring Mix<br>Cucumber Coins<br>cucumber coins<br>Red Pepper Strips<br>red pepper strips  | Bean and Vegetable Salad<br>Grape Tomatoes<br>Cucumber Coins<br>cucumber coins<br>Carrots<br>Fresh Apple   | Spinach Salad<br>Garbanzo Beans<br>Grape Tomatoes<br>Fresh Broccoli<br>broccoli<br>Fresh Orange  |

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