

Welcome to our Breakfast Cafe @ Fairfield High Schools

December 2017

Monday

Tuesday

Wednesday

Thursday

Friday



**FUEL YOUR DAY
THE RIGHT WAY.
EAT A HEALTHY
BREAKFAST!**



1 Waffles with Sausage
Tator Tots
Fresh Orange
Strawberries
Low Fat Milk
Skim Milk

4 French Toast Sausage Patty
Tator Tots
Fresh Orange
Applesauce
Low Fat Milk
Skim Milk

5 Egg and Cheese Sandwich
Tator Tots
Fresh Apple
Melon Cup
Low Fat Milk
Skim Milk

6 Pancakes & Sausage
Tator Tots
Fresh Banana
Pineapple
Low Fat Milk
Skim Milk

7 Bacon, Egg and Cheese Breakfast Sandwich
Tator Tots
Fresh Apple
Fresh Red Grapes
Low Fat Milk
Skim Milk

8 Waffles with Sausage
Tator Tots
Fresh Orange
Strawberries
Low Fat Milk
Skim Milk

11 French Toast Sausage Patty
Tator Tots
Fresh Orange
Applesauce
Low Fat Milk
Skim Milk

12 **Early Dismissal**

13 Pancakes & Sausage
Tator Tots
Fresh Banana
Pineapple
Low Fat Milk
Skim Milk

14 Bacon, Egg and Cheese Breakfast Sandwich
Tator Tots
Fresh Apple
Fresh Red Grapes
Low Fat Milk
Skim Milk

15 Waffles with Sausage
Tator Tots
Fresh Orange
Strawberries
Low Fat Milk
Skim Milk

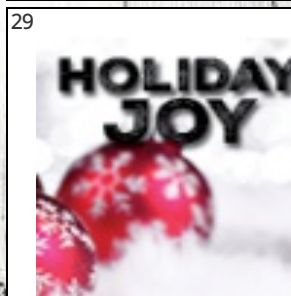
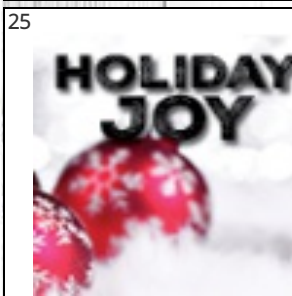
18 French Toast Sausage Patty
Tator Tots
Fresh Orange
Applesauce
Low Fat Milk
Skim Milk

19 Egg and Cheese Sandwich
Tator Tots
Fresh Apple
Melon Cup
Low Fat Milk
Skim Milk

20 Pancakes & Sausage
Tator Tots
Fresh Banana
Pineapple
Low Fat Milk
Skim Milk

21 Bacon, Egg and Cheese Breakfast Sandwich
Tator Tots
Fresh Apple
Fresh Red Grapes
Low Fat Milk
Skim Milk

22 **Early Dismissal**



Winter Break

SIMPLY ROOTED™ in food and family

Our chicken products were raised without the use of non-therapeutic antibiotics. Plus, all of our chicken and pork products are hormone free. This is because we are Simply Rooted™ in food



and family and use ingredients that are locally sourced, all natural, and organic or non-GMO, whenever possible.



Breakfast Prices

Regular: \$1.50
Reduced: \$0.30

All breakfast choices include a variety of fresh, cupped fruit and a choice of low fat or fat free milk selection

Available Daily

Whole Grain Bagels with Low Fat Cream Cheese

Organic Fruit & Yogurt Parfaits

Assorted Whole Grain Muffins: Blueberry, Chocolate Chip, Banana, or Apple Cinnamon

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subject to change, notice posted when available. This institution is an equal opportunity provider.