

Welcome to our Breakfast Cafe @

Fairfield Middle Schools

December 2017

Monday

Tuesday

Wednesday

Thursday

Friday

WHITSON'S School Nutrition **FUEL YOUR DAY THE RIGHT WAY. EAT A HEALTHY BREAKFAST!**

VEGETARIAN MADE WITH ORGANIC INGREDIENTS
MADE WITH ALL NATURAL INGREDIENTS PORK VEGAN



1 Waffles with Sausage P
Tator Tots
Fresh Banana
Melon Cup

4 French Toast
Tator Tots
Fresh Apple
Fresh Orange

5 Egg and Cheese Sandwich
Tator Tots
Fresh Banana
Melon Cup

6 Pancakes & Sausage
Tator Tots
Fresh Apple
Fresh Orange

7 Bacon, Egg and Cheese Breakfast Sandwich
Tator Tots
Fresh Orange
Pineapple

8 Waffles with Sausage P
Tator Tots
Fresh Orange
Fresh Strawberries

11 French Toast
Tator Tots
Fresh Apple
Fresh Orange

12 **Early Dismissal**

Professional Development Day

13 Pancakes & Sausage
Tator Tots
Fresh Apple
Pineapple

14 Bacon, Egg and Cheese Breakfast Sandwich
Tator Tots
Fresh Orange
Melon Cup

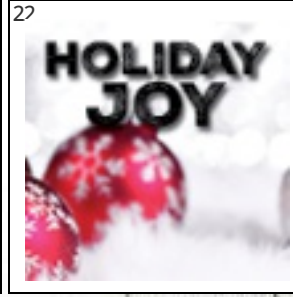
15 Waffles with Sausage P
Tator Tots
Fresh Banana
Fresh Strawberries

18 French Toast
Tator Tots
Fresh Apple
Fresh Orange

19 Egg and Cheese Sandwich
Tator Tots
Fresh Banana
Melon Cup

20 Pancakes & Sausage
Tator Tots
Fresh Apple
Pineapple

21 Bacon, Egg and Cheese Breakfast Sandwich
Tator Tots
Fresh Orange
Melon Cup



25 **Winter Break!** 26 27 28 29

SIMPLY ROOTED™ in food and family

Our chicken products were raised without the use of non-therapeutic antibiotics. Plus, all of our chicken and pork products are hormone free. This is because we are Simply Rooted™ in food



and family and use ingredients that are locally sourced, all natural, and organic or non-GMO, whenever possible.



Breakfast Prices

Regular: \$1.50
Reduced: \$0.30

All breakfast choices include a variety of fresh, cupped fruit and a choice of low fat or fat free milk selection

Available Daily

Whole Grain Bagels with Low Fat Cream Cheese
Organic Fruit & Yogurt Parfaits with Granola
Assorted Whole Grain Muffins: Blueberry, Chocolate Chip, Banana, or Apple Cinnamon

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subject to change, notice posted when available. This institution is an equal opportunity provider.